

"BETWEEN-US"

VOL. 23 ISSUE 9

SEPTEMBER 2015

I Hit Bottom Hard

I AM TWENTY-THREE years old. I am a recovering alcoholic. I am in an institution because of a drinking problem that I never admitted I had until I ended up behind bars. I feel if I hadn't ended up here, I would probably be dead or on the verge of insanity. AA has opened my eyes and helped me see the light. For that I will be forever grateful.

I started drinking heavily when I was seventeen, thinking nothing of it. It was just the in thing to do. Six years ago, things started falling apart. I realized it, but said, "What the hell, I'll get drunk, and it will go away."

Over two years ago, I met a very wonderful woman. We fell in love. She asked me on several occasions to stop drinking, and I told her I would. I even made promises. I kept breaking them. My family life at home was crumbling down around my ears--my mother's boyfriend and I never got along very well. Every time I got drunk, I could feel hatred build up to a point of not being able

("Bottom" Continued on page 8)

WHAT'S INSIDE	Page
Office Financials	2
Secretary Meeting Notes	3
Area 75 & Corrections	4 & 5
Clubs and Meeting Rooms	12, 14
When & Where, Open Meetings	14, 15
Group Contributions	20, 21

An Out-again-in-again Indian

AA experience behind prison bars

I CAN RECALL when "inside out" meant I had my socks on wrong, or my T-shirt. Thirty years later, after a vast number of years in prison (in and out as a repeater), the term "inside out" means something else; it means I am inside looking out!

I am a member of Alcoholics Anonymous, and I found AA inside prison. In 1968, I said the same words in another prison group. I was released and eventually returned to old haunts and habits. I believed that God (whoever I thought He was then) put me in this world to be a convict. I foolishly prided myself as a "solid people" and a "right-on rounder," plus a "solid ex-con skid-row dude," and some other choice titles.

In late 1975, I had an experience of reality that was like a shock wave. I looked back over the past, and the only time I could remember having any kind of hope was when I was in the AA program.

I'm a proud, full-blood Saulteaux Indian. I wore my hair long and put it in braids. Someone gave me the Big Book and said, "Read it again."

("In-again" Continued on page 8)



July 2015 Profit and Loss

July 2015

Ordinary Income/Expense

Income	
4000 · Literature Sales	10,212.84
4050 · Between Us	67.25
4070 · Contributions	5,791.09
4080 · Gratitude Boxes	21.04
4100 · Memorials	125.00
4130 · Personal Contributions.	97.91
4150 · Coffee/Soda/Coffee	327.71
4170 · Interest Income	1.84
48900 · Shipping and Delivery	280.63

Total Income	16,925.31
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Cost of Goods Sold

5000 · Literature	6,061.25
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Total COGS	\$6,061.25
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Expenses

51100 · Freight and Shipping Costs	114.85
59900 · POS Inventory Adjustments	280.59
6045 · Coffee/Soda/Candy Expense	161.29
6050 · Credit Card Fees	155.67
6200 · Conferences & Conventions	60.00
6330 · Insurance Expense	1,051.00
6500 · Office	2,908.93
6600 · Payroll	8,420.40
6800 · Printing	380.00

Total Expenses	\$13,532.73
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Net Income -2,668.67

Bank Balances -

Regular Checking:	\$2,009.49
Savings Account:	\$44,574.89
CD, Prudent Reserve:	\$84,420.81

Total Income	16,925.31
Minus Total COGS	6,061.25
Minus Total Expenses	13,532.73
Equals Net Income	-2,668.67

Meeting Space Available

- **Aurora West Allis Medical Center**, 8901 W Lincoln Ave, West Allis. Meeting space available. Contact Terese @414-328-7521 or email: terese.beauchamp@aurora.org
- **Mount Olive Missionary Baptist Church**, 5277 N. 36th St., Milwaukee, WI 53209, Contact Rev. John Patterson, Phone: 414-461-7755, Email: mt.olivembc@wi.rr.com
- **Galano Club-LGBT Friendly** at 7210 W Greenfield Ave. West Allis, has meeting space available for recovery groups, inexpensive room rent (\$12 -\$15 week). Plenty of free parking. Contact Deb at the club at 414-276-6936.

Secretary Meeting, August 11, 2015

Groups represented: 7, 22, 153, 200, 201, A Vision For You Big Book Study, Alpha Tuesday, As Bill Sees It/Waukesha, Big Book Readers, Brown Deer Monday, Common Solution, Depends On You, Early Bird Roger's Memorial, Friday Big Book Discussion, Grupo Five Conceptos, Honest and Able, HOW It Works B/B 12x12 Disc., Monday Night Action, New Beginnings Oconomowoc, New Berlin Big Book Tuesday, Oak Creek Friday Night, Participation Gp, Saturday Night 1st Edition Big Book, Three Legacies, Today's Choices, Trust Through Fellowship, Wanderer's, Way of Life Gp., WELL Big Book, Women's Recovery Group. I'm sorry if I have missed anyone that was in attendance.

Kathy S opened the meeting at 7pm

Bank balances on page 2, to the left of this page.

New secretaries introduced themselves.

All meetings listed in our meeting directories should be contributing regularly to the AA Service Entities; Milwaukee Central Office 50%, GSO in New York 30% and Area 75 Committee 10% and to your Districts 10%.

Renew Between-Us subscriptions now. \$9 yr. for 3 copies/mo. or \$18 yr. for 6 copies/mo. **NEW**

subscriptions welcome.

BIRTHDAY CLUB! We celebrate birthdays, and we'd like to help you celebrate yours! Send us a donation of \$1 for each year - or a gift of your choosing - and we'll send you a copy of that month's Between-Us, and we'll print your birthday. Include your Home Group, and we'll print that too! Just fill in the form found on page 6 of this newsletter.

Regional Forum November 13-15, 2015 at Crown Plaza Airport.

Guest Speaker: Judy, 2016 Area Spring Conference committee member. Dates are May 21, 22, 23 of 2016 will be held in Oconomowoc at the Olympia Resort.

Volunteers are needed for the helpline, some overnight and some Saturdays. Call Kathy.

The meeting closed with the Lord's Prayer at 8 p.m. The next meeting is Tuesday September 8, 2015 at 7 pm. Guest will be Wendy B. Special Needs Chairperson.

AREA 75/Central Office EVENTS CALENDAR

1. Go to Area 75 website at: area75.org, 2. Look for the Area 75 Events Calendar on the right side of the page. 3. Events listed are color coded according to the area office that listed them. 4. Click on the small down arrow at the top right hand corner of the Events listing for the color "key" to the area's events. 5. Click on the small down arrow in the middle (next to the date) to view a specific date or just use the scroll button to move up and down through the days listed.

ASL Interpreter

**Available:
Meeting for
Deaf and Hearing
Impaired.**
Tuesday 6:30
P.M., Emmanuel
Lutheran Deaf
Church, 2306 S
98th St. West
Allis WI 53227

ORIENTATION for GSR'S

Second Tuesday of each month, 6:30 p.m. prior to the secretary's meeting, at the Milwaukee Central Office.

