RECOVERY IS THE SEED WE SOW, SOBRIETY WILL REDEEM US. LET IT GROW, SHARE OUR LIVES...



VOL. 22 ISSUE 4

APRIL 2014

An Emotional Fall How this Humpty Dumpty put

How this Humpty Dumpty put herself back together again

I CAN'T afford to take that first drink. One drink leads to another. Then, just like St. Paul: "The things I should not do, I do. The things I should do. I do not." Just one drink and soon I'm drunk; mentally, emotionally, spiritually and physically drunk. I become maudlin, selfwilled, self-filled--a human dynamo out of control. My emotions, actions and reactions run riot. That is until utter stupor sets in. I know it all: I do it all, disregarding the welfare of everyone else. I'm a human marionette. Alcohol pulls the strings. I dance, I sing, I laugh, I cry. I wax eloquent or become moody, never knowing where the emotional wheel will stop. It all depends on my higher power, alcohol. Then AA comes along and hamstrings "filthy liquor" and I rejoin the human race--almost.

The new-found sobriety has wings. My gratitude knows no bounds, nor am I earth bound any more. I soar up

("Fall" Continued on page 7)

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A Bird in the Hand

AFTER ten years of unbroken sobriety as an active member of AA I am still grasping my sobriety "one day at a time." I have learned that I am much happier when I am holding onto the hand of the member who is just a little older than I, and reaching with the other hand for the member who is just a little younger.

There have been times during the passing years when life has been difficult and dreary; the gloom has inked its blotch upon the brightest pages of my days, and I have grown sick to death of the darkness. I have learned that no matter how well I am inoculated with the AA program, I am not immune to trouble. What, then, is there to do about it? I have to roll up my sleeves and hold on for dear life. I have found that the trouble lies not in my problems, but in my attempts to tackle them. Too frequently, my faith goes first, and when I cut this anchor. I drift into the "slough of despond." So I have to keep aware, and hold onto the things that are worth holding onto: love and understanding for the active alcoholic who still suffers and for each member of AA with whom I come into contact.

It is also most important to have the same love and understanding for people outside the fellowship. To realize that they, too, have trials and *("Bird" Continued on page 9)*

Published monthly by Greater Milwaukee Central Office, Inc., 7429 W. Greenfield Ave., West Allis, WI 53214, (414) 771-9119 Visit our website at: <u>www.aamilwaukee.com</u> 9:39 AM 03/07/14 Accrual Basis Greater Milwaukee Central Office AA Profit & Loss February 2014

	Feb 14
Ordinary Income/Expense	
Income	
4000 · Literature Sales	12,249.31
4050 · Between us	208.75
4070 - Contributions	4,583.27
4080 · Gratitude boxes	1,311.69
4150 · Other Income	257.56
4170 - Interest Income	0.06
4830 - Sales Discounts	10.00
48900 · Shipping and Delivery Income	118.98
Total Income	18,739.62
Cost of Goods Sold	
5000 - Literature	7,070.34
50000 · Cost of Goods Sold	8.77
5050 · Between us COGS	380.00
52900 - Purchases - Resale Items	2.25
Total COGS	7,461.36
Gross Profit	11,278.26
Expense	
51100 - Freight and Shipping Costs	51.62
59900 · POS Inventory Adjustments	-991.00
6045 Coffee/Soda/Candy Expense	195.21
6050 - Credit card fees	140.24
6170 · Computer and Internet Expenses	449.00
6500 · Office	3,053.71
6600 · Payroll	8,342.78
6800 - Printing	761.52
Total Expense	12,003.08
Net Ordinary Income	-724.82
Net Income	-724.82
CD Prudent Reserve	84,359,71
Savings Account	39,530.74
Checking	1,976.59

AREA 75 EVENTS CALENDAR

1. Go to Area 75 website at: <u>ar-ea75.org</u>, **2.** Look for the Area 75 Events Calendar on the right side of the page. **3.** Events listed are color coded according to the area office that listed them. **4.** Click on the small down arrow at the top right hand corner of the Events listing for the color "key" to the area's events. **5.** Click on the small down arrow in the middle (next to the date) to view a specific date or just use the scroll button to move up and down through the days listed.

AA Groups Need Your Support

- Jim's Sun Night 1st Step, Roger's Hospital, 11101 W Lincoln Ave West Allis Sun at 6pm
- Women's 12 x 12 Gp, Mondays at 6:00 p. Grace Bible Church, 2643 S 117th St West Allis WI 53227
- All Welcome Gp, Mondays at 1:30 p. Bethesda Community Center, 2845 W Fond du Lac Ave, Milwaukee WI 53210
- **Gp 10-17, Wednesdays at 11:00 a.m.,** St Veronica's School, 353 E Norwich, Milwaukee 53207

Secretary Meeting, March 11, 2014

Groups represented: 22, 23 Wed, 59, 82, 88, 132 Women, 153, 200, 201, A Vision For You, Airport Gp, Another Chance Tuesday Night, Badger, Brown Deer Monday Night, Depends On You, Early Bird Roger's Memorial, Fabulous 44, Fireside, Hales Corners Tuesday Night, Happy Destiny, Honest and Able, Living Sober Wednesday Night, Mayfair Women Mon & Fri, Mayflower, New Berlin Big Book Tuesday, Oak Creek Friday Night, Recovery Gp, Saturday Moming Women's Freedom, Sunday Night Men's, Sussex Friday Night Action, Tosa Blue Chippers, Trust Through Fellowship, Tuesday Night Grapevine, Wanderer's, Way of Life, Wednesday Night Recovery, Women's Friday Night Kick Off. I'm sorry if I have missed anyone that was in attendance.

Kathy S opened the meeting at 7p.

Bank balances on Jan 31, 2014

Business Checking: \$1,976.59

Savings Account: \$39,530.74

Prudent Reserve CD's: \$84.359.71

New secretaries introduced themselves.

Gratitude Boxes: \$23,161.88.

Renew Between-Us subscriptions now. \$9 yr. for 3 copies/mo. or \$18 yr. for 6 copies/mo. NEW subscriptions welcome. Subscrip-

AA Groups Need Your Support

- New Hope Brookfield, Wednesdays at 8:00 p.m. Trinity UCC, 4435 N Calhoun Rd Brookfield 53005
- Chicks at Six, 6:00 p.m. Wednesday, Alano Club 1521 N Prospect Ave Milwaukee, WI 53202 CHILD CARE available.
- Thursday at 12:15 pm. and Wednesday 5:30 pm. Topic at St. John's Cathedral Complex, 831 N. Van Buren St. Milwaukee 53202
- Friday Night Candlelight, 8:00 pm. St Anskar Episcopal, N48W31340 Hill Rd Hartland WI 53029 (Hwy's 16 & 83)

• When All Else Fails, Saturday at 7:00 pm. St Matthias Church, 111 E. Main St. Waukesha 53186

tions run to the END of DECEM-BER. Look at the address label for a clue.

Jamboree is on Saturday September 20, 2014, at the Serb Hall, 5101 W Oklahoma Ave Milwaukee, tickets on sale in March. Our speaker will be Rob S. from Nashville TN

A vote was taken to possibly start the secretary meeting earlier. Vote failed and the meeting will continue to start at 7:00 p.m.

Volunteer's needed for the hotline, 1 year sobriety, sponsor and home group required. Contact Kathy S at Central Office 414-771-9119.

