

"BETWEEN-US"

VOL. 23 ISSUE 10

OCTOBER 2015

August 2015 Profit and Loss

August 2015

August 2015	
Ordinary Income/Expense	
Income	
4000 · Literature Sales	11,086.63
4050 · Between us	117.25
4070 · Contributions	6,039.27
4100 · Memorials	50.00
4130 · Personal Contributions	201.00
4150 · Coffee/Soda/Candy	302.74
4170 · Interest Income	1.88
48900 · Shipping and Delivery	44.72
	17,843.49

Cost of Goods Sold	
5000 · Literature	6,329.22

Expenses	
51100 · Freight and Shipping Costs	537.27
6045 · Coffee/Soda/Candy Expense	71.26
6050 · Credit card fees	169.64
6260 · Shipping and freight	9.69
6500 · Office	2,864.12
6600 · Payroll	10522.51
6800 · Printing	380.00
	14,554.49

Net Income **-3,040.22**

Bank Balances -
 Regular Checking: \$2,926.78
 Savings Account: \$44,576.77
 CD, Prudent Reserve: \$84,420.81

Total Income	17,843.49
Minus Total COGS	6,329.22
Minus Total Expenses	14,554.49
Equals Net Income	-3,040.22

Working the Steps in a Group

I BELONG TO an AA group that meets on Tuesday evenings at eight o'clock. The members are primarily from Chicago's western suburbs; several are from other areas. We meet in members' homes and discuss a Step each week.

We begin with Step One, go right through to Twelve, and then start at the First Step again. If a new person comes to the group and it's his first meeting and we're on Step Seven, for example, we don't go back to Step One. If the Twelfth Step call has been made properly, we figure, the First Step has been explained to the new person before he comes to the meeting. Otherwise, there might be so many meetings on Step One that the entire group would fail to move along as it needs to. *Every* member in the group helps the newcomer feel welcome and spends some time talking with him or her after the meeting.

Everybody in the group is working the Steps. If a new person comes

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Humbly Asked Him

In taking Step Seven do we leave it all to a Higher Power?

"I AM the same person I was when I came into AA." This statement, made recently at a meeting by a member with over three years' sobriety, yielded a vigorous and quite unexpected reaction. "Whadya mean, you're the same person?" most of the comments went. "You couldn't possibly be the same person if you've been working the program, and besides, you wouldn't stay sober very long."

After things quieted down a bit, the bombshell thrower had a chance to explain what he meant. Sure, he could measure some growth, and he had learned to recognize and correct dangerous thinking. But he was basically still the *same person*. No startling personality changes had taken place, and he was still conscious of the same old shortcomings. He was able to stay sober because of a change in attitudes plus constant activity in AA.

There is some evidence from this and other experiences, that our shortcomings are never removed completely or permanently. Does this mean that Step Seven (*Humbly asked Him to remove our shortcomings*) doesn't work? Certainly not, but if we stay sober a day at a time,

("Humbly" Continued on page 8)



Meeting Space Available

- **Aurora West Allis Medical Center**, 8901 W Lincoln Ave, West Allis. Meeting space available. Contact Terese @414-328-7521 or email: terese.beauchamp@aurora.org
- **Mount Olive Missionary Baptist Church**, 5277 N. 36th St., Milwaukee, WI 53209, Contact Rev. John Patterson, Phone: 414-461-7755, Email: mt.olivembc@wi.rr.com
- **Galano Club-LGBT Friendly** at 7210 W Greenfield Ave. West Allis, has meeting space available for recovery groups. Plenty of free parking. Contact Deb S. at 414-759-7149 or Email: galanoclub@gmail.com

Secretary Meeting, September 8, 2015

Groups represented: 7, 48, 100, 153, 200, 201, A Vision For You Big Book Study, Another Chance Tuesday, Brown Deer Monday, Common Solution, Depends On You, Friday Big Book Discussion, Honest and Able, HOW It Works B/B 12x12 Disc., New Berlin Big Book Tuesday, North Shore Big Book Saturday, Oak Creek Friday Night, Participation Gp, Real Needs Real Help, Saturday Morning Women's Freedom, Saturday Night 1st Edition Big Book, Sunday Night Surrender, Sussex Friday Night Action, Three Legacies, Tuesday a.m. Big Book, Tuesday Reflections, Turning Point Sunday Night, Wanderer's, WELL Big Book, When All Else Fails, Women's Recovery Group. I'm sorry if I have missed anyone that was in attendance.

Kathy S opened the meeting at 7pm

Bank balances on page 2, to the left of this page.