DISTRICT MEETINGS

DISTRICT INFO ON THE WEB:

<http://www.area75.org/district.html>

1. JACKSON, LaCROSSE, MONROE, VERNON, & TREMPLEAU; 2 & 18 GREEN LAKE & MARQUETTE CNTY'S & PART OF WAUSHARA; 8 & 30 ROCK ; 9. CRAWFORD, GRANT, IOWA and LAFAYETTE; 19 & 37. RICHLAND & SAUK; 20, 21 & 26 DANE; 31. COLUMBIA CNTY; 35. GREEN; 37. JUNEAU CNTY'S

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

4. MILWAUKEE CNTY (1 of 9) 2nd Thr. of month, 6:00 p., Alano Club, 1521 N. Prospect Av.

6. WALWORTH CNTY 2nd Tue. 7:30 p. Feb. Apr. June. Aug. Oct. and Dec. only, Walworth Alano Club, 611 E. Walworth St., Delavan

7. KENOSHA CNTY 3rd Sun. of month, 4:00 p., Kenosha Alano Club, 630 56th St.

10. Spanish District, at large. Contact Ernesto N. at 414 645-8591. Meets every Tue. at 5:00 p., 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,

12. WASHINGTON CNTY 1st Wed. of month, 6:00 p., Jansen Family Park, Schuster Dr. West Bend

13. WAUKESHA CNTY (1 of 3) 1st Sun. of month, 1:00 p., St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY (1 of 9) 4th Wed. of month, 7:00 p., Milwaukee Central Office 7429 W Greenfield Ave., P.O. Box 13011, Wauwatosa WI 53226

15. MILWAUKEE CNTY (1 of 9) Is not an active district. No District Meeting.

16. MILWAUKEE CNTY (1 of 9) 1st Wed. of month, 7:00 p, Faith United Methodist Church, 400 S. 91st St.,
17. RACINE CNTY (1 of 2) 3rd Sun. of month, 1:00 p, Grove Club, 1037 Grove Ave., Racine

22. MILWAUKEE CNTY (1 of 9) 2nd Thr of month, 6:00 p, Alano Club, 1521 N. Prospect Ave.

23. DODGE CNTY 1st Wed of month at 7:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY 3rd Tue. of month, 6:30 p., Peltz Center for Jewish Life, 2233 W Mequon Rd. Mequon

25. FOND du LAC CNTY 2nd Tue. of month, 6:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac

27. MILWAUKEE CNTY (1 of 9) 3rd Sat. of month, 9:00 a.m. 12 Step Club, 4102 W. Townsend

28. MILWAUKEE CNTY (1 of 9) 3rd Mon. of month, 7:00 p, Bay View United Methodist 2772 S Kinnickinnic Ave. Bay View, WI 53207

29. MILWAUKEE CNTY (1 of 9) 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. WAUKESHA CNTY (1 of 3) 4th Tuesday of month, 6:30 p, Bethlehem Evangelical Lutheran Church, 470 Oak Crest Dr., Wales WI.

34. WAUKESHA CNTY (1 of 3) 1st Tue. of month, 6:30 p, Northwest Alano Club, N88W17658 Christman Rd., Menomonee Falls

36. RACINE/KENOSHA (1 of 2) 2nd Tues. month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214,
dan@aamilwaukee.com

A Buck In The Basket... Really? Maybe it's time for a raise!



"Every AA group ought to be fully self-supporting, declining outside contributions."

Tradition Seven, Twelve Steps and Twelve Traditions,
Reprinted with permission AA World Services, Inc.

CORRECTIONAL INSTITUTIONS

TAYCHEEDAH CORRECTIONAL,
Meetings are held every Tuesday, 5:45 -7:30 p.m., Gloria K. (920) 921-2395

FEDERAL CORRECTIONAL INSTITUTION,
P.O. Box 1085 Oxford, No Meeting!

FEDERAL CORRECTIONAL Satellite Camp, New Path Group, P. O. Box 1085 Oxford, WI. Meetings Wed. at 1:30 p.m.

OAK HILL AA GROUP, OAK HILL WCI
5212 Hwy M, P.O. Box 140 Oregon, WI 53575 Meetings Wednesday at 7:00 p.m. and Sunday at 6:30 p.m. Contact: Rick B. (608) 235-5154

THOMPSON FARM, RT. 2 DEERFIELD, WI., Closed meeting Tuesday at 8:00 p.m. Contact: Tom Dickert, (608)764-5755

ROBERT ELLSWORTH CORRECTIONAL,
21425A Spring St., Union Grove, 53182 Call for AA Meeting times: Contact Jennifer H. 262) 237-1294 or Cheryl P. (262) 914-3970.

KETTLE MORAIN CORR., Box 31, W9071 Forrest Dr., Plymouth, AA Thr. at 6:00 p.m. Contact Mike L (920) 898-4782.

WAUPUN CORRECTIONAL INSTITUTION
AA Meeting Sat. , 8:00a.m.-9:30 a.m. Dale C. 920-387-4229 after 5 p. clearance.

MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI.

AA Women's Saturday 10:00 a.m. Kristin L. 414-731-8572 or **AA Men's** on Sunday at 7:00 p.m. Dennis D. 414-372-8324

MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI. Clearance needed at both facilities. **AA Women's** Sat. at 5:00 p.m. Felisa C. (414) 672-6724. **AA Men's** Thr. at 7:00 p.m. John A. at (414) 915-9512

MILWAUKEE SECURE DETENTION CENTER, 1015 N. 10th St. Milw. Sunday Nights from 6:30 p. to 7:30 p., Men & Women, Call Dave C. 414-xxx-xxxx for information

Milw Women's Correctional Ctr. 615 W Keefe Ave. Milw. Contact: Karelyn P 414-975-6701. Meetings on Monday & Friday.

FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933 Closed meetings Tue. & Fri. from 6:00 -8:00 p.m.

JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI, Mtng. held on Mon. at 7:00 p.m., Contact: Scott N. 920-397-0170

RACINE CORRECTIONAL INSTITUTION for MEN Mtngs: Sun. 8:30 AM, Dane Rx Unit; Wed. 7:00 p. and two meetings on Thursday at 7:00 p. English and Spanish. Call Paul H. (262) 537-2884

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: Meets at 6:30 p. on the 3rd Wednesday of every other odd month at Faith United Methodist Church, 400 S. 91st St (91st & Adler). All Milwaukee County Corrections donations should be sent to: **MCCC, PO Box 270544, Milwaukee WI 53227-0544.** Call coordinator: Kris WL at 414—731-8572, with questions. Treasurer Bill E. at 414-852-3815. Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

Area 75, So. WI, Calendar of Events 2015

Madison Senior Center (MSC), 330 W. Mifflin St., Madison, WI, except where otherwise noted.

2015:

- Oct. 18, Fall Service Assembly

- **Milwaukee Central Office:** 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com
- **Area 75 Treasurer:** PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- **General Service Office:** G.S.O, P O Box 459, Grand Central Station, New York, N.Y. 10163
- **Area 75 Corrections, Bridging the Gap and Treatment write to:** PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217

JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a donation of \$1 for each year - or a gift of your choosing - and we'll send you a copy of that month's Between-Us, and we'll print your birthday. Include your Home Group, and we'll print that too!

All request must be by the 12th of the previous month. Late arrivals will appear the following month.

Just fill in the form below and mail, with your donation, to:

Payable to: "Greater Milwaukee Central Office"

Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



\$ _____ enclosed.

I will have _____ years on _____ / _____ / _____ .

Name _____

Address _____

City _____ State _____ Zip _____

Phone: () _____ - _____

Email: _____

Home Group: _____



AA Groups Need Your Support

- **Jim's Sun Night 1st Step**, Roger's Hospital, 11101 W Lincoln Ave West Allis Sun at 6pm
- **Women's 12 x 12 Gp**, Mondays at 6:00 p. Grace Bible Church, 2643 S 117th St West Allis WI 53227
- **Cedarburg Gp. Tuesdays** at 8:00 p.m. Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012
- **Women's Recovery, Wednesday 7pm**. St Francis Hospital 8th Floor, 3237 S 16th St. Milwaukee
- **New Hope Brookfield, Wednesdays at 8:00 p.m.** Trinity UCC, 4435 N Calhoun Rd Brookfield 53005
- **Thursday at 12:15 pm. and Wednesday 5:30 pm. Topic** at St. John's Cathedral Complex, 831 N. Van Buren St. Milwaukee 53202
- **All Welcome Gp, Mondays & Thursday at 1:30 p.** Bethesda Community Center, 2845 W Fond du Lac Ave, Milwaukee WI 53210
- **First Things First, Friday at 7:00 pm.** St Margaret Mary, 3930 N 92nd St. Milw 53222
- **Friday Big Book Discussion, 9:30 p.m.** Martin Luther Church 9235 W Bluemound Rd. Milw. 53226
- **Friday Night Candlelight, 8:00 pm.** St Anskar Episcopal, N48W31340 Hill Rd Hartland WI (Hwy's 16 & 83)

(“Bottom” Continued from page 1)

to control my drinking or my actions. I am basically an easy person to get along with. I love everyone. But alcohol, over a period of just a few years, affected my way of thinking. The last real good drunk almost cost a man his life, and cost me my freedom.