The 75th anniversary edition of the Big Book: We will have them for sale in Mid April.

The meeting closed with the Lord's Prayer at 7:25 p.m. The next meeting is Tuesday April 8, 2014, 7 pm. Director's meeting May 14, 2014 at 6:30 p.m.

Deaf, Deaf/Blind and Hard of Hearing AA Meeting List, ASL Interpreter available

 Thursdays at 8:00 p. St John Vianney Parish 1755 N. Calhoun Rd, Brookfield WI. Open AA Meeting for everyone— Third Thursday of Month, Wheelchair entrance available.

Meetings are weekly closed AA meetings, except where otherwise noted. All meetings Non-Smoking. **ASL Interpreter available, \$\$**

Contact John R. through Voice Relay Service 800-973-8024 / 414 -546-3246 TTY/Voice. E-mail at: johnres-

ke9@yahoo.com Contact George B. through Video Relay Service 866-483-1938 / 414-903-8905 TTY/VP

Orientation for GSR's

Second Tuesday of each month, 6:30 p.m. prior to the secretary's meeting, at the Milwaukee Central Office. Or, call Ken G. 608-221-2891, <u>sherwood1@charter.net</u>, to arrange for G.S.R. orientation at your district or workshop.

DISTRICT MEETINGS

DISTRICT INFO ON THE WEB:

http://www.area75.org/district.html

1. JACKSON, LaCROSSE, MONROE, VERNON, & TREMPEALEAU; 2 & 18 GREEN LAKE & MARQUETTE CNTY'S & PART OF WAUSHARA; 8 & 30 ROCK ; 9. CRAWFORD, GRANT, IOWA and LAFAYETTE; 19 & 37. RICHLAND & SAUK; 20, 21 & 26 DANE; 31. COLUMBIA CNTY; 35.

GREEN; 37. JUNEAU CNTY'S (Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

4. MILWAUKEE CNTY (1 of 9) 2nd Thr. of month, 6:00 Gratitude Club, 295 Ruggles St., Fond du Lac p., Alano Club, 1521 N. Prospect Av.

6. WALWORTH CNTY 2nd Tue. 7:30 p. Feb. Apr. June. Aug. Oct. and Dec. only, Walworth Alano Club, 611 E. Walworth St., Delavan

7. KENOSHA CNTY 3rd Sun. of month, 4:00 p., Kenosha Alano Club, 630 56th St.

10.Spanish District, at large. Contact Ernesto N. at 414 645-8591. Meets every Tue. at 5:00 p., 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,

12. WASHINGTON CNTY 1st Wed. of month, 6:00 p., Jansen Family Park, Schuster Dr. West Bend

13. WAUKESHA CNTY (1 of 3) 1st Sun. of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY (1 of 9) 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., P.O. Box 13011, Wauwatosa WI 53226 **15.** MILWAUKEE CNTY (1 of 9) Last Sunday of month, 5:30 p, Milwaukee Room 933 E. Center St. Milwaukee

16. MILWAUKEE CNTY (1 of 9) 1st Wed. of month, 7:00 p, Faith United Methodist Church, 400 S. 91st St.,

17. RACINE CNTY (1 of 2) 3rd Sun. of month, 1:00 p, Grove Club, 1037 Grove Ave., Racine

22. MILWAUKEE CNTY (1 of 9) 2nd Thr of month, 6:00 p, Alano Club, 1521 N. Prospect Ave.

23. DODGE CNTY 1st Wed of month at 7:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY 3rd Tue. of month, 6:30 p., Peltz Center for Jewish Life, 2233 W Mequon Rd. Mequon

25. FOND du LAC CNTY 2nd Tue. of month, 6:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac

27. MILWAUKEE CNTY (1 of 9) 3rd Sat. of month, 9:00 a.m. 12 Step Club, 4102 W. Townsend

28. MILWAUKEE CNTY (1 of 9) 3rd Mon. of month, 7:00 p, Bay View United Methodist 2772 S Kinnickinnic Ave. Bay View, WI 53207

29. MILWAUKEE CNTY (1 of 9) 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. WAUKESHA CNTY (1 of 3) 4th Tuesday of month, 6:30 p, Bethlehem Evangelical Lutheran Church, 470 Oak Crest Dr., Wales WI.

34. WAUKESHA CNTY (1 of 3) 1st Tue. of month, 6:30 p, Northwest Alano Club, N88W17658 Christman Rd., Menomonee Falls

36. RACINE/KENOSHA (1 of 2) 2nd Tues. month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington

SEND ADDITIONS AND CORRECTIONS TO: 7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

A Buck In The Basket... Really?



"Every AA group ought to be fully selfsupporting, declining outside contributions." Tradition Seven, Twelve Steps and Twelve Traditions, Reprinted with permission AA World Services, Inc.

CORRECTIONAL INSTITUTION:

TAYCHEEDAH CORRECTIONAL, Meetings are held every other Tuesday,

5:30 -7:30 p.m, Deb L-H. (920)238-7414 FEDERAL CORRECTIONAL INSTITUTION, P.O. Box 1085 Oxford, No Meeting!

FEDERAL CORRECTIONAL Satellite Camp, New Path Group, P. O. Box 1085 Oxford, WI. Meetings Wed. at 1:30 p.m.

OAK HILL AA GROUP, OAK HILL WCI 5212 Hwy M, P.O. Box 140 Oregon, WI 53575 Meetings Wednesday at 7:00 p.m. and Sunday at 6:30 p.m. Contact: Rick B. (608) 235-5154

THOMPSON FARM, RT. 2 DEERFIELD, WI., Closed meeting Tuesday at 8:00 p.m. Contact: Tom Dickert, (608)764-5755

ROBERT ELLSWORTH CORRECTIONAL, 21425A Spring **St**., Union Grove, 53182 Call for AA Meeting times: Contact Jennifer H. 262) 237-1294 or Cheryl P. (262) 914-3970.

KETTLE MORAINE CORR., Box 31, W9071 Forrest Dr., Plymouth, AA Thr. at 6:00 p.m. Contact Mike L (920) 898-4782.

WAUPUN CORRECTIONAL INSTITUTION AA Meeting Sat. , 8:00a.m.-9:30 a.m. Dale C. 920-387-4229 after 5 p. clearance.

MILWAUKEE COUNTY HOUSE OF COR-RECTION, 8885 S. 68th St. Franklin WI. **AA Women's** Saturday 10:00 a.m. Kristin L. 414-731-8572 or **AA Men's** on Sunday at 7:00 p.m. Dennis D. 414-372-8324

MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI. Clearance needed at both facilities. AA Women's Sat. at 5:00 p.m. Felisa C. (414) 672-6724. AA Men's Thr. at 7:00 p.m. John A. at (414) 915-9512

MILWAUKEE SECURE DETENTION CEN-TER, 1015 N. 10th St. Milw. Sunday Nights from 6:30 p. to 7:30 p., Men & Women, Call Marty S. at 414-975-8903 for information

Milw Women's Correctional Ctr. 615 W Keefe Ave. Milw. Contact: Karelyn P 414-975-6701. Meetings on Monday & Friday.

FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933 Closed meetings Tue. & Fri. from 6:00 -8:00 p.m.

JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI, Mtng. held on Mon. at 7:00 p.m., Contact: Scott N. 920-397-0170

RACINE CORRECTIONAL INSTITUTION for MEN Mtngs: Sun. 8:30 AM, Dane Rx Unit; Wed. 7:00 p. and two meetings on Thursday at 7:00 p. English and Spanish. Call Paul H. (262) 537-2884

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: Meets at 6:30 p. on the 3rd Wednesday of every other odd month at Faith United Methodist Church, 400 S. 91sth St (91st & Adler). All Milwaukee County Corrections donations should be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Call coordinator: Kris WL at 414—731-8572, with questions. Treasurer Bill E. at 414-433-3507. Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.



•Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 dan@aamilwaukee.com

- •Area 75 Treasurer: PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- •General Service Office: G.S.O, P O Box 459, Grand Central Station, New York, N.Y. 10163

•Area 75 Corrections, Bridging the Gap and Treatment write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217

A LEVER WITH NO PLACE TO STAND

Bob S., Richmond, IN

I spent fifteen years drunkenly floating around Los Angeles, San Francisco, New Orleans, Florida beach resorts and back to my home town in Indiana (especially when I was broke) hoping to discover the bliss I needed to change my self into a productive human being. If only I could find the right location, the right people, that perfect girl, everything would change—I would finally be happy—and then, of course, my boozing life would come to an abrupt end.

There was never a year but what I had *quit drinking forever*, however, *quitting forever* just got me drunk again. But if only I could find the right place to be, the right *place to stand*, I could control—yea stop—those uncontrollable drunken sprees. I had read somewhere that some guy from



years ago named Archimedes said: "Give me a lever and a place to stand and I will move the earth."

Well, I assumed that I already had a *lever* made of willpower and selfknowledge gained from many drunk tank visits . . . but alas, there seemed no *place to stand*. I was forty-three years old, broke, hallucinating (the refrigerator was singing to me) and still drunk when a friend, Dennis, escorted me to my first AA meeting at 4th and Wilshire in Santa Monica, California. Of course, I had no way of realizing it at the time, but the moment after they prayed the Lord's Prayer something wonderfully mysterious erupted within my deep inner self and I had found a *place to stand*. I have not had a drink since!

The Big Book tells us: "We found the Great Reality deep down within us. In the last analysis it was only there He could be found." (p. 55) So, my place to stand had been with me all along, I just needed AA to help me find it. Someone said that an alcoholic cannot drink on the truth, only on a lie. I believe so long as I remain in contact with that Great Reality (truth) deep within, God will never allow me to take another drink.

Spanish Speaking Meetings: Meeting at English Speaking Clubs •GRUPO 5 CONCEPTOS, Pass It On Club, 6229 W. Forest Home Av, Milw, on Friday at 8:00 p.

•GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM •GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

("Fall" Continued from page 1)

on eagle's wings and, as such sustained emotional states are impossible for long, Humpty Dumpty has a great emotional fall. I do not take a drink or even desire one. Other AA members say I'm suffering from a "dry drunk," an "emotional hangover" from flying too high on this new sobriety. I'm not only low but water-logged with tears of self-pity. The fire of enthusiasm has not only burnt out but I'm burnt up with resentments.

"Wot hoppon?" With my head in the clouds I didn't see that air pocket. Anvthing *that* high ought to be grounded. I forgot to keep at least one foot on the ground and couldn't handle the charge. up with rubbish from the past and

Actually, I believe I had stumbled over Step Three instead of taking it. I had not made a decision to turn my life and my will over to the care of God as I or anybody else understood Him.

Still lurching over this Step I decided to take Step Four in writing. At once I resented the obvious implications of my personal inventory in black and white. I figured they never made enough erasers to rub out my defects of character. Timidly I crept back up on Step Three. It was a long painful haul. It then became plain to me that only a Power greater than myself could furnish the eraser, and I had to do the rubbing. I'm still rubbing.

Somehow I realized what was wrong. I had become emotionally drunk. First I got high on my new sobriety and emotionally hung over as the newness and applause wore off. I took a shot of that first resentment which led to more constructive. To help me develop tolresentment, self-pity which led to more self-pity, and so on and on. I did not drink or lose my sobriety but I certainly lost my serenity, and as my thinking got out of control so did my

sanity. I've come to associate sobriety with serenity.

I was actually indulging in an emotional binge. I proceeded to cut open a lot of old wounds and rub salt in them. I rattled the skeleton in my closet from the head bone down to the toe bone. I peered through my old amber-colored glasses into the bleak future. I not only invited the dark bird of despondency and despair back into my life, but clipped its wings so it couldn't fly away. I took my inventory and everybody else's by reviewing all my mistakes and theirs as they marched by in miserable numbers. I began listing dreadful things that might happen in the future. My present was so cluttered phantoms of the future I had no room for the present. I was truly out of control, reeling with self-pity, resentments and stinking-thinking. I was staggered, in fact, by my imagination instead of alcohol.

It was here I decided for the first time to sit firmly on the Third Step: to turn my life and my will over to God's care and to begin to try and know Him and to try to understand Him and His will for me. Being an agnostic and parttime atheist, this was not easy. I first asked Him to remove my "stinking thinking" as He, through AA, had removed my "stinking drinking." And I came to believe, to expect that He and only He could do this if I honestly and sincerely desired that this be so. I asked Him to help me avoid overreaction to upsetting situations, people or things. To make me willing to change my attitude concerning these things and to keep my thoughts positive and erance and love for others, to live just for today, accepting the things I can't change or can't yet change, for cour-

("Fall" Continued on page 16)

Written for Us Newcomer's Meeting

An Insight to 'How it Works'

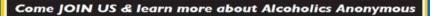
An Orientation for Newcomers!

when:

Saturday's from 9:45 to 10:15am

where:

Greater Milwaukee Central Office 7429 West Greenfield Avenue West Allis, WI 53214 4 4.77 .9 19



2014 Area 75 Archives Room

HOURS: Sunday's 12:00 to 3:30

CLOSED: All of January, July, August, December March 16 / April 6 & 20 May 11, 18 & 25 / Jun 15 & 22 / Oct 19

Call Nancy S. for an appointment to view the Archives the months we are closed (414) 339-3934 anancy@att.net

Located in the Lower Level of Holy Assumption School 7109 West Orchard St. West Allis, Wisconsin 53214 (1 block South of Greenfield)



ALCOHOLICS ANONYMOUS

Meeting Space Available

- Aurora Psychiatric Hospital, "Lighthouse on Dewey" 1220 Dewey Ave., Wauwatosa 53213, has this beautiful newly renovated meeting space available, for regular meetings and special group functions, open meetings, workshops, even small group dinners. Contact: Mark P. 414-803-3464 for more information.
- Mount Olive Missionary Baptist Church, 5277 N. 36th St., Milwaukee, WI 53209, Contact Rev. John Patterson, Phone: 414-461-7755, Email: mt.olivembc@wi.rr.com
- Galano Club-LGBT Friendly at 315 W Court St., Milwaukee, 5 blocks north of Bradley Center, plenty of free parking has meeting space available for recovery groups, inexpensive room rent (\$12 -\$15 week). Contact Deb at the club at 414-276-6936.

Everyone Quit Coming It proved to be a horse of a different color, but while it was happening it was a NIGHTMARE

IN 1957, after seven years of sobriety and regular attendance at AA, I decided I was spending too much time helping drunks and not enough time tending to my own business. It was time, I decided, for me to concentrate on making money and acquiring some of the material things of life.