New secretaries introduced themselves.

All meetings listed in our meeting directories should be contributing regularly to the AA Service Entities; Milwaukee Central Office 50%, GSO in New York 30% and Area 75 Committee 10% and to your Districts 10%.

Renew Between-Us subscriptions now. \$9 yr. for 3 copies/mo. or \$18 yr. for 6 copies/mo. **NEW**

subscriptions welcome.

BIRTHDAY CLUB! We celebrate birthdays, and we'd like to help you celebrate yours! Send us a donation of \$1 for each year - or a gift of your choosing - and we'll send you a copy of that month's Between-Us, and we'll print your birthday. Include your Home Group, and we'll print that too! Just fill in the form found on page 6 of this newsletter.

Regional Forum November 13-15, 2015 at Crown Plaza Airport.

Guest Speaker: Wendy B. Area Special Needs Chairperson.

Volunteers are needed for the helpline, some overnight and some Saturdays (9-1 or 1-5). You need to have at least 1 year of sobriety, a Home Group and Sponsor. Call Kathy.

The meeting closed with the Lord's Prayer at 8 p.m. Next meeting is Tuesday October 13, 2015 at 7 pm. Guest will be Nancy h. Area Conference Advisory Committee.

AREA 75/Central Office EVENTS CALENDAR

1. Go to Area 75 website at: area75.org, 2. Look for the Area 75 Events Calendar on the right side of the page. 3. Events listed are color coded according to the area office that listed them. 4. Click on the small down arrow at the top right hand corner of the Events listing for the color "key" to the area's events. 5. Click on the small down arrow in the middle (next to the date) to view a specific date or just use the scroll button to move up and down through the days listed.

ASL Interpreter

**Available:
Meeting for
Deaf and Hearing
Impaired.**
Tuesday 6:30
P.M., Emmanuel
Lutheran Deaf
Church, 2306 S
98th St. West
Allis WI 53227

ORIENTATION for GSR'S

Second Tuesday of each month, 6:30 p.m. prior to the secretary's meeting, at the Milwaukee Central Office.

DISTRICT MEETINGS

DISTRICT INFO ON THE WEB:

<http://www.area75.org/district.html>

1. JACKSON, LaCROSSE, MONROE, VERNON, & TREMPLEAU; 2 & 18 GREEN LAKE & MARQUETTE CNTY'S & PART OF WAUSHARA; 8 & 30 ROCK; 9. CRAWFORD, GRANT, IOWA and LAFAYETTE; 19 & 37. RICHLAND & SAUK; 20, 21 & 26 DANE; 31. COLUMBIA CNTY; 35. GREEN; 37. JUNEAU CNTY'S

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

4. MILWAUKEE CNTY (1 of 9) 2nd Thr. of month, 6:00 p., Shul-East, 3030 E Kenwood Blvd, Milw 53222

6. WALWORTH CNTY 2nd Tue. 7:30 p. Feb. Apr. June. Aug. Oct. and Dec. only, Walworth Alano Club, 611 E. Walworth St., Delavan

7. KENOSHA CNTY 3rd Sun. of month, 4:00 p., Kenosha Alano Club, 630 56th St.

10. Spanish District, at large. Contact Ernesto N. at 414 645-8591. Meets every Tue. at 5:00 p., 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,

12. WASHINGTON CNTY 1st Wed. of month, 6:00 p., Jansen Family Park, Schuster Dr. West Bend

13. WAUKESHA CNTY (1 of 3) 1st Sun. of month, 1:00 p., St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY (1 of 9) 4th Wed. of month, 7:00 p., Milwaukee Central Office 7429 W Greenfield Ave., P.O. Box 13011, Wauwatosa WI 53226

15. MILWAUKEE CNTY (1 of 9) Is not an active district. No District Meeting.

16. MILWAUKEE CNTY (1 of 9) 1st Wed. of month, 7:00 p, Faith United Methodist Church, 400 S. 91st St.,

17. RACINE CNTY (1 of 2) 3rd Sun. of month, 1:00 p, Grove Club, 1037 Grove Ave., Racine

22. MILWAUKEE CNTY (1 of 9) 2nd Thr of month, 6:00 p, Shul-East, 3030 E Kenwood Blvd, Milw 53222.

23. DODGE CNTY 1st Wed of month at 7:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY 3rd Tue. of month, 6:30 p., Peltz Center for Jewish Life, 2233 W Mequon Rd. Mequon

25. FOND du LAC CNTY 2nd Tue. of month, 6:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac

27. MILWAUKEE CNTY (1 of 9) 3rd Sat. of month, 9:00 a.m. 12 Step Club, 4102 W. Townsend

28. MILWAUKEE CNTY (1 of 9) 3rd Mon. of month, 7:00 p, Bay View United Methodist 2772 S Kinnickinnic Ave. Bay View, WI 53207

29. MILWAUKEE CNTY (1 of 9) 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. WAUKESHA CNTY (1 of 3) 4th Tuesday of month, 6:30 p, Bethlehem Evangelical Lutheran Church, 470 Oak Crest Dr., Wales WI.