Just before all of this happened, my mother tried to get me to go to AA. I said I would but always got drunk or made an excuse not to go. (She belongs to Al-Anon.)

This is the first time in my life that I have ever gotten in trouble with the

(“In-again” Continued from page 1)

Maybe this time you'll change." I left this Big Book lying around in my cell for a few days, and after a while, when wanting something to read, I went to the Big Book. When I opened it, only these few words stood out: "God as we understood Him." Slowly, it dawned on me that I could use my concepts of my traditional God, the Great Spirit, or in my Indian language, *Kitchi Munito*. I became more aware of what I had previously missed in other AA involvements: a God as I understand Him.

It is fifteen months since that Big Book experience, and as far as I'm concerned, it's been the best fifteen months I've had in jail. I'm not happy I'm in prison. I want out, too! But by and by, I know it will come about, in the course of one day at a time. It's been a good fifteen months, because I am now very spiritually content and getting more spiritual strength through

law, so I hit bottom hard. Now, because of AA and God, I have found sobriety. This is the best I've felt in years. I owe my life to the AA Fellowship, the people who have helped me get on the right path again.

So if there are a few of you out there in AA who are thinking about taking that next drink--don't!

D. M.
South Windham, Maine

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July 1982
Vol. 39 No. 2



the help of the program. Periodically, I attend street AA meetings from this prison. I learn much and share what I have found in AA thus far.

About the AA program, the thing I like best is knowing that there is "spiritual progress rather than spiritual perfection." To me, that means it's a life-long learning school in order to maintain a life of sobriety, even if I am viewing my future "inside out."

B. B.
Prince Albert, Saskatchewan

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July 1979
Vol. 36 No. 2

Psychic Change

By Robert S. (DOS 8/15/1975)

During early months of recovery, the obsession to drink whiskey became increasingly more powerful and tempting; although I prayed to God with desperation many times every day and attended as many AA meetings as possible, I seemed to be headed for the familiar drunk tank once again.

The Big Book informed me that the physical allergy—the phenomenon of craving—was going to remain in my body as long as I live. So it would seem I was to remain in misery the rest of my life! Not only would I be a goner after the first drink, it seemed obvious that *that* dratted mental obsession would get me some day—

and maybe soon! I was tip-toing on a tightrope as each day passed. I was understandably terrified!

But things brightened up when I read about, Fitz M., the seemingly hopeless alcoholic on page 57: *“Save for a few brief moments of temptation the thought of drink has never returned;*

at such times a great revulsion has risen up in him. Seemingly he could not drink even if he would. God had restored his sanity.”

This encouraging paragraph led me to believe that this miracle could happen for me, and indeed it has! These days, the very thought of drink produces vivid memories of the horrid hallucinations and near-DTs after my many long drunken sprees. Because of AA’s Twelve Steps, I believe that I have experienced a “reverse-Pavlov” personality change. Dr. Silkworth wrote of an *“entire psychic change”* (p. xxix) and I believe this miracle has happened for



me. Thank you God!

Bob S., Richmond, IN

Reprinted with permission, Robert S.

In Memoriam.....Mike Hess, a member of Butler Sun Night and Wed Night Menomonee Falls, passed away on July 17, 2015, with 31 years of sobriety. Mike was truly blessed. May he rest in peace.

Libby Smyth-Harmon passed away peacefully on Saturday August 8, 2015 at Alexian Village. Libby was proud to be a friend of Bill W. for over 20 years. She attended meeting in the Shorewood and Whitefish Bay area for many years. She will be greatly missed by her many friends and family members.

Freedom in Sobriety

After nine years. . .

I HAVE this experience to share with all, but it's directed mostly to those behind prison walls. They told me when I came into Alcoholics Anonymous that I would experience many new and beautiful things by staying sober--promises, yes. I would like to share the feeling of joy and happiness that I experienced last night.

The setting was at an AA anniversary in a large hall full of people, some I've never met, some I had attended meetings with in these past twenty-six days. As the event started, we all lined up for the table of goodies. This was my first time to stand in line since leaving prison. You know, when some would "drag" the line, it didn't matter. We did have a feed out of this world; the Al-Anons and all the other people who had a part in making the meal outstanding really knew how to feed a bunch of drunks. After we finished eating, the meeting started, and we all enjoyed the "outside" speaker. We laughed and cried with him, because we had been there, too.

Shortly after, the music started for the dance. My new bride and I attempted to dance together for the first time. I must admit that I was a bit rusty after having been locked up for nine years, but this didn't matter. I didn't have to be the best dancer on the floor, the way I thought I was when I was drunk. We did exceptionally well, I think, and she thought so, too. And really, that's all that matters. We didn't go to satisfy others. We went because we wanted to have this experience together--our first AA dance.

I knew that some of these people had done the same things I had done; and

here we were, sober and really being who we were supposed to be, not trying to impress anyone with how good we were on the floor, and not having to take a drink for that false courage to ask someone to dance. I could feel the love flowing in each and every person there. Some of the ladies were in evening dresses, some in pants suits, some in regular dresses; the men--well, you know some of us still like to dress up and be somebody. But mostly, the men wore blue jeans, boots, jackets of leather, some of fine cloth. But it didn't matter what you were dressed in. One of the AA ladies danced barefoot, just like I have done in the past years, and it was okay for her, because she felt comfortable doing it her way. The sight of people having fun sober was a true and lovable experience that I will never forget. And being able to see everything that happened was another first for me.

Now, here is another first--being able to drive home and stay on the road, not having to look for the highway patrol or police, not worrying about being stopped for a DWI. Yes, I have a valid Texas driver's license, the first one in ten years, and it's mine, not someone else's that had been stolen somewhere. That was my old way of doing things, but it isn't that way with me today, and I like it just this way.

When we arrived home, I didn't even hit the curb or drive on the grass, as I have done in the past. And I was with the one person in my life who means more to me than any other person in this world, and she is enjoying all

(“Freedom” Continued on page 11)

(“Freedom” Continued from page 10)

these firsts with me. I sure did like the way God planned my day yesterday. I didn't have very much to do with it. It happened the way it did because it was meant to be just that way.

I know that some men in prison are wondering why I might write this. Well, I felt directed to do it this Sunday morning; it helps me to remember where I've been in life, and it helps me to share the beauty that lies ahead for the ones who have doubts about the program of Alcoholics Anonymous working when they are released. The promises in AA come to us when the time is right and we least expect them to happen. I'm sober and happy--contented on this Sunday morning. No hangups, and no hangover to mess with. I know my day is going to be a

great twenty-four hours, because I asked God to do His thing with me, several hours ago. And whatever happens today, I'll thank Him for allowing me to be a small part in this beautiful world of His.

S. S.
Huntsville, Texas

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Vol. 36 No. 2

MEETING ROOMS

NEW DAY CLUB

11936 N. Port Washington
Mequon, (262) 241-4673
<http://www.newdayclub.org>

A.A. MEETING SCHEDULE

Sun. 8:00 a. Topic
11:00 a. Topic
5:00 p. Young People
7:30 p. Topic

Mon. 12:30 p. Tenth Step Gp
5:30 p. More about Alcoholism
7:00 p. Men's Gp
8:15 p. Men's Gp

Tue. 10:00 a. Topic
5:30 p. Big Book
7:00 p. Beginners Gp
8:00 p. Big Book Gp

Wed. 10:00 a. Topic
2:00 p. Promises Meeting
5:30 p. Step Meeting
7:00 p. Women's Lifeline

Thr. 10:00 a. Topic Meeting
1:00 p. Women's Gp
5:30 p. Topic Mtng.