I was on the road at the time, leaving on Mondays and coming home on weekends. So I quit making meetings, quit visiting with AAs over a cup of coffee, and when asked on a Twelfth Step call, I was "too busy." This went on for nearly three months.

Then one Monday I drove 154 miles to the town I was working in, and was so miserable I could do no work. Tuesday at noon I went back to the hotel, checked out and drove back home. On Wednesday morning I went to town and had a cup of coffee at the hotel coffee shop where we held our Wednesday night AA meetings. (The owner of the shop furnished us a meeting room and coffee so he could make meetings.) I asked him who was chairman for that

night. He said they didn't have one.

"Good," I said, "let me be chairman; I haven't been to a meeting in months; I need it."

"I'm sorry, Bill, we don't *have* meetings here any more." he answered.

"Why?"

"Because everyone quit coming and I got tired of making coffee back there when no one showed up to drink it."

My heart sank. I needed a meeting and the nearest one was ninety miles away. It didn't occur to me to ask someone to come to the hotel for a meeting. I just went home feeling sorry for myself.

That night I had a nightmare. A doozy. I dreamed I had been drunk for weeks and wanted to get sober. I called every AA in Abilene and all of them said, "Why, Bill, didn't you know? We don't have AA any more. Everyone quit coming."

I called Austin, Amarillo, Lubbock, Ft.

("Nightmare" Continued on page 15)

("Bird" Continued from page 1)

tribulations, good days and bad.

I once heard an intriguing story of the wise man and the bird. There was a boy who didn't like the wise man because he envied him, so he prepared a trap. He held a live bird in his hand, then went to the wise man and said: "Sir, there's a bird inside my hand. You are so wise, pray, tell me, is it dead?"

Now, if the wise man were to say yes, the boy would open up his hand and let the bird fly away. If he were to say the bird was alive, the boy would squeeze his hand and kill the bird.

"Which is it, Sir?" the boy asked

again.

The wise man never looked down at the hand, but at the boy, and answered: "My son, it is whatever you want it to be."

How true of life--each one of us can make it whatever we want it to be.

C. C. E.

Pompano Beach, Florida

Reprinted w/permission AA Grapevine, Inc. April 1964, Vol. 20, No. 11

Meeting Rooms

	Contraction of the
NEW DAY CLUB 11936 N. Port Washington Mequon, (262) 241-4673 http://www.newdayclub.org A.A. MEETING SCHEDULE	passito
Sun. 8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic	11:00 a. 1 3:00 p. G 7:00 p. Bi Mon 7:30 a. Ju
Mon. 12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 7:00 p. 8:15 p. 8:15 p. Men's Gp Tue. 10:00 a. 5:30 p. Big Book 7:00 p. Big Book Gp	7:00 p. M 7:00 p. O Tue. 7:30 a. C 10:30 a. K 4:00 p. D
Wed. 10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline	6:00 p. W 7:30 p. T 7:30 p. D Wed. 7:30 a. B 10:30 a. P 4:00 p. H
110.00 p. Women's Gp 5:30 p. Topic Mtng. 8:00 p. Step Meeting Fri. 10:00 a. Topic Meeting S:30 p. Step Meeting Fri. 0:00 a. Topic Meeting S:30 p. Step/Tradition	7:00 p. M 7:00 a. W 10:30 a. M 5:15 p. A 7:00 p. G
Sat. 10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People	Fri. 7:30 a. H 10:30 a. C 6:00 p. W 6:30 p. T
8:00 p. Open Meeting (held on <u>3rd</u> <u>Saturday of month only)</u> AL-ANON MEETINGS Monday 6:30 p.Al-Anon Tuesday 1:00 p. Al-Anon/ACOA Thursday 7:00 p. Al-Anon Contact club for info on other	8:00 p. B 8:00 p. S 8:00 p. S 8:00 p. S 10:30 a. H 3:00 p. T 8:00 p. B AL-ANON
Contact club for info on other fellowships.	Sun. 11:00 a. Wed. 7:00 p. Thr. 7:00 p.
WAUKESHA ALANO CLUI 318 W. Broadway Waukesha, WI (262) 549-6541 A.A. MEETING	1715 Ci West Bend, o <u>http://www.u</u>
SCHEDULE	AA MEETIN
Sun. 9:30 a. Sun Morn Sunlite	
11:00 a. Sun Go-To-Mtng (Open speaker 2nd Sunday & Breakfast) 7:00 p. (Open Step Gp)	Mon. 10:00 a. 7:00 p. 7:00 p. 7:00 p.
Mon. 12:00 Noon 6:00 p. Beginners AA 7:00 p. (12 & 12)	Tue. 10:00 a. 7:30 p. 8:00 p.
Tue. 12:00 Noon	Wed. 10:00 a. 1:00 p. 8:15 p.
Wed. 12:00 Noon 5:30 p. Topic Gp	Thr. 10:00 a. 7:00 p.
Thr. 12:00 Noon 8:00 p.	Fri. 10:00 a. 8:00 p.
6.00 p. Fri. 12:00 Noon T.G.I.F. Gp	Sat. 10:00 a. 7:00 p.

Sat.

10:00 a. Gp 124

OPEN MEETINGS.

DANCES & EVENTS

Call for information.

7:00 p. Closed Meeting

T ON CLUB orest Home Ave /I (414) 541-6923 onclub.com Sun. Wake Up Reliance Open Disc. oday' choice Gratitude Plus Big Book Readers Jump Start First Step Happy Hour Step Gp. Mon Freedom Open IntroductorvAA Comin'Back Gp Keep It Simple Drop the Rock Nomen's Step Three Legacies Double Trouble DD/O ig Book Study Pass It On Happy Hr Promises Ve, Us & Ours Nelcome Back Gp Made Decision As Bill Sees It Gateway Topic Gp Honesty Gp. Came To Believe Nomen's Fri. Kickoff Fhoughts 4 Today Broken Arrow Spanish Speaking Early Bird Happy Joyous Free Twelve Promises Back to Basics 12x12 (Alateen) 7:30 p. Fri Sat. 10:30 a. Y CLUB Creek Drive (262) 338-3500 .unityofwb.com NG SCHEDULE .** Gratitude Gp. . Candlelight Gp. Monday A.M. . Men's . Women's Tuesday A.M. Beginner's . Step Gp Promises . Steps/Promises .*** Step Gp a. Big Book 5. EZ Dozen12x12 Step/Topic Gp .* Step Gp. . Here & Now 7:00 p. Big Book **AL-ANON & ALATEEN MTNGS** 9:00 a. Al-Anon Saturday Thursday 7:15 p. Al-Anon Open Mtng. 4th Fri. of month *** Open Mtng. 3rd Wed. of month ** Open Mtng. 3rd Sunday of month