34. WAUKESHA CNTY (1 of 3) 1st Tue. of month, 6:30 p, Northwest Alano Club, N88W17658 Christman Rd., Menomonee Falls

36. RACINE/KENOSHA (1 of 2) 2nd Tues. month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington

SEND ADDITIONS AND CORRECTIONS TO:
7429 W. Greenfield Ave, West Allis, WI 53214,
dan@aamilwaukee.com

A Buck In The Basket... Really? Maybe it's time for a raise!



"Every AA group ought to be fully self-supporting, declining outside contributions."

Tradition Seven, Twelve Steps and Twelve Traditions,
Reprinted with permission AA World Services, Inc.



CORRECTIONAL INSTITUTIONS

TAYCHEEDAH CORRECTIONAL,
Meetings are held every Tuesday, 5:45 -7:30 p.m., Gloria K. (920) 921-2395

FEDERAL CORRECTIONAL INSTITUTION,
P.O. Box 1085 Oxford, No Meeting!

FEDERAL CORRECTIONAL Satellite Camp, New Path Group, P. O. Box 1085 Oxford, WI. Meetings Wed. at 1:30 p.m.

OAK HILL AA GROUP, OAK HILL WCI
5212 Hwy M, P.O. Box 140 Oregon, WI 53575 Meetings Wednesday at 7:00 p.m. and Sunday at 6:30 p.m. Contact: Rick B. (608) 235-5154

THOMPSON FARM, RT. 2 DEERFIELD, WI., Closed meeting Tuesday at 8:00 p.m. Contact: Tom Dickert, (608)764-5755

ROBERT ELLSWORTH CORRECTIONAL,
21425A Spring St., Union Grove, 53182 Call for AA Meeting times: Contact Jennifer H. 262) 237-1294 or Cheryl P. (262) 914-3970.

KETTLE MORAIN CORR., Box 31, W9071 Forrest Dr., Plymouth, AA Thr. at 6:00 p.m. Contact Mike L (920) 898-4782.

WAUPUN CORRECTIONAL INSTITUTION
AA Meeting Sat. , 8:00a.m.-9:30 a.m. Dale C. 920-387-4229 after 5 p. clearance.

MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI.

AA Women's Saturday 10:00 a.m. Kristin L. 414-731-8572 or **AA Men's** on Sunday at 7:00 p.m. Dennis D. 414-372-8324

MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI. Clearance needed at both facilities. **AA Women's** Sat. at 5:00 p.m. Felisa C. (414) 672-6724. **AA Men's** Thr. at 7:00 p.m. John A. at (414) 915-9512

MILWAUKEE SECURE DETENTION CENTER, 1015 N. 10th St. Milw. Sunday Nights from 6:30 p. to 7:30 p., Men & Women, Call Dave C. 414-xxx-xxxx for information

Milw Women's Correctional Ctr. 615 W Keefe Ave. Milw. Contact: Karelyn P 414-975-6701. Meetings on Monday & Friday.

FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933 Closed meetings Tue. & Fri. from 6:00 -8:00 p.m.

JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI, Mtng. held on Mon. at 7:00 p.m., Contact: Scott N. 920-397-0170

RACINE CORRECTIONAL INSTITUTION for MEN Mtngs: Sun. 8:30 AM, Dane Rx Unit; Wed. 7:00 p. and two meetings on Thursday at 7:00 p. English and Spanish. Call Paul H. (262) 537-2884

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: Meets at 6:30 p. on the 3rd Wednesday of every other odd month at Faith United Methodist Church, 400 S. 91st St (91st & Adler). All Milwaukee County Corrections donations should be sent to: **MCCC, PO Box 270544, Milwaukee WI 53227-0544.** Call coordinator: Kris WL at 414—731-8572, with questions. Treasurer Bill E. at 414-852-3815. Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

Area 75, So. WI, Calendar of Events 2015

Madison Senior Center (MSC), 330 W. Mifflin St., Madison, WI, except where otherwise noted.