Fri. 10:00 a. Topic Meeting
5:30 p. Step/Tradition
8:00 p.

Sat. 10:00 a. Step Meeting
5:00 p. Fellowship of Spirit
7:00 p. Feelings
10:00 p. Young People

8:00 p. Open Meeting (held on 3rd Saturday of month only)

AL-ANON MEETINGS

Monday 6:30 p. Al-Anon
Tuesday 1:00 p. Al-Anon/ACOA
Thursday 7:00 p. Al-Anon

Contact club for info on other fellowships.

PASS IT ON CLUB

6229 W. Forest Home Ave
Milwaukee WI (414) 541-6923
passitonclub.com

A.A. MEETING SCHEDULE

Sun. 8:00 a. Sun. Wake Up
9:30 a. Reliance Open Disc.
11:00 a. Today' choice
3:00 p. Gratitude Plus
7:00 p. Big Book Readers

Mon. 7:30 a. Jump Start
10:30 a. First Step
4:00 p. Happy Hour Step Gp.
7:00 p. Mon. Freedom
7:00 p. Open Introductory AA
7:30 a. Comin' Back Gp
10:30 a. Keep It Simple
4:00 p. Drop the Rock
6:00 p. Women's Step
7:30 p. Three Legacies
7:30 p. Double Trouble DD/O
7:30 a. Big Book Study

Wed. 10:30 a. Pass It On
4:00 p. Happy Hr Promises
7:00 p. We, Us & Ours
7:30 a. Welcome Back Gp
10:30 a. Made Decision
5:15 p. As Bill Sees It
6:00 p. How It Works Disc.
7:00 p. Gateway Topic Gp
7:30 a. Honesty Gp.

Fri. 10:30 a. Came To Believe
6:00 p. Women's Fri Kickoff
6:30 p. Thoughts 4 Today
8:00 p. Broken Arrow
8:30 a. Early Bird
10:30 a. Happy Joyous Free
3:00 p. Twelve Promises
3:00 p. How It Works Big

Sat. 8:00 p. Spanish Speaking
8:00 p. Back to Basics 12x12

AL-ANON MEETINGS

Sun. 11:00 a. (Alateen)
Wed. 7:00 p. Fri. 7:30 p.
Thr. 7:00 p. Sat. 10:30 a.

LAKE AREA CLUB

N60 W 35878 Lake Dr
Oconomowoc, WI
(262) 567-9912
www.lakeareaclub.com

A.A. MEETING SCHEDULE

Sun. 8:00 a.
11:00 a.
6:00 p. Big Book
8:00 p.

Mon. 9:00 a. Positive Attitude
6:30 p.
8:00 p. Step/Tradition Stdy

Tue. 1:00 p.
4:00 p.
8:00 p. Back To Basics

Wed. 8:00 a.
10:00 a. Back To Basics
6:00 p.
8:00 p.

Thr. 10:00 a.
4:00 p.
6:00 p. Women's Group
8:00 p.

Fri. 12:30 p.
4:00 p.
6:00 p. Non-smoking
7:00 p. Big Book
8:00 p.

Sat. 8:30 a.
10:00 a. Big Book

AL-ANON MEETINGS

Mon. 7:00 p. Al-Anon
Tue. 9:00 a. Al-Anon
Wed. 7:00 p. Al-Anon

OPEN SPEAKER MEETING

Sat. 7:00 p. 2nd & 4th Saturdays
(AA and/or Al-Anon Speakers)

**AIRPORT GROUP
2015 ANNUAL OPEN
MEETING**


**WEDNESDAY,
SEPTEMBER 16, 2015
5:30 P. FOOD & FELLOWSHIP
6:00 P. MEETING BEGINS**

**ST. LUKE'S UNITED
CHURCH OF CHRIST,
2200 18TH AVE,
SOUTH MILWAUKEE, WI**

**AL-ANON SPEAKER: TBA
AA SPEAKER: PATTI H.**

**COME JOIN US FOR
FOOD, COFFEE AND FELLOWSHIP!**

*"Saturday Night
First Edition
Big Book Meeting"*



Originally printed in 1939, this is the text we read.

United Methodist Church of Cudahy
5865 South Lake Shore Drive, Cudahy

Meets Saturdays at 7:00 P.M.

WAUKESHA ALANO CLUB

318 W. Broadway
Waukesha, WI
(262) 549-6541

A.A. MEETING SCHEDULE

Sun. 9:30 a. Sun Morn Sunlite
11:00 a. Sun Go-To-Mtng
(Open speaker 2nd Sunday & Breakfast)
7:00 p. (Open Step Gp)

Mon. 12:00 Noon
6:00 p. Beginners AA
7:00 p. (12 & 12)

Tue. 12:00 Noon

Wed. 12:00 Noon
5:30 p. Topic Gp

Thr. 12:00 Noon
8:00 p.

Fri. 12:00 Noon T.G.I.F. Gp

Sat. 10:00 a. Gp 124
7:00 p. Closed Meeting

**OPEN MEETINGS,
DANCES & EVENTS
Call for information.**

UNITY CLUB

1715 Creek Rd
West Bend, (262) 338-3500
unityclub1715@att.net

AA MEETING SCHEDULE

Sun. 10:30 a. ** Gratitude Gp.
8:00 p. Candlelight Gp.

Mon. 10:00 a. Monday A.M.
7:00 p. Men's
7:00 p. Women's

Tue. 10:00 a. Tuesday A.M.
7:30 p. Beginner's
8:00 p. Step Gp

Wed. 10:00 a. Promises
1:00 p. Steps/Promises
8:15 p. Step Gp

Thr. 10:00 a. Big Book
7:00 p. EZ Dozen 12x12

Fri. 10:00 a. Step/Topic Gp
8:00 p. * Step Gp.

Sat. 10:00 a. Here & Now
7:00 p. Big Book

AL-ANON & ALATEEN MTNGS

Saturday 9:00 a. Al-Anon
Thursday 7:15 p. Al-Anon

* Open Mtng. Last Friday of month
** Open Mtng. 3rd Sunday of month (a.m.)

NORTHWEST ALANO CLUB*

N88 W17658 Christman Rd
Menomonee Falls WI
53051 (No Phone)

A.A. MEETING SCHEDULE

Sun. 7:30 p.

Mon. 7:00 p. Just Do It Gp
8:00 p. Action Gp

Tue. 10:00 a. Step
8:00 p. Topic

Wed. 8:00 p. Step/Topic

Thr. 10:00 a. Step
6:00 p. Women's

Fri. 8:00 p. Step/Topic

Sat. 10:00 a. Step
7:00 p. Simply Sober Gp

AL-ANON MEETINGS

Wed. 8:00 p. Al-Anon
Fri. 8:00 p. Al-Anon

*This Club is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.

MEETING ROOMS

WALWORTH COUNTY ALANO CLUB
611 Walworth St.
(Hwy. 50 & 11)
Delavan, WI 53115,
(262) 740-1888

Sunday AA
10:00 a. Primitive Group
12:00 Noon Open Speakers
6:30 p. Delavan Discussion

Monday AA
7:30 a. Delavan Sunny Side Up
12:00 Noon Delavan Step Meeting
6:30 p. Former Miss Americas (Women's Step Group)
6:30 p. Delavan Men's Meeting

Tuesday AA
7:30 a. Delavan Sunrise Tue
12:00 Noon Delavan Noon Gp.
6:30 p. Delavan 12 Step Topic

Wednesday AA
7:30 a. Delavan Sunrise Wed.
12:00 Noon As Bill Sees It Gp.
6:30 p. Delavan IT Meeting

Thursday AA
7:30 a. Delavan Sunrise Thr.
12:00 Noon Delavan Noon Gp.
5:30 p. Step Sisters Women
6:30 p. Delavan Big Book Gp.