LAKE AREA CLUB N60 W 35878 Lake Dr Oconomowoc, WI (262) 567-9912 www.lakeareaclub.com A.A. MEETING CHEDULE 8:00 a. 11:00 a. 6:00 p. Big Book 8:00 p. 9:00 a. Positive Attitude Mon. 6:30 p. 8:00 p. Step/Tradition Stdy Tue 1:00 p. 4:00 p. 8:00 p. Back To Basics Wed. 8:00 a. 10:00 a. 6:00 p. 8:00 p. Thr. 10:00 a. 4:00 p. 6:00 p. Women's Group 8:00 p. Fri. 12:30 p. 4:00 p. 6:00 p. Non-smoking 7:00 p. 8:00 p. Sat 8:30 a. 10:00 a. Big Book AL-ANON MEETINGS Mon 8:00 p. Al-Anon Tue 9:00 a. Al-Anon Wed 7:00 p. Al-Anon OPEN SPEAKER MEETING Sat. 7:00 p. 2nd & 4th Saturdays (AA and/or Al-Anon Speakers) SERENITY CLUB 3677 E. Pulaski Ave, Cudahy, WI 53110, (414)483-8308 serenitvclub.info **AA Meetings** 10.00 a Welcome Gp Sun. 7:00 p. Gp. 83 Mon. 10:00 a. Honesty Gp. 8:00 p. Sharing Strength 10:00 a. Gp. 118 Tue 8:00 p. Gratitude Gp. 10:00 a. Rap Discussion Wed. 5:30 P. Courage/Change 8:00 p. 1 Day At A Time 10:00 a. Gp. 89 Thr. 8:00 p. Gp. 88 Fri 10:00 a. Gp. 41 8:00 p. Gp. 449 Sat. 10:00 a. Reliance Gp. 7:00 p. Big Book Gp. AL-ANON MTNG: Sunday 5:30 p.

AL-ANON MTNG: Suiday 5.30 p. AL-ANON MTNG: Tuesday 6:30 p.

Call Club for Open Meeting & Dance Information

(a m)



ALANO CLUB 1521 N. Prospect Ave Milwaukee, WI, (414) 278-9102 WALWORTH COUNTY ALANO CLUB tp://www.alanofoundation.com A.A. MEETING SCHEDULE 611 Walworth St. Sun. 10:00 a. Gp 17 Step 4:30 p. Step Gp 7:30 p. Gp 19 Step (Hwy. 50 & 11) 7:30 p. Gp 19 Step 10:00 p. Topic Gp Mon. 7:00 a. Early Morning 10:30 a. Gp 72 Topic 12:15 p. Big Book Meeting 6:30 p. Gp 40 Big Book 8:00 p. Gp 40 Big Book 10:30 p. Gp 20 Topic 10:30 a. As Bill Sees It, 10:30 a. Gp 70 Step 12:15 p. Gp 76 7:00 p. Beginners, 1st Step (3rd fl) 8:00 p. Gp 57 Topic 10:30 p. 4th Dimension Step/Topic 10:30 p. 4th Dimension Step/Topic Delavan, WI 53115, (262) 740-1888 Sunday AA 10:00 a. Primitive Group 12:00 Noon Open Speakers 6:30 p. Delavan Discussion Monday AA 7:30 a. Delavan Sunny Side Up 12:00 Noon Delavan Step Meeting 6:30 p. Former Miss Americas Wed. 7:00 a. Men's Step (Women's Step Group) 1. 7:00 a. Men's Step
 10:30 a. Gp 9, Step
 12:10 p. Oasis Topic Gp
 6:00 p. Gp 91 Women's
 8:00 p. Gp 3, Step/Topic
 10:30 p. Step/Topic Gp
 7:00 a. Big Book Meeting
 10:30 a. Gp 97, Step 6:30 p. Delavan Men's Meeting Tuesday AA 7:30 a. Delavan Sunrise Tue 12:00 Noon Delavan Noon Gp. Thr. 6:30 p. Delavan 12 Step Topic Wednesday AA 12:15 p. Here & Now Gp 7:00 p. LGBT Big Book 7:30 p. Gp 26 12x12 7:30 a. Delavan Sunrise Wed. 12:00 Noon As Bill Sees It Gp. 7:30 p. Gp 26 12x12 10:30 p. Peanut Gallery Step Mtng 7:00 a. Daily Reflections 10:30 a. Gp 21, Step 12:15 p. Gp 65 6:30 p. Here & Now 8:30 p. Gp30 Tub Topic 11:30 p. Step/Topic 12:15 a. Second Shifters 6:30 p. Delavan IT Meeting Fri. Thursday AA 7:30 a. Delavan Sunrise Thr. 12:00 Noon Delavan Noon Gp. 5:30 p. Step Sisters Women 6:30 p. Delavan Big Book Gp Friday AA 11:00 a. Gp 87 Step Sat. 7:30 a. Delavan Sunrise Fri. 3:00 p. Spiritual Growth 7:30 p. Open Speaker 9:00 p. Here and Now 11:30 p. Tub-Topic 12:00 Noon Big Book Study 6:30 p. Delavan Discussion Saturday AA 12:00 Noon Delavan Noon Gp. AL-ANON MEETING Sunday 10:00 a. 6:30 p. Delavan Beginners Gp Club is smoke free. Many meetings break outdoors for smoking. 24 HOUR CLUB GALANO CLUB 153 Green Bav Rd. - LGBT Friendly -Thiensville, WI (262) 242-9999 315 W. Court St. Suite 201 A.A. MEETING SCHEDULE Milwaukee, WI 53212-3825 Sun 8:00 a. Topic (414) 276-6936 10:00 a. Step/Topic http://www.galanoclub.org/ 5:00 p. Step 6:30 a. Topic Mon 10:00 a. Topic mail@galanoclub.org 12:00 p. Women's 8:00 p. Men's MEETING SCHEDULE Tue. 6:30 a. Topic 10:00 a. Step/Topic 10:30 a. Step Topic Sun. 5:30 p. Big Book 6:00 p. Big Book Study 6:30 a. Topic Wed. Mon. 7:30 p. Came To Believe 10:00 a. Big Book 5:30 p. 40+ Topic Tue. 5:15 p. Women's Thr. 6:30 a. Topic Wed. 7:00 p. 12 x 12 10:00 a. Topic Fri. 7:00 p. Step/Topic 5:30 p. Step/Topic/Trad 8:00 p. Men's 12 & 12 Sat. 7:30 p. Topic Fri. 6:30 a. Topic AL-ANON MEETINGS 10:00 a. Step/12 & 12 5:30 p. Principles Sun. 10:30 a.m. (Co-ed,) 8:00 p. Step Meeting Space Available 6:30 a. Topic Sat. 8:30 a. Living Sober See website for Club Events. 10:00 a. Big Book www.galanoclub.org 8:00 p. Open Speaker Mtng. (1st Saturday Only)