2015:

- Oct. 18, Fall Service Assembly

- **Milwaukee Central Office:** 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com
- **Area 75 Treasurer:** PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- **General Service Office:** G.S.O, P O Box 459, Grand Central Station, New York, N.Y. 10163
- **Area 75 Corrections, Bridging the Gap and Treatment write to:** PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217

JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a donation of \$1 for each year - or a gift of your choosing - and we'll send you a copy of that month's Between-Us, and we'll print your birthday. Include your Home Group, and we'll print that too!

All request must be by the 12th of the previous month. Late arrivals will appear the following month.

Just fill in the form below and mail, with your donation, to:

Payable to: "Greater Milwaukee Central Office"

Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



\$ _____ enclosed.

I will have _____ years on _____ / _____ / _____ .

Name _____

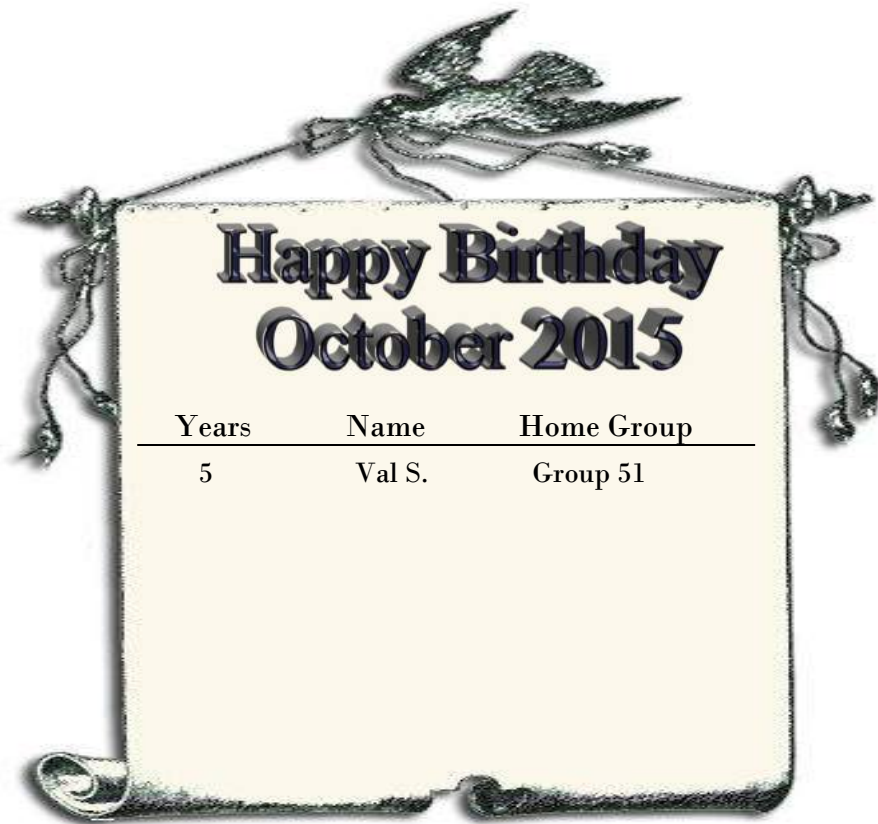
Address _____

City _____ State _____ Zip _____

Phone: () _____ - _____

Email: _____

Home Group: _____



AA Groups Need Your Support

- **Jim's Sun Night 1st Step**, Roger's Hospital, 11101 W Lincoln Ave West Allis Sun at 6pm
- **Women's 12 x 12 Gp**, Mondays at 6:00 p. Grace Bible Church, 2643 S 117th St West Allis WI 53227
- **Cedarburg Gp. Tuesdays** at 7:00 p.m. Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012
- **Women's Recovery, Wednesday 7pm**. St Francis Hospital 8th Floor, 3237 S 16th St. Milwaukee
- **New Hope Brookfield, Wednesdays at 8:00 p.m.** Trinity UCC, 4435 N Calhoun Rd Brookfield 53005
- **Thursday at 12:15 pm. and Wednesday 5:30 pm. Topic at** St. John's Cathedral Complex, 831 N. Van Buren St. Milwaukee 53202
- **All Welcome Gp, Mondays & Thursday at 1:30 p.** Bethesda Community Center, 2845 W Fond du Lac Ave, Milwaukee WI 53210
- **First Things First, Friday at 7:00 pm.** St Margaret Mary, 3930 N 92nd St. Milw 53222
- **Friday Big Book Discussion, 9:30 p.m.** Martin Luther Church 9235 W Bluemound Rd. Milw. 53226
- **Friday Night Candlelight, 8:00 pm.** St Anskar Episcopal, N48W31340 Hill Rd Hartland WI (Hwy's 16 & 83)

(“Humbly” Continued from page 1)

can we expect the Steps to work for more than a day at a time? I believe it sufficient to ask Him to remove our shortcomings *for today*, and what's more, fully expect that He will. But we may also expect to be handicapped by these same shortcomings another day, at which time the Step may be renewed.