Friday AA
7:30 a. Delavan Sunrise Fri.
12:00 Noon Big Book Study
6:30 p. Delavan Discussion

Saturday AA
12:00 Noon Delavan Noon Gp.
6:30 p. Delavan Beginners Gp.

ALANO CLUB 1521 N. Prospect Ave., Milwaukee, WI, (414) 278-9102
<http://www.alanofoundation.com>

A.A. MEETING SCHEDULE
Sun. 10:00 a. Gp 17 Step
4:30 p. Step Gp
7:30 p. Gp 19 Step
10:00 p. Topic Gp
Mon. 7:00 a. Early Morning
10:30 a. Gp 72 Topic
12:15 p. Big Book Meeting
6:30 p. Gp 40 Big Book
8:00 p. Gp 20 Topic
10:30 p. Step/Topic
Tue. 7:00 a. As Bill Sees It,
10:30 a. Gp 70 Step
12:15 p. Gp 76
7:00 p. Beginners, 1st Step
8:00 p. Gp 57 Topic
10:30 p. Step/Topic
Wed. 7:00 a. Men's Step
10:30 a. Gp 9, Step
12:10 p. Oasis Topic Gp
6:00 p. Gp 91 Women's
8:00 p. Gp 3, Step/Topic
10:30 p. Step/Topic Gp
Thr. 7:00 a. Big Book Meeting
10:30 a. Gp 97, Step
12:15 p. Here & Now Gp
7:00 p. Sober and Out
7:30 p. Gp 26 12x12
10:30 p. Step Meeting
Fri. 7:00 a. Daily Reflections
10:30 a. Gp 21, Step
12:15 p. Gp 65
6:30 p. Here & Now
8:30 p. Gp30 Tub Topic
12:15 a. Second Shifters
Sat. 11:00 a. Gp 87 Step
3:00 p. Spiritual Growth
7:30 p. Open Speaker
9:00 p. Here and Now

AL-ANON MEETING
Sunday 10:00 a. Al-Anon

H.O.W. TO CLUB
8930 W. National Ave,
West Allis, (414) 543-2448
<http://howtoclub.info/>

Sun. 8 a.-11 p., Mon - Thr. 9 a.-11 p. Fri - Sat. 9 a. - 1 a.

AA MEETING SCHEDULE
Sun. 8:00 a. Eye Opener AA Gp.
10:00 a. Grass Roots (Steps)
4:30 p. Drop the Rock 6/7 Step
6:00 p. AA Topic Group
8:00 p. Sun. Sober & Serene
Mon. 11:00 a. Winner's Circle
5:45 p. Gp 132, Women's Gp
7:00 p. Big Book Gp.
8:00 p. New Hope Gp.
11:15 p. Nighthawk Gp.
Tue. 11:00 a. Willingness Group
6:00 p. Tuesday Non-Smok
8:00 p. 12 & 12 AA Meeting
Wed. 10:00 a. Foundations Meeting
6:00 p. AA Beginners Gp.
7:00 p. Women's Freedom
8:00 p. Promises Group
11:15 p. After Hours Gp.
Thr. 10:00 a. But For Grace Of God
6:00 p. 6 PM Here and Now
8:00 p. How To Get It Going
Fri. 11:00 a. Priority Group
6:00 p. Big Book Group
8:00 p. R.U.S. For Us
11:15 p. Candlelight Promises
Sat. 9:15 a. Men's Topic
11:00 a. Pioneers Group
6:00 p. 1st & 12 Topic
*8:00 p. HOW To Saturday
*(Open meeting on 3rd Saturday)
10:30 p. Candlelight Gratitude

MEETING ROOMS

FRIENDSHIP CLUB
2245 W. Fond du Lac
Milwaukee, WI
414. 931.7033

MEETING SCHEDULE

Sunday
10:00 a. Friendship
11:00 a. Third Sunday
Open Meeting

Monday
10:30 a. Step Gp

Tuesday
7:00 p. Gp 43 Big Book

Saturday
10:30 a. Gp 112

Step
Call for information on other types of meetings.

1907 CLUB
2908 N 21st ST.
Sheboygan, WI 53083
(920) 457-9633

AA MEETING SCHEDULE
Sun. 7:00 p. As Bill Sees It
Mon. 6:30 p. Old Timers
7:30 p. Women's
8:00 p. Beginners
Tue. 6:00 p. Big Book
Wed. 9:30 a. Back To Basics
8:00 p. WITTSS
Thr. 6:00 p. Topic Meeting
Fri. 8:00 p. Good Fight Gp
Sat. 9:30 a. Non-Smoking
6:30 p. Grapevine Gp

Open Meeting 1st & 3rd
Saturday of month at 7:30 p.

Al-Anon Meetings
Wednesday 9:30 a. Al-Anon
Saturday 9:30 a. Al-Anon
Saturday 9:30 a. Ala-teen

Greater Milwaukee Central Office
7429 W Greenfield Ave.
West Allis WI 53214,
414-771-9119
(aamilwaukee.com)

A.A. MEETINGS

Mon. 12:15 p
4:00 p
Tue. 12:15 p
4:00 p
Wed. 12:15 p
4:00 p
Thur. 12:15 p
4:00 p
Fri. 12:15 p
4:00 p
Sat. 9:15 a. Newcomer
10:30 a
3:00 p

Directory Changes

NEW MEETINGS

Monday 6:30 p. Salem Lutheran Church 2400 N Cramer St, Milwaukee 53211, 1st Things 1st, Beginners

Tuesdays 12 Noon, Mt Zion 12012 W North Ave Wauwatosa 53226

Tuesdays 6:00 p. Aurora Psych "Lighthouse", 1220 Dewey Ave Wauwatosa Ave (11th Step)

Wed. at 1:30 p.m. Bridges of Milw Rehab/ Care Ctr. 6800 N 76 St, Milwaukee 53223

Wed. at 6:00 p.m. St Riverworks, 3372 N Holton St. Milwaukee WI 53212 Ring 111 to enter.

LIGHTHOUSE ON DEWEY
1220 Dewey Ave.
Wauwatosa WI

MEETING SCHEDULE

Sunday
7:30 p. Gp 78

Tuesday
6:00 p. 11th Step
7:00 p. Milw. Professionals in AA
7:30 p. Gp 77

Wednesday
7:30 p. Big Book
8:00 p. "RES-IPSA"

Thursday
7:30 p. Alumni No 12

Friday
7:15 p. Gp 74

Saturday
10:00 a. Gp 59

Milwaukee Group
933 E Center St,
(River West)
Milwaukee WI 53212

A.A. MEETINGS

Sun. 10:00 a Open (Disc.)
8:30 p. Big Book

Mon. 5:30 p. Big Book
7:00 p. Open (1st Step)
8:30 p. Topic

Tue. 7:00 p. Open (Topic)
8:30 p. Open (Big Book)

Wed. 7:00 p. Open (Big Book)
8:30 p. Topic

Thur. 6:30 p. Open (Topic)
8:30 p. Step

Fri. 7:00 p. Beginner's
8:30 p. Open (Big Book)
11:30 p. Topic

Sat. 8:30 p. Topic
11:30 p. Topic

The "Clubs" and "Rooms" listed here are not A.A. Clubs. A.A. DOES NOT HAVE CLUBS! A.A. neither endorses nor opposes such clubs. These are social clubs established by groups or individuals who are themselves recovering alcoholics. The A.A. group meeting at the club is available to any alcoholic - club member or not. The group is separate from the club and pays a fair rent for the use of the club facilities. Even though the group meets in a club that may be composed exclusively of A.A. members, and many members of the group may be club members, too, the relationship of the A.A. group itself to the club should be the same as it would be to a church, hospital, school, etc., in which it might rent space for its meetings.