	I.O.W. TO CLUB	
893 West	30 W. National Ave, t Allis, (414) 543-2448	
ht	tp://howtoclub.info/	
a1	. 8 a11 p., Mon - Thr. 9 1 p, Fri - Sat. 9 a 1 a.	
Sun 9	MEETING SCHEDULE :00 a. Eye Opener AA Gp.	
10 4	:00 a. Grass Roots (Steps) :30 p. Drop the Rock 6/7 Step	
6	00 a. Grass Roots (Steps) 30 p. Drop the Rock 6/7 Step 100 p. AA Topic Group 00 p. Sun. Sober & Serene 100 a. Winner's Circle	
Mon. 11	:00 a. Winner's Circle	
7	:00 p. Big Book Gp.	
0 11	45 p. Gp 132, Women's Gp :00 p. Big Book Gp. :00 p. New Hope Gp. :15 p. Nighthawk Gp.	
1ue. 11 6	:00 a. Willingness Group :00 p. Tuesday Non-Smok :00 p. 12 & 12 AA Meeting :00 a. Foundations Meeting :00 a. Foundations Meeting	
8 Wed.10	:00 p. 12 & 12 AA Meeting :00 a. Foundations Meeting	
6 7	00 p. AA Beginners Gp. 00 p. Vomen's Freedom 00 p. Promises Group 15 p. After Hours Gp. 00 p. 6. But For Grace Of God	
8 11	:00 p. Promises Group :15 p. After Hours Gp.	
× ×	()() n How Lo Get It Going	
6 8	:00 a. Priority Group :00 p. Big Book Group :00 p. R.U.S. For Us	
11 Sat 0	:15 p. Candlelight Promises	
11	100 a. Pioneers Group 100 p. HOW IT WORKS GP 100 p. 1st & 12 Topic 100 p. HOW To Saturday*	
6	:00 p. 1st & 12 Topic	
*(Ope	en meeting on 3rd Saturday) 0:30 p. Candlelight Gratitude	
10	1.50 p. Candlelight Gratitude	
NO	RTHWEST ALANO	
	CLUB*	
N88 V	CLUB* W17658 Christman Rd	
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N88 V Me	CLUB* W17658 Christman Rd enomonee Falls WI	
N88 V Me	CLUB* W17658 Christman Rd enomonee Falls WI 53051 (No Phone)	
N88 V Me	CLUB* W17658 Christman Rd enomonee Falls WI 33051 (No Phone) A.A. MEETING	
N88 V Me 5	CLUB* N17658 Christman Rd enomonee Falls WI 33051 (No Phone) A.A. MEETING SCHEDULE	
N88 V Me 5 Sun.	CLUB* N17658 Christman Rd enomonee Falls WI 33051 (No Phone) A.A. MEETING SCHEDULE 7:30 p. 7:30 p. 7:00 p. Just Do It Gp	
N88 V Me 5 Sun. Mon.	CLUB* W17658 Christman Rd enomonee Falls WI 33051 (No Phone) A.A. MEETING SCHEDULE 7:30 p. 7:30 p. 7:00 p. Just Do It Gp 8:00 p. Action Gp 10:00 a. Step	
N88 V Me Sun. Mon. Tue.	CLUB* W17658 Christman Rd enomonee Falls WI 33051 (No Phone) A.A. MEETING SCHEDULE 7:30 p. 7:30 p. 7:00 p. Just Do It Gp 8:00 p. Action Gp 10:00 a. Step 8:00 p. Topic	
N88 V Me 5 Sun. Mon. Tue. Wed.	CLUB* W17658 Christman Rd enomonee Falls WI 33051 (No Phone) A.A. MEETING SCHEDULE 7:30 p. 7:00 p. Just Do It Gp 8:00 p. Action Gp 10:00 a. Step 8:00 p. Topic 8:00 p. Step/Topic 10:00 a. Step	
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N88 V Ma 5 Sun. Mon. Tue. Wed. Thr. Fri. Sat.	CLUB* N17658 Christman Rd enomonee Falls WI 33051 (No Phone) A.A. MEETING SCHEDULE 7:30 p. 7:00 p. Just Do It Gp 8:00 p. Action Gp 10:00 a. Step 8:00 p. Topic 8:00 p. Step/Topic 10:00 a. Step 6:00 p. Women's 8:00 p. Step/Topic 10:00 a. Step	
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N88 W Me 5 Sun. Mon. Tue. Wed. Thr. Fri. Sat. Wed. 8	CLUB* W17658 Christman Rd enomonee Falls WI 33051 (No Phone) A.A. MEETING SCHEDULE 7:30 p. 7:00 p. Just Do It Gp 8:00 p. Action Gp 10:00 a. Step 8:00 p. Action Gp 10:00 a. Step 8:00 p. Step/Topic 10:00 a. Step 6:00 p. Women's 8:00 p. Step/Topic 10:00 a. Step 7:00 p. Simply Sober Gp AL-ANON MEETINGS	

ILOW TO CLUD

Meeting Roon

FRIENDSHIP

CLUB

2245 W. Fond du Lac

Milwaukee . WI

414.931.7033

MEETING

SCHEDULE

10:00 a. Friendship

11:00 a. Third Sunday

10:30 a. Step Gp

7:00 p. Gp 43 Big

10:00 a. Gp 112 Step

Call for information

on other types

NEW MEETINGS

St John's Evangelical,

5500 W Greenfield Ave

Milw Monday at 7:30 p.

Ave., Milw 53217 Tues-

Bay Shore Lutheran

Milw Jewish Family

day at 8:30 a.

Ch. 1200 E Hampton

of meetings.

Sunday:

Monday:

Tuesday:

Saturday:

Book

Open Meeting

12 STEP CLUB

4102 W Townsend St. Milwaukee, WI 53216 (414) 871-0610

A.A. MEETING SCHEDULE

6:45 p, Gp. 79 Tues. Wed. 11:00 a. Gp. 27

Fri. 11:00 a. Gp. 61 (12x12)

Sat. 10:00 a. Beginners Gp.

7:00 p. Gp 6 CALL THE CLUB FOR INFORMATION ON OPEN A.A. MEETINGS, MEETINGS FOR OTHER FELLOWSHIPS and SPECIAL EVENTS.

Milwaukee Group 933 E Center St, (River West) Milwaukee WI 53212

A.A. MEETINGS Sun. 10:00 a Open (Disc.) 8:30 p. Big Book

Mon. 5:30 p. Big Book 7:00 p. Open (1st Step) 8:30 p. Topic

Tue. 7:00 p. Open (Topic) 8:30 p. Open (Big Book)

Wed. 7:00 p. Open (Big Book) 8:30 p. Topic

Thur. 6:30 p. Open (Topic) 8:30 p. Step

- Fri. 8:30 p. Open (Big Book) 11:30 p. Topic` Sat. 8:30 p. Topic 11:30 p. Topic

Services, 1300 N Jackson St. Milw. 53202

Tuesday at 6:30 p. 7:00 p. Beginner's Thr Simply Sober,

Stonev Hills Presbyterian. N112 W17655 Mequon Rd, Germantown, Thursday 7:00 p.

Greater Milwaukee Central Office 7429 W Greenfield Ave. West Allis WI 53214. 414-771-9119 (aamilwaukee.com) A.A. MEETINGS Mon. 12:15 p. & 4:00 p. **Tue.** 12:15 p. & 4:00 p Wed. 12:15 p. & 4:00 p **Thur.** 12:15 p. & 4:00 p **Fri.** 12:15 p. & 4:00 p Sat. 9:45 a. Newcomer

Also 10:30 a. & 3:00 p. A Meeting Place 75 North Main St.

Hartford, WI 53027, A.A. MEETINGS

Mon. 10 a. Bucket Topic Wed. 10 a. Step/Promise Thur. 6:30 p. Principles of 12 Steps Fri. 10 a. Living Sober Fri Night PizzAA Party 10 p Pizza, 10:30 p. Bucket Topic Mtng. Doors open 9 p.



All Peoples Church 2600 N 2nd St. Milw. Thurs. 11:30 a.

Couple's Gp, Living Word Church, 2240 Living Word Ln Jackson 53037 Fri 7:30 p.

How It Works Closed Big Book & 12x12 Disc. 8930 W National Ave, West Allis, Sat. 3 p.m.

DISBANDED GROUPS

Central Office Wed & Fri 10:30 a. both cancelled. 7429 W Greenfield Ave. West Allis

The "Clubs" listed here are not A.A. Clubs. A.A. DOES NOT HAVE CLUBS!