Another fairly common observation in AA is that we have a tendency to rely too heavily, and perhaps blame everything, on God's will. There are the if-you-want-potatoes-grab-a-hoe philosophers, who maintain that if things go badly, there is a tendency to say, "Oh, well, it's God's will," and do nothing about it. Likewise, they say, if we ask God to remove our shortcomings and just sit back, nothing will happen.

I believe there is much validity in this approach, and I do not see in it a denial of Step Seven. We have already established a reliance on a Higher Power in Steps Two and Three, and Step Seven is merely a further expression of our faith. But the words are not enough--the intent must also be there. We are willing to do something about our shortcomings, but we cannot do it alone, and we humbly ask Him for help.

What about the agnostics? Is this Step

out for them? I don't think so. If you have trouble with "God," try adding an "o." I believe it is possible, and even desirable, to rely on the good in other people as a Higher Power. Certainly the spirit of love which pervades the Fellowship is sufficient to help me remove my shortcomings for today, and I am a Christian.

Finally, I do not see any "spiritual side" to this program. The whole thing is spiritual--the Steps, the Traditions, the meetings, the Twelfth Step calls, the literature--everything. There need not be a search for spirituality only in the Steps including the word "God." If a member enters into the Fellowship whole-heartedly, he is apt to find that the familiar shortcomings aren't popping up quite as often, even though he may not be conscious of having asked God to remove them recently. In *my* book, this is Step Seven at work.

J. S. C.
New Hartford, New York

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GRATITUDE BOXES will be distributed to all groups in the area starting the middle to end of October. The groups meeting in club houses will be delivered to the club. Look for your groups box, there. All others will be sent to the Group Secretary address or to the address of the meeting place. Please watch your mailboxes. When they arrive please make sure to **pass them at every meeting in November and December**. This money come directly to the Central Office, for support of the office. The money collected is a huge and important part of our annual budget. We want to always be here for the still suffering alcoholic. We need everyone's support.

In Memoriam.....J. Michael Krause, Born to eternal life on Sunday, August 30, 2015, age 69 years. Mike had 12,436 days of sobriety. He was quite an inspiration. We should all be so fortunate! Mike helped many people throughout his life and we know he will be deeply missed.

“To me, the most important line in our Big Book is “We absolutely insist on enjoying life.” Isn’t that truly what sobriety is all about, and Mike embodied this with his lighthearted and fun approach to life, despite all his physical limitations. I loved that he took himself so lightly, and fondly think of many of his witticisms: “Hostility hour begins at 7”, “God has given me new people to offend.” “All the old-timers like Mac and Moose and Casey, and those were just the women....” The rooms upstairs have gained a bright new spirit--let us carry on with the love and laughter and gratitude Mike would surely want us too.”
- Tim C.

Allen E. Schatz, passed away August 27, 2015 at the age of 58.

“A couple of weeks ago, I lost one of my dearest friends in the world, and my sponsee, Allen S.. Allen left our world too soon for my liking; he was only 58, but by the grace of God left sober.

After initial years of struggle, coming in and out of the program, Allen, was sober continuously for more than seven years when he passed.

Allen had a way of helping others without drawing attention to himself. Allen had many, many personal disappointments over the years; damaged relationships from his drinking days that he wasn't able to fully mend, the loss of his professional career, financial hardship, health problems. Rather than wallow in self pity when sharing his experiences with others, Allen would instead use them as inspiration; he was one of the pluckiest people I've ever known. Without saying it explicitly, Allen would demonstrate, in his kind acts toward others, in his humor, in his resilience, in his graceful acceptance of life on life's terms, that one could truly be happy no matter what the circumstances.

Allen showed us all that disappointment in life is inevitable, but discouragement is strictly optional, and Allen opted out day by day. I can't tell you the number of times I talked with him, thinking I would need to shore up his spirits or cheer him up about something that would have really upset me, if it were me and not him; instead, he would shortly have me laughing out loud.