24 HOUR CLUB
153 Green Bay Rd.
Thiensville, WI
(262) 242-9999

A.A. MEETING SCHEDULE

Sun. 8:00 a. Topic
10:00 a. Step/Topic
5:00 p. Step

Mon. 6:30 a. Topic
10:00 a. Topic
12:00 p. Women's
8:00 p. Men's

Tue. 6:30 a. Topic
10:00 a. Step/Topic
5:30 p. Big Book

Wed. 6:30 a. Topic
10:00 a. Big Book
5:15 p. Women's

Thr. 6:30 a. Topic
10:00 a. Topic
5:30 p. Step/Topic/Trad
8:00 p. Men's 12 & 12

Fri. 6:30 a. Topic
10:00 a. Step/12 & 12
5:30 p. Principles
8:00 p. Step

Sat. 6:30 a. Topic
8:30 a. Eye Opener
10:00 a. Big Book

8:00 p. Open Speaker Mtng.
(1st Saturday Only)

GALANO CLUB
- LGBT & All in Recovery -
7210 W Greenfield Ave
Suite 1, Lower Level
Milwaukee, WI 53214
(414) 276-6936
<http://www.galanoclub.org/>
galanoclub@gmail.com

MEETING SCHEDULE

Sun. 10:30 a. Step Topic

Mon. 7:30 p. Came To Believe

Tue. 6:00 p. 40 + Topic

Wed. 7:00 p. 12 x 12

Thur. 6:00 p. Living Sober

Fri. 7:00 p. Step/Topic

Sat. 7:30 p. Topic

AL-ANON MEETINGS

Sun. 10:30 a. Al-anon

Meeting Space Available
See website for Club Events.
www.galanoclub.org

12 STEP CLUB
4102 W Townsend St.
Milwaukee, WI 53216
(414) 871-0610

A.A. MEETING SCHEDULE

Tues. 6:45 p. Gp. 79

Wed. 11:00 a. Gp. 27

Fri. 11:00 a. Gp. 61
(12x12)

Sat. 10:00 a. Beginner's
7:00 p. Gp 6

CALL THE CLUB FOR INFORMATION ON OPEN A.A. MEETINGS, MEETINGS FOR OTHER FELLOWSHIPS and SPECIAL EVENTS.

Women's Thursdays 12 Noon, Mt Zion 12012 W North Ave Wauwatosa 53226

DISBANDED GROUPS

Introductory Gp, met at 4pm on Tuesday at the VA Hospital..disbanded.

OTHER CHANGES

New Beginnings Sunday at 7:30 formerly at 216 Main St Mukwonago. **NOW meets at St James Catholic Church 830 Cnty Rd NN E, Mukwonago WI 53149**

Women's AA Group, Monday's at Zion Episcopal Church in Oconomowoc, previously met at 7:30 **NOW meets at 6:30 P.**

United We Stand, Tuesdays at 8:00 p. formerly at Unity Church, 1717 N 73 St, **now meets at Wauwatosa Congregational 1511 Church St Wauwatosa**

Thursday Night St Anskar's, Hartland, met at 7:30, **NOW meets at 7:00 P.M.**

Gp 67 Elm Grove, meets on Thursday at 8 p. **moved to** Community United Methodist, **14700 Watertown Plank Rd Elm Grove.**

Happy Hour Oconomowoc, 1st Congregational Church on Concord Rd, met at 8 p.m. **NOW MEETS on Friday At 7 p.m.**

OPEN SPEAKER

Weekly & monthly open speaker meetings listed in June 2015
When & Where

aamilwaukee.com/directory.html

Sundays at 10 a. Milwaukee Gp. 933 E Center St, Milw 53212

Sundays at 6:30 p. VA Hospital 5000 W National Ave 3rd Fl Unit 3A

Every Friday 7:00 p. Christ the King, 1600 N Genesee Rd Delafield

1st Monday at 1:30 p. Bethesda Seniors Community Center Open Meeting, 2845 W

Fond du Lac Ave

Wednesdays at 7:00 p. Salem United Methodist Church, 541 Hwy. 59, Waukesha

March 7, Saturday 7:00 p. Pass It On Club, 6229 W Forest Home Ave. Milw.

1st Saturday 8:00 p. 24 Hour Club Open Meeting, 153 Green Bay Rd, Thiensville,

2nd Saturday at 7:00 p. Dist 12, Living Word Lutheran Church, 2240 Living Word Ln., Jackson WI 53037

2nd Saturday at 7:00 p. Dist 34, St. Francis Episcopal Church, N84 W16525 Menomonee Ave, Menomonee Falls, WI

2nd Sunday at 11:00 a. Alano Club 318 W. Broadway, Waukesha,

3rd Sunday at 11:00 a. Friendship Club 2245 W. Fond du Lac Ave. Milwaukee , WI

3rd Saturday 8:00 p. HOW To Club 8930 W. National Ave, West Allis

3rd Saturday 8:00 p. New Day Club 11936 N. Port Washington Rd, Mequon,

5th Saturday 3:00 p. How To Club, 8930 W National Ave, West Allis

4th Friday 8:00 p. Pilgrim Church, 2327 N. 52nd St., Milwaukee 53210

Wednesday September 30th, 2015 7:30 p. Fireside Gp, Brookfield Lutheran Church, 18500 W Burleigh Rd Brookfield.

Last Wednesday 8:00 p. 1st Lutheran Church, 7400 W Lapham St, West Allis

Saturdays 7:30 p. Alano Club 1521 N. Prospect, Milwaukee

Contact the Central Office via email: dan@aamilwaukee.com, before the 12th of the month prior to your meeting so that

Looking for a **NO Nonsense STEP Meeting**, Look no further.

Come check out our **TUESDAY NIGHT STEP MEETING**

at **St Jude Day Care Center** in Wauwatosa

Tuesday Nights at 7:00 pm
822 Glenview Ave
Wauwatosa, WI 53213

Enter in **BACK** of Daycare Building. Meeting is **Upstairs**.

SERVICE MANUAL STUDY

Meets 2nd Thursday each month at 6:00 p.m.

Milwaukee Central Office
7429 W Greenfield Ave
West Allis WI

Find out more about the AA Service Manual. Study group is open to any AA member whether currently active in AA service work, or not.

Contact: Nancy H at 414-801-5184 with questions.

Spanish Speaking Meetings: Meeting at English Speaking Clubs

- GRUPO 5 CONCEPTOS, Pass It On Club, 6229 W. Forest Home Av, Milw, on Saturday at 8:00 p.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Wauwatosa, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

2015 Weekend Retreats
Jesuit Retreat House,
4800 Fahrwald Rd. Oshkosh,
WI 54901, call 800-962-7330
jesuitretreathouse.org

Men and Women members of AA, AI-Anon
Total cost: 4 days \$360.00. Send a \$50.00 deposit with requests for specific dates to retreat house or call for information.

Men: December 3-6, 2015

Women: Nov. 12-15 & Nov. 19-22, 2015

Redemptorist Retreat Center, 1800
N Timber Trail Lane, Oconomowoc,
WI 53066, (262) 567-6900 Email:
rrc@redemptoristretreat.org Please
call 262-567-6900 for reservations.
November. 20 - 22, 2015 \$200.00

MILWAUKEE CENTRAL OFFICE

- **E-mail Director Dan F.** at: dan@aamilwaukee.com
- **Hours: M-F** 9 a.m. to 6 p.m. **Saturday** 9 a.m. to 5 p.m.
- **G.S.R. Orientation**, 2nd Tuesday 6:30 p.
- **Secretary Meeting**, 2nd Tuesday 7:00 p.
- **Board of Directors Meeting**, Wednesday following Secretaries Meeting, (odd numbered months) 6:30 p.
- **A. A. Meetings**, Mon - Fri at 12:15 p. and 4:00 p.
- **A. A. Meetings** Saturday 9:45 a., 10:30 a. and 3:00 p.
- www.aamilwaukee.com

And from a member “inside the walls”.....

The Gathering (edited)

I witnessed something so strong and powerful tonight that I just had to share it with anyone who will read this. What I saw was a spontaneous gathering of inmates in the Waukesha County Jail!