A.A. neither endorses nor opposes such clubs. These are social clubs established by groups or individuals who are themselves recovering alcoholics. The A.A. group meeting at the club is available to any alcoholic - club member or not. The group is separate from the club and pays a fair rent for the use of the club facilities. Even though the group meets in a club that may be composed exclusively of A.A. members, and many members of the group may be club members, too, the relationship of the A.A. group itself to the club should be the same as it would be to a church, hospital, school, etc., in which it might rent space for its meetings.

Člub by mail.

meeting space available for 12 Step

groups. Contact the Northwest Alano

Polish Sober Eagles, Prince of Peace 4419 S Howell Ave, Milw. met Tues at 6:30 p.

Tuesday 11th Step, met at Elizabeth Ann Seton 12700 W Howard Ave, New Berlin on Tue at 6:45.

First Step Meeting (Gay) met at Galano Club 315 Court St on Thursdays at 6:00 p.

OTHER CHANGES

ARO Tue Night previously at Aro Counseling, **NOW** meets at St Mark's Lutheran, 424 Hyde Park Ave. Waukesha Tue at 8:00 PM

Gp 10 Sunday at 9 am, formerly at 72nd and Orchard, **NOW** meets at Lamplight Inn, 7400 W Greenfield Ave. West Allis WI 53214.

Gp 10 Friday at 7:30 pm, formerly at 72nd and Orchard, **NOW** meets at Lamplight Inn, 7400 W Greenfield Ave. West Allis WI 53214.

Gp 23 Wednesday at 8pm, formerly at 72nd and Orchard, **NOW** meets at 1st Lutheran Church, 7400 W Lapham St. West Allis WI 53214 still at 8 p. on Wednesday.

Gp 82 Elm Grove, Sundays at 8pm, formerly at St Edmund's 14625 Watertown Plank **NOW** meets at Elm Grove Ev Lutheran Church, 945 Terrace Dr. Elm Grove

OPEN SPEAKER

Weekly & monthly open speaker meetings listed in January 2014 When & Where

aamilwaukee.com/directory.html

Sundays at 10 a. Milwaukee Gp. 933 E Center St, Milw 53212

Sundays at 6:30 p. VA Hospital 5000 W National Ave 3rd FI Unit 3A

Every Friday 7:00 p. Christ the King, 1600 N Genesee Rd Delafield

1st Monday at 1:30 p. Bethesda

Seniors Community Center Open Meeting, 2845 W Fond du Lac Ave

Wednesdays at 7:00 p. Salem United Methodist Church, 541 Hwy. 59, Waukesha,

1st Friday only 8:00 p. St. Lukes Church, 300 Carroll St., Waukesha

1st Saturday 7:00 p. Dist. 15 Open Meeting at Milwaukee Group 933 E Center St. Milwaukee 53212

1st Saturday 8:00 p. 24 Hour Club Open Meeting, 153 Green Bay Rd, Thiensville,

2nd Saturday at 7:00 p. Dist 12, Living Word Lutheran Church, 2240 Living Word Ln., Jackson WI 53037

2nd Saturday at 7:00 p. Dist 34, St. Francis Episcopal Church, N84 W16525 Menomonee Ave

2nd Sunday at 11:00 a. Alano Club 318 W. Broadway, Waukesha,

3rd Sunday at 11:00 a. Friendship Club 2245 W. Fond du Lac Ave. Milwaukee , WI

3rd Saturday 8:00 p. HOW To Club 8930 W. National Ave, W.Allis

3rd Saturday 8:00 p. New Day Club 11936 N. Port Washington Rd, Mequon, WI

Last Wednesday 8:00 p. 1st Lutheran Church, 7400 W Lapham St,

Saturdays 7:30 p. Alano Club 1521 N. Prospect, Milwaukee

Contact the Central Office via email: <u>dan@aamilwaukee.com</u>, before the 12th of the month prior to your meeting so that it can be listed here under the special Open Meetings.



2014 Weekend Retreats Jesuit Retreat House, 4800 Fahrnwald Rd. Oshkosh, WI 54901 call 800-962-7330 jesuitretreathouse.org

Men and Women members of AA, Al-Anon

Total cost: 4 days \$325.00. Send a \$50.00 deposit with requests for specific dates to retreat house or call for information.

MEN: May 1-4, May 15-18, Dec. 4-7, **WOMEN:** May 8-11, Aug. 21-24, Nov. 13-16, Nov. 20-23,

Redemptorist Retreat Center, 1800 North Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org Please call 262-567-6900 for reservations. May 16-18, 10th Annual Spring retreat for AA and Al-Anon Members. \$200. per person. (2 nights, 6 meals)

MILWAUKEE CENTRAL OFFICE

- E-mail Director Dan F. at: dan@aamilwaukee.com
- Hours: M-F 9 a.m. to 6 p.m. Saturday 9 a.m. to 5 p.m.
- **G.S.R. Orientation,** 2nd Tuesday 6:30 p.
- Secretary Meeting, 2nd Tuesday 7:00 p.
- Board of Directors Meeting, Wednesday following Secretaries Meeting, (odd numbered months) 6:30 p.
- A. A. Meetings, Mon Fri at 12:15 p. and 4:00 p.
- A. A. Meetings Saturday 9:45 a., 10:30 a. and 3:00 p.
- www.aamilwaukee.com



Tickets by mail, \$25.00 each. Include a self addressed stamped envelope. Greater Milwaukee Central Office 44th Annual City Wide Jamboree 7429 W. Greenfield Ave., West Allis, WI 53214, 414-771-9119

Pay by check or credit card, Visa/MasterCard/Discover, include all necessary information.
Card Number _____ Expiration Date __ / ___

Name	Phon	e CID#
Address		Zip Code
Number of tickets	X \$25.00 = Total \$	E-mail Address Please:
MENU: Place a numb	per in the boxes to indicate how	many want meat or veggie.
Meat Option: Roa	st Pork Loin. Mean	
Vegetaria	n Option: Vegetable Lasagna	a, Vegie

Parking for 400 cars on site; Carpooling will be very helpful & appreciated.

("Nightmare" Continued from page 9)

Worth, Dallas, Midland and New York. All of them said, "We are sorry Bill, we don't have AA any more. Everyone quit coming."

My wife woke me up because I was crying so hard; my bed was ringing wet, just as it was when I was coming off a real drunk. I was freezing and burning up at the same time, and had as bad a hangover as if it had been for real.

I called a member of AA immediately. (It was 2 A.M.) I asked him if they had stopped having AA meetings. Of course he thought I was drunk. He assured me AA was still in business and there would be a meeting that night. Would I be there?

Would I! I was, and I have been going to from one- to six meetings a week ever since. God willing, I'll be there as much or more until I leave this earth.

I say loudly--"Thank God it was only a dream!"

B. O'N. Abilene, Texas

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age for this day to change the things I can, for wisdom to use the knowledge AA has given me. To ask for His guidance in all my affairs and not to expect freedom from life's problems but freedom from the fear of life's problems, which I call serenity.

I've learned, when icy fear creeps in, when I begin to take another's inventory, to feel sorry for myself or resentful or feel the urge to tell somebody off or to throw the whole thing over, to question myself. I've learned to ask myself not WHAT's the matter with me but WHO'S the matter with me? Is it *my* self or is it somebody else that's doing this? I don't think God's will for me is for me to be emotionally drunk. With His help and the help of AA I can be-

come sober in thought, word and deed.