Allen would give freely of his time and attention to anyone in need, especially newcomers. Patiently offering kindness and attention to anyone who needed it, Allen was truly a blessing to us all.” - Chris M.

David M. Patton, of Hubertus, Born April 29, 1948 passed away Thursday, September 10, 2015 at the age of 67. Dave was a “Friend of Bill” with 25 years of sobriety. He will be missed around the tables, especially by his many friends. Rest in peace, Dave.

(“Group” Continued from page 1)

into the group and attends regularly, he starts working them, too. He doesn't know any differently. He very quickly figures out that “How It Works” means that *this* is how it works.

Doesn't it get repetitious with the same people talking about the same Steps month after month and year after year? Well, it probably would if we worked each Step only once. However, every member in the group is working *and* reworking all the Steps. As a result, we speak from fresh experiences each time we go through them. We don't talk about the Fourth Steps we wrote years ago. We discuss inventories written recently and Fifth Steps we took not long ago. The same holds true for every Step.

This creates an atmosphere that stimulates each of us to continue work in the program. The group is far more than a place to go and ventilate our feelings merely to find symptom relief. In our experience, conditions such as depression, anxiety, fear, boredom, hostility, and apathy are just symptoms, and they will disappear through persistent work with all the Steps. The answer, then, is not to concern ourselves with the symptoms, but to work and rework the Steps so that they may remove the causes. Then the depression, fear, boredom, or other symptom will disappear, too. We've seen this happen consistently.

Some members who join our group suffer from this condition. They have had substantial amounts of sobriety and have tried various therapies and brands of counseling, because they felt they “needed something more than just AA.” In every instance, it turns out that they have not done enough continuing work with the Steps. Without fail, when these men and women begin to work and rework every one of the Steps, their symptoms gradually vanish.

Very possibly, the Twelve Steps may be

the most commonly overlooked and underrated long-term therapy there is for the alcoholic. Therapies of all kinds appear and promise magnificent benefits for the client. Gradually, each sinks into richly deserved obscurity, only to be replaced by something new. Unfortunately, AAs often get siphoned into such an “expanded approach,” because they're hurting and don't understand that their hurt is the inevitable result of insufficient work with the AA program. Our home group has found that this program works effectively at any stage of sobriety for any AA who is willing to keep using it. It generates a vitality for change that is translated into increasing health and freedom.

The February 1975 issue of *Psychology Today* included twelve classified advertisements for Primal Therapy, under the heading of “Growth Centers.” A few years ago, all of those listings would have been for Transactional Analysis. Five years from now, it will be something else. All of these fads flourish for a while and then fade into oblivion.

It seems to me that AA members often wind up in these various therapies because of inadequate sponsorship. Sponsorship in our group is strong. We try to be honest and open, and we don't waste each other's time pretending to be counselors or therapists. We simply try to share our actual experience in working the AA program.

Such experience--generally recent--has shown us again and again that outward problems in our lives are produced by conditions within ourselves. Persistent use of the Steps removes the inward conditions that cause the problems. As we experience changes in ourselves, we live our way into a new understanding, and we gradually stop creating difficulties in our lives. We find answers and solutions that we could never see before, and they all come from the program. It's

(“Working” Continued on page 11)

("Working" Continued from page 10)

so simple that it's sometimes tough to believe!

In the past several years, three other groups have branched off from our Tuesday-night group. These, too, are Step groups. A number of AAs with eight, ten, and more years of sobriety have joined our group because they heard about it from other members, who described the help found in our meetings and work with the Steps.

It is a working group. We get our directions from the Big Book and the "Twelve and Twelve." They are used as springboards for continuing work, not simply for talk about what we did with a Step years ago. This continued action in the program is the key to the healing vitality the group provides for each of us.

The meeting begins with a quiet time, and then someone reads "How It Works." The host or hostess generally leads off with some remarks from personal experience about the Step under discussion and then asks for comments from each person present. Each talks about AA and the Step under discussion, rather than offering erudite philosophy or amateur psychology. No one talks about peer-group pressure, treatment modalities, attitudinal ambivalences, multidisciplinary approaches, or therapeutic milieus. Each member tries to honestly share his experience with that particular Step: what he has done with it, what he is doing with it, and what it has done and is doing for him.

Usually, we have between twelve and fifteen at a meeting; sometimes, as many as twenty. The meetings begin at eight o'clock and generally end by nine. We've found that if we try to avoid talking beyond our experiences, we can thoroughly discuss a Step in a surprisingly brief time.