For those of you who are not experienced in these matters, let me just say that any “gathering” of inmates that isn’t structured or supervised is generally dubious in nature (lol).

I walked outside into the rec area, which is nothing more than a 20x40 space, four block walls with no roof, with fencing covering the top.

I was looking at 10-12 inmates gathered in a circle of chairs. I walked up and sat in an empty chair, mostly out of curiosity.

Rather than saying anything, which is usually my knee-jerk reaction, I listened. And what I heard next took me off guard.

The content of their discussion was about addiction, God, and AA!

This isn’t about me or my life’s story. It’s about the Power of God, the strength of the AA philosophy, and the Brotherhood of fellow addicts.

To understand why I was so surprised you will need a little of my history, and a some explanation of convict/jailhouse thinking.

It’s about a spontaneous moment that inspired me as I hope it will you.

In most jails there are usually many

programs and educational studies offered. Waukesha County Jail is probably on the higher end of the spectrum with a very active education department and staff. They offer all the normal education and an AODA (Alcohol and Other Drug Abuse) programs.

The religious volunteer base is very large and active here as well, with many Bible studies, letter writing groups, reintegration referrals and assistance curriculums. In other words, there are a lot of jail sponsored and structured programs here.

I am a six-time felon who has been to prison numerous times. My felonies and prison stays are a **direct** result of drug and alcohol addiction over the past 30 years.

By my experience and participation in the penal system, I believe I am somewhat qualified to explain what really goes on inside, that is, inside “jail,” inside “our heads,” and inside the “system”—what I consider the “norm” so to speak. I don’t want to share everything, just a few things that relate to this event. So don’t fret—no “Prison Break” episode here! (lol)

Inmates in the County Jail or prison most often are “required” or ordered to take AODA counseling and other appropriate programs based on their history and current infraction. Some embrace it and attempt to benefit from it. Most accept it because it facilitates a quicker release and/or a lighter sentence.

But if we are all being honest, our

(“Gathering” Continued on page 22)

“OPEN MEETING”

Sponsored by Group ID Number: 697839

Monday Night Women’s Big Book Meeting

invites you to join us for our 1st Ever Open Meeting

When: Monday, September 14, 2015

Time: 6:30 - Social time, 6:45 – 8:30 - Meeting

Where: Christ Church, 13460 N Port Washington Rd, Mequon, WI 53092

Greeters will direct you to the meeting room.

Speakers: Alanon: Tim T., AA: Chris B.

(both are from West Bend)

Speakers will share what it was like, how they discovered AA & Alanon & how the program has helped them.

Family & Friends Welcome!

Written for Us Newcomer’s Meeting

An Insight to ‘How it Works’

An Orientation for Newcomers!

when:

Saturday’s from **9:45 to 10:15am**

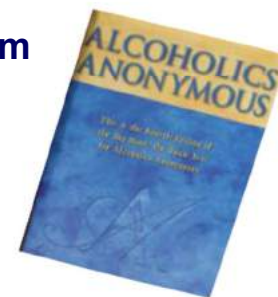
where:

Greater Milwaukee Central Office

7429 West Greenfield Avenue

West Allis, WI 53214

414.771.9119



Come JOIN US & learn more about Alcoholics Anonymous

**Greater Milwaukee Central Office AA
83 Meetings Contributed in July 2015**

Group Name	Group ID	\$ Amount
#010 Fri Gp	114446	\$36.00
#027 Gp	114301	\$5.00
#054 Humilitas	138055	\$20.00
#061 Twelve and Twelve	118495	\$5.00
#079 Gp	133431	\$5.00
#082 Elm Grove	139958	\$60.00
#232 Gp	126832	\$50.00
12 Step Couples in Recovery	MIL-FA	\$80.00
Anonymous		\$15.00
Back To Basics	149978	\$50.00
Belgium Twelve Steppers	686411	\$50.00
Big Book Study/Hales Corners	114219	\$123.00
Came To Believe	617129	\$60.00
Comin' Back	683006	\$60.00
Courage To Change	MIL-WD	\$60.00
Depends On You	690838	\$45.00
Early Bird Rogers Memorial	624742	\$19.80
East Troy Wed Night	122803	\$160.00
Elm Grove Living Sober	665770	\$246.50
Father Mac's Family Open Steps	123465	\$48.00
First Step	635840	\$60.00
Fri Night Pocket of Enthusiasm	707574	\$180.00
Fri Noon 12 & 12	MIL-FB	\$146.29
Fri pm Big Book Discussion	121646	\$12.00
Get A Life	MIL-WM	\$32.00
Good Hope Thr Night, Good Hope	143462	\$50.00
Grapevine Topic Fri 4:00 PM	MIL-FM	\$22.54
Grupo Five Conceptos	629697	\$30.00
Happy Hour Oconomowoc	160611	\$60.00
Hartford Big Book	171403	\$99.00
Hartford Wed Night Step/Topic,	140516	\$25.00
Hartford Women's Big Book	667036	\$50.00
Honesty Gp, Serenity Club	145607	\$10.00
Honesty Plus, Pass It On Club	638093	\$66.00
How It Works, St Luke's Church	145640	\$40.00
Into Action Sun Morning, Waukesha	616358	\$50.00
Keep It Simple	611725	\$60.00
Lake Area Thr 6:00 PM Women's	156651	\$50.00
Lake Country	117305	\$50.00
Lake Geneva Kitchen Table	125465	\$25.00
Living Sober Wed Night	673826	\$67.20
Mayflower, Salem Methodist Chur	161712	\$51.50
Milwaukee Estates AA Gp	715909	\$5.00
Mon Independence	MIL-MH	\$135.20

2015 East Central Regional Forum REGISTRATION FORM

Name _____

Street Address _____

City _____ State _____ Zip Code _____

Phone _____

Do you need a Spanish Language Interpreter?
 Have you ever attended a Regional Forum?

For ASL Interpretation please contact G.S.O.: regionalforums@aa.org
 and will only be used for this Regional Forum.

Mail to G.S.O to Arrive by: **October 14, 2015**

General Service Office, P.O. Box 459,
 Grand Central Station, NY, NY 10163
 Att: Regional Forums

**HOTEL RESERVATION INFORMATION
2015 East Central Regional Forum**

November 13 - 15, 2015

CROWNE PLAZA Milwaukee Airport Hotel
 6401 South 13th Street
 Milwaukee, WI 53221
 Phone: (877) 227-6963 or (414) 764-5300
 Rate cutoff date: October 14, 2015



Hotel Reservations at the Crowne Plaza Milwaukee Airport Hotel can be made by one of the following methods:

- By phone: (877) 227-6963 no later than October 14, 2015
- * ONLINE: www.aa.org (Click on "For A.A. Members")

Room rates:
 Single/Double: \$109 (plus taxes)
 * Additional person: \$20.00

For special room rate use Group Code: ECR

**2015
EAST CENTRAL
REGIONAL FORUM**

CROWNE PLAZA Milwaukee Airport Hotel
 16401 South 13th Street
 Milwaukee, WI 53221
 (414) 764-5300
 Group Code: ECR

November 13 - 15, 2015
 Friday: 7pm - 10pm Saturday: 9am - 9:45pm Sunday: 9am - 12pm

HOTEL can be made by:
RESERVATIONS PHONE (877) 227-6963 or (414) 764-5300
 before 10:00am Eastern Daylight Time
 ONLINE: www.aa.org (Click on: "For A.A. Members"
 Rate cutoff date: October 14, 2015 FOR SPECIAL ROOM RATE, use GROUP CODE ECR

**Tentative
SCHEDULE of Events**

FRIDAY	SATURDAY (Continued)
2:00 - close	2:30-3:15 pm
6:45-7:00 pm	Registration
7:00-8:30 pm	First Timer Orientation
8:30-8:45 pm	Welcome Remarks
8:45-9:15 pm	Break
9:15-10:00 pm	Video
	General Sharing
	Registration
	A.A. Grapevine
	9:00-10:00 am
	10:00-10:15 am
	Break
	10:15-11:00 am
	General Sharing
	11:00-12:00 pm
	Delegate Presentation
	12:00-1:30 pm
	Lunch
	1:30-2:30 pm
	Presentations
	SUNDAY
	9:00-10:00 am
	General Sharing
	10:00-10:30 am
	First Timer Sharing
	10:30-10:45 am
	Break
	10:45-11:30 am
	Past Trustees Sharing
	11:30-noon
	Closing Remarks

REGISTRATION Information
 Registration is FREE! You can register online at www.aa.org - go to INFORMATION ABOUT A.A. CLICK ON "For A.A. Members" select Regional and Local Forums. You do not have to register to attend but please register early to help us in our planning. All registration information is "Confidential" and will only be used for this Forum. All who register will receive a Final Report. You are on your own for meals.