This I believe.

M. U. Boulder, Colorado

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SERVICE MANUAL STUDY

A new service manual study meeting is being formed

WHEN: The 2nd Thursday of each month starting January 10, 2013

TIME: 6:00 pm.

WHERE: **Milwaukee Central Office** – 7429 W. Greenfield Ave, West Allis, WI

Have you ever wondered what is inside the covers of the "secret" Service Manual. Have you read something in it and wished you could discuss your questions with other service minded members. Here is your chance. Plan to attend this monthly study meeting.

This meeting is open to any interested Alcoholics Anonymous member whether currently active in some type of AA service or not.

Service Manuals will be available if you need one.

Plan to attend. If you have questions you can contact Nancy H. at 414-801-5184

The Benefits of Step Five

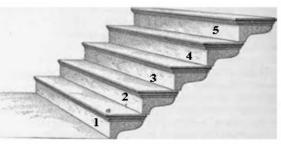
By Bob S.

Among the multiple benefits of the and self-seeking. Step Five process was the opportunity

for my sponsor, Carl, to point in a Of course, we discussed my guilt. very absolute and convincing manner, Carl tore up all my paperwork, except exactly what had been blocking me for the amends list, and placed it in a from the truth in drink. My Fourth bowl in his kitchen sink . . . as he lit it Step writings revealed, in a non- all on fire, he lamented: "Bob, there deniable manner, my obvious goes your past up in smoke! You 'grosser handicaps' of basic selfish- don't have to feel guilty about all ness, internal dishonesty, deep-seated those dismal things you have done in resent-

ment and illogical fear.

The many internal ingredients of these dire defects



the past. You are now on God's train (he pointed upward) and vou beare coming a brand

new per-

came to light as I elaborated on my son each and every new day. But if these major defects kept us on track.

ed out my defect of imagining unlike- Step Seven. ly scenarios of possible disaster, greedy desires that I would never get Bob S. Richmond, IN things I really didn't deserve, and the disastrous habit of living in the future. It was good to realize that most of my fears were illogical. The inquiry into Harms to others, especially sexual *misconduct* made clear where I have been evasive, prideful, uncaring, dishonest, impatient, egotistic, hateful

lifetime history of *resentment*, *fear*, you join your friends on the Death and and harms to others, especially sexual Destruction express (he pointed downconduct. This basically was to be my ward) and take just one shot of whis-'life story,' other 'life details' may ky, you get all your guilt back." My have been mentioned, but focusing on guilt immediately began to diminish and I haven't had a drink since.

We first discussed items from my re- Many of the Step Five promises came sentment list whereupon many other thereafter, including a great sense of underlying defects were hidden such relief, but I believe the *most* important as self-justification, false-pride, ego- benefit of Step Five was to be made ism, intolerance, envy, jealousy, and aware of the exact details of my grosseven gossiping about people I dis- er handicaps, so I would know preliked. From my *fear list* it was point- cisely what to ask God to rid me of in

FOUNDER'S DAY: June 6, 7, 8, 2014

Founders' Day 2014 Registration Form online at www.akronaa.org Everyone must be registered including children. Basic registration and package plans must be postmarked by May 15, 2014			
Name (please print clearly)			
Address		Phone ()	
City	State	Zip	
E-mail address			
O Check for special needs - handicapped. Handicap parking will be strictly enforced. O Deaf - ASL Interpreter Requested All beds are at a fixed height of 42 inches. The University of Akron	Registration \$20 x (<u>MUST</u> have confirmation	5:00 pm Saturday, NO EXCEPTIONS! <u>QTY</u> = \$ letter and photo I.D. to pickup package plans. 80 = \$ <u>ONE ONLY</u>	
CANNOT adjust bed height. * INDIVIDUAL FORMS REQUIRED FOR EACH PACKAGE PLAN * Rooming with:	Sex: MOFO Includes admission to all meetings, meals, room, registration and bus tour. Report directly to designated dormitory to pick up weekend package and room key. You must have a confirmation letter & LD. to pick up your reservation package. All rooms and buildings at the university are non-smoking. Package Plan B \$130 = \$ <u>ONE ONLY</u> Sex: $M \bigcirc F \bigcirc$ Includes all items in Package Plan A <i>except</i> meals.		
MEALS		QTY TOTAL	
SATURDAY	Breakfast	\$12 x = \$	
	Lunch	\$17 x = \$	
	Dinner	\$23 x = \$	
SUNDAY	Breakfast	\$12 x = \$	
SPECIAL DIETARY NEEDS —	O Diabetic O Vegan	O Vegetarian O Gluten-Free	
MOTORHOME SITE F		QTY TOTAL	
THERE WILL BE NO TENT CAM Each motorhome must have Site Tag to ABSOLUTELY NO PETS OR FIRES!	Motorhome Site Tag (no hook-ups available) set up.	\$40 x = \$ per site/whole weekend ATION TOTAL \$	
PAYMENTS MUST BE IN U.S. PAYMENT BY CREDIT CARD DOLLARS ONLY. MAKE CHECKS O MASTER CARD / MONEY ORDERS PAYABLE TO: Akron Intergroup PO Box 12 O MASTER CARD Akron, OH 44309-0012 CARD # REFUNDS requested in writing only by mail or email and postmarked / received prior to May 15, 2014. (please print clearly) Signature			

NO BASIC REGISTRATION REFUND. \$30.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!

th Announcing the () anniversary edition of the Big Book

A.A. World Services, Inc. announces the publication of the only A.A.W.S.-authorized reproduction of the first edition of Alcoholics Anonymous. This new edition will be a faithful replica of the original, with the famous "circus cover" dust jacket and bulky paper (which is why it was initially called the Big Book), and is published in the original Englishlanguage text only.

To commemorate the 75th anniversary of the historic publication of Alcoholics Anonymous in April 1939, the 2013 General Service Conference approved the creation of this facsimile edition of the first printing of the first edition.

Preorders: Starting November 15, 2013 you may preorder copies. Preordered books will be shipped directly to the purchaser and gift orders to the address provided, in April 2014. (Preorder period ends on February 28, 2014.)

Available at Milwaukee Central Office in Early April for only \$13.00 No Pre-Order Necessary.



TOPIC AND TRADITIONS FAITH UNITED METHODIST CHURCH 400 S. 91ST STREET WEST ALLIS, WI 53214

TUESDAYS AT 7:30 P.M.

FORMAT:

1ST TUESDAY OF EACH MONTH = TRADITION REMAINING TUESDAYS OF THE MONTH = TOPIC (FROM AS BILL SEES IT)

PLEASE HELP KEEP THIS MEETING

GREEN AND GROWING FELLOWSHIP, COFFEE AND GOODIES

Looking for a **NO Nonsense STEP Meeting**, Look no further.

alcoholics anonymous

Come check out our **TUESDAY NIGHT STEP MEETING**

at St Jude Day Care Center in Wauwatosa

Tuesday Nights at 7:00 pm 822 Glenview Ave Wauwatosa, WI 53213

Enter in BACK of Daycare Building. Meeting is Upstairs.

Nam Adda City, Photo Photo City, Ema Ema Ema Ecto



Cred Card Ders: Secu

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Mail



Spring Retreat For Members Alcoholics Anonymo Annual 16 And May 10th

Fleck Foundatio ŝ Sponsored Center Brookfield

The Redemptorist Retreat The

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