Members in our group range in sobriety from a few months to many years. All of us go to the meetings because we need what the group gives us: a regular reminder of where our help lies, along with steady encouragement to keep doing the work. There's a quiet enthusiasm in our members. We know what's made the changes in our lives, and we're equipped to talk about it from the standpoint of fresh, growing experience.

And that's the message. Regardless of where we are in sobriety, you and I have a specific method of dealing with what happens to us each day--by simply renewing our work in the program. Unless I do this kind of continuing work, I'll never know what the AA message really is or how to help another person experience it. One basic measurement of my progress in AA starts with what I'm doing in my home group. Our group helps me remember the transforming power of the program, summed up on page 562 in the Big Book: "I get everything I need in Alcoholics Anonymous--everything I need I get--and when I get what I need I invariably find that it was just *what I wanted all the time.*"

Paul M., Riverside, Illinois

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March 1976, Vol. 32, No. 10

MEETING ROOMS

NEW DAY CLUB
11936 N. Port Washington
Mequon, (262) 241-4673
<http://www.newdayclub.org>

A.A. MEETING SCHEDULE

Sun.	8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic
Mon.	12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 7:00 p. Men's Gp 8:15 p. Men's Gp
Tue.	10:00 a. Topic 5:30 p. Big Book 7:00 p. Beginners Gp 8:00 p. Big Book Gp
Wed.	10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline
Thur.	10:00 a. Topic Meeting 1:00 p. Women's Gp 5:30 p. Topic Mtng.
Fri.	10:00 a. Topic Meeting 5:30 p. Step/Tradition 8:00 p.
Sat.	10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People

8:00 p. Open Meeting (held on 3rd Saturday of month only)

AL-ANON MEETINGS

Monday	6:30 p. Al-Anon
Tuesday	1:00 p. Al-Anon/ACOA
Thursday	7:00 p. Al-Anon

Contact club for info on other fellowships.

PASS IT ON CLUB
6229 W. Forest Home Ave
Milwaukee WI (414) 541-6923
passitonclub.com

A.A. MEETING SCHEDULE

Sun.	8:00 a. Sun. Wake Up 9:30 a. Reliance Open Disc. 11:00 a. Today's choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers
Mon.	7:30 a. Jump Start 10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Mon. Freedom 7:00 p. Open Introductory AA 7:30 a. Comin' Back Gp
Tue.	10:30 a. Keep It Simple 4:00 p. Drop the Rock 6:00 p. Women's Step 7:30 p. Three Legacies 7:30 p. Double Trouble DD/O
Wed.	7:30 a. Big Book Study 10:30 a. Pass It On 4:00 p. Happy Hr Promises 5:30 p. Courage to Change 7:00 p. We Us & Ours
Thur.	7:30 a. Welcome Back Gp 10:30 a. Made Decision 5:15 p. As Bill Sees It 6:00 p. How It Works Disc. 7:00 p. Gateway Topic Gp
Fri.	7:30 a. Honesty Gp. 10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff 6:30 p. Thoughts 4 Today 8:00 p. Broken Arrow
Sat.	8:30 a. Early Bird 10:30 a. Happy Joyous Free 3:00 p. Twelve Promises 3:00 p. How It Works Big Book 8:00 p. Spanish Speaking 8:00 p. Back to Basics 12x12

AL-ANON MEETINGS

Sun.	11:00 a. (Alateen)
Wed.	7:00 p. Fri. 7:30 p.
Thur.	7:00 p. Sat. 10:30 a.

LAKE AREA CLUB
N60 W 35878 Lake Dr
Oconomowoc, WI
(262) 567-9912
www.lakeareaclub.com

A.A. MEETING SCHEDULE

Sun.	8:00 a. 11:00 a. 6:00 p. Big Book 8:00 p.
Mon.	9:00 a. Positive Attitude 6:30 p. 8:00 p. Step/Tradition Stdy
Tue.	1:00 p. 4:00 p. 6:00 p. Back To Basics
Wed.	8:00 a. 10:00 a. Back To Basics 6:00 p. 8:00 p.
Thur.	10:00 a. 4:00 p. 6:00 p. Women's Group 8:00 p.
Fri.	12:30 p. 4:00 p. 6:00 p. Non-smoking 7:00 p. Big Book 8:00 p.
Sat.	8:30 a. 10:00 a. Big Book

AL-ANON MEETINGS

Mon.	7:00 p. Al-Anon
Tue.	9:00 a. Al-Anon
Wed.	7:00 p. Al-Anon

OPEN SPEAKER MEETING

Sat. 7:00 p. 2nd & 4th Saturdays
(AA and/or Al-Anon Speakers)