Group Name	Group ID	\$ Amount
Mon Night Women's Waukesha	114085	\$31.88
New Beginnings Oconomowoc	617659	\$48.90
New Day Club Sun 8:00 AM	OZK-S3	\$105.00
New Faith	125785	\$30.00
Oak Creek Tue 10:00 AM Step	144522	\$60.00
Pewaukee Mon Night	114365	\$79.00
Positive Attitude	695371	\$129.00
Promises Gp 2:00 PM	641518	\$76.00
Reflections Gp	604530	\$80.00
Rule 62 Men's Gp	173372	\$45.00
Sat 3 p.m. Big Book Study	178043	\$10.00
Sat Morning / St Luke's	161562	\$60.00
Sat Morning Big Book	136286	\$50.00
Sat Morning Serenity Women's	657160	\$25.00
Seeds of Recovery/Steps	MIL-MM	\$26.50
Serenity Gp Hartland	WAK-00	\$262.80
Service Manual Study		\$11.00
Simple Morning Meeting	MIL-T3	\$27.00
Solutions Intergroup	652829	\$149.10
Sought Through Prayer/Meditation	715492	\$73.21
Sun Morning Wake Up	617656	\$62.95
Sun Night Men's Waukesha	129859	\$50.00
Sun Night Surrender Gp	145851	\$287.58
Sun Night Topic Gp 7:30 PM	138529	\$42.50
Thr Simply Sober	WAS-R1	\$48.00
Thr Success Step	MIL-RB	\$94.60
Traditions 101	MIL-TM	\$27.50
Trust Through Fellowship	WAK-R2	\$12.00
Tue am Big Book/12 & 12 Study	664234	\$25.00
Tue Reflections	MIL-TH	\$128.00
Twelve Promises Discussion	MIL-RM	\$20.00
Wanderer's Gp	140790	\$20.00
Waukesha #94 Gp	158137	\$60.00
Waukesha Sun Night, Ascension Church	164804	\$257.68
Wed Night Take a Step/Topic	114450	\$10.00
Wed Noon Lunch Bunch	690831	\$135.86
Women's Big Book-Step	163696	\$60.00
Women's Wed 5:30 PM	704135	\$25.00
Written For Us	MIL-A5	\$70.00
JULY MONTHLY TOTAL		\$5,391.09

**All the groups listed in your
When and Where should be contributing
regularly to the support of your Central
Office. We want to be here when you need
us. A big thank you to everyone for all you
do.**

("Gathering" Continued from page 17)

hearts aren't really into anything that we are being told we have to do. I guess we all get something out of these programs and courses. But in my opinion, it's nothing like what we get out of Faith and AA. There were no Bibles or "Big Books" (The Story of Alcoholics Anonymous) in that circle tonight, but yet I heard quotes from both texts—pretty much word for word quotes from Bible verses and the 12 steps.

The conversations were deep and revealing to say the least. Complete honesty was evident. Motivation was individual and from the heart. Looks of compassion, understanding, and acknowledgment were common place. Words of support, caring, and inspiration were abundant. No one was obligated to say anything—there were no requirements that are mandatory in many programs. There were no right or wrong answers or comments!! Nobody had to be "afraid!" We could say anything to our Brothers in that group. We knew they understood us because they had been down the same road.

Each of us told our stories, our feelings, our.....everything. It was a pouring out of everything in our hearts and minds relating to our drug and alcohol addictions.

We talked about our failures and our successes; our strengths and our weaknesses.

The most important and uplifting part of this "gathering" was that we all listened to one another with open minds and hearts! None of us felt judged, graded or looked down on.

Just the opposite happened! We fed

off each other's stories. We were inspired, uplifted, and even empowered by each other.

This was a spontaneous "gathering" of like people reaching out to each other. Bill W (the author of Alcoholics Anonymous: The Story of How Many Thousands of Men and Women Have Recovered from Alcoholism) would be proud (It only takes 2 to start a meeting). God's presence was felt and requested also, so I knew He was pleased.

I felt strong, inspired, and uplifted when we went our own ways back to our cells—much the same way I feel after an AA meeting or Bible study.

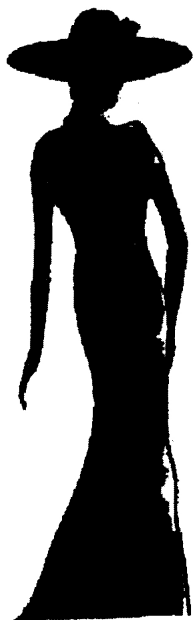
My message to everyone on the outside is to stay excited about going to your meetings. Be glad to see your Brothers and Sisters. Reach out to them when you need to, and be there for them when they need you.

Share and talk about your addictions and dependencies—you're not alone, and there is hope.

Sincerely,

"Doc" R.

Reprinted with permission "Doc" R.R.
August 2015



AA: Women to Women

This is a closed AA meeting

A day of sharing:

To foster the sharing of ideas, feelings & issues
To create a safe atmosphere that nurtures honesty & becoming
To explore the positive energy among AA women

9:00-9:30	Registration/Coffee
9:30-9:45	Opening/Announcements
9:45-10:30	Nothing, No How, No Way
10:30-10:45	Break
10:45-11:30	Shame, Am I Really to Blame?
11:30-11:45	Break
11:45-12:30	Confusing Lust for Love
12:30-1:30	Lunch
1:30-2:15	Self Love and Compassion
2:15-2:30	Closing/Countdown

Registration Form

No Walk-ins

Registration REQUIRED
Limited Seating Available

NOTE: If you register but are unable to attend, please let us know. Space is limited and we have to turn women away when the room reaches capacity.

Saturday October 24, 2015
9:00am—2:30pm

The Pass It On Club
6229 W. Forest Home Ave.
Milwaukee, WI 53220
414-541-6923

For more information contact:
Joy S. 262-215-7513
Karelyn P. 414-975-6701

Deadline: October 16th
Registration: \$10.00 (in advance)

Please use a separate form for each person
Includes: Lunch buffet, Coffee, Doughnuts

Please print:

Name: _____

Address: _____

City, State, Zip: _____

Email: _____

Phone: _____

It is okay to leave a message at this number

Make checks payable to: Women to Women
Mail to: Women to Women c/o Joy Steinbicer
3251 S. 54th St. Milwaukee, WI 53219

Tri-District Round-up Celebrating 80 years of AA

September 20, 2015
12:30 – 4pm (doors open at 12:15pm)



Holy Assumption School
7109 West Orchard Street, West Allis

Featuring:

- AA Archives
- AA Movies
- Oldtimer and Newtimer Panels
- Lunch provided free of charge

Brought to you by districts 14, 16, and 27

Open Meeting

CAN YOU BELIEVE IT???
Group #15 is going to be 48 Years Old!!!

**We hope you'll join us because we couldn't
have done it without you.**

**When: Thursday September 17th.
Time: 7:00pm.**

**Where: Lutheran Church of the Great
Spirit
3127 So. Howell Ave.**

**AA Speaker: LEE M.
Al-Anon Speaker: SHERI G.**

**As usual we will have the Best Cake in
town, food, fun and fellowship.**