WAUKESHA ALANO CLUB
318 W. Broadway
Waukesha, WI
(262) 549-6541

A.A. MEETING SCHEDULE

Sun.	9:30 a. Sun Morn Sunlite 11:00 a. Sun Go-To-Mtng (Open speaker 2nd Sunday & Breakfast) 7:00 p. (Open Step Gp)
Mon.	12:00 Noon 6:00 p. Beginners AA 7:00 p. (12 & 12)
Tue.	12:00 Noon
Wed.	12:00 Noon 5:30 p. Topic Gp
Thur.	12:00 Noon 8:00 p.
Fri.	12:00 Noon T.G.I.F. Gp
Sat.	10:00 a. Gp 124 7:00 p. Closed Meeting

OPEN MEETINGS, DANCES & EVENTS
Call for information.

UNITY CLUB
1715 Creek Rd
West Bend, (262) 338-3500
unityclub1715@att.net

AA MEETING SCHEDULE

Sun.	10:30 a. ** Gratitude Gp. 8:00 p. Candlelight Gp.
Mon.	10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's
Tue.	10:00 a. Tuesday A.M. 7:30 p. Beginner's 8:00 p. Step Gp
Wed.	10:00 a. Promises 1:00 p. Steps/Promises 8:15 p. Step Gp
Thur.	10:00 a. Big Book 7:00 p. EZ Dozen 12x12
Fri.	10:00 a. Step/Topic Gp 8:00 p. * Step Gp.
Sat.	10:00 a. Here & Now 7:00 p. Big Book

AL-ANON & ALATEEN MTNGS

Saturday	9:00 a. Al-Anon
Thursday	7:15 p. Al-Anon

* Open Mtng. Last Friday of month
** Open Mtng. 3rd Sunday of month (a.m.)

NORTHWEST ALANO CLUB*
N88 W17658 Christman Rd
Menomonee Falls WI
53051 (No Phone)

A.A. MEETING SCHEDULE

Sun.	7:30 p.
Mon.	7:00 p. Just Do It Gp 8:00 p. Action Gp
Tue.	10:00 a. Step 8:00 p. Topic
Wed.	8:00 p. Step/Topic
Thur.	10:00 a. Step 6:00 p. Women's
Fri.	8:00 p. Step/Topic
Sat.	10:00 a. Step 7:00 p. Simply Sober Gp

AL-ANON MEETINGS

Wed.	8:00 p. Al-Anon
Fri.	8:00 p. Al-Anon

*This Club is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.

MEETING ROOMS

WALWORTH COUNTY ALANO CLUB
611 Walworth St.
(Hwy. 50 & 11)
Delavan, WI 53115,
(262) 740-1888

Sunday AA
12:00 a. Primitive Group
12:00 Noon Open Speakers
6:30 p. Delavan Discussion

Monday AA
7:30 a. Delavan Sunny Side Up
12:00 Noon Delavan Step Meeting
6:30 p. Former Miss Americas (Women's Step Group)
6:30 p. Delavan Men's Meeting

Tuesday AA
7:30 a. Delavan Sunrise Tue
12:00 Noon Delavan Noon Gp.
6:30 p. Delavan 12 Step Topic

Wednesday AA
7:30 a. Delavan Sunrise Wed.
12:00 Noon As Bill Sees It Gp.
6:30 p. Delavan IT Meeting

Thursday AA
7:30 a. Delavan Sunrise Thr.
12:00 Noon Delavan Noon Gp.
5:30 p. Step Sisters Women
6:30 p. Delavan Big Book Gp.

Friday AA
7:30 a. Delavan Sunrise Fri.
12:00 Noon Big Book Study
6:30 p. Delavan Discussion

Saturday AA
12:00 Noon Delavan Noon Gp.
6:30 p. Delavan Beginners Gp.

24 HOUR CLUB
153 Green Bay Rd.
Thiensville, WI
(262) 242-9999

A.A. MEETING SCHEDULE

Sun. 8:00 a. Topic
10:00 a. Step/Topic
5:00 p. Step

Mon. 6:30 a. Topic
10:00 a. Topic
12:00 p. Women's
8:00 p. Men's

Tue. 6:30 a. Topic
10:00 a. Step/Topic
5:30 p. Big Book

Wed. 6:30 a. Topic
10:00 a. Big Book
5:15 p. Women's

Thr. 6:30 a. Topic
10:00 a. Topic
5:30 p. Step/Topic/Trad
8:00 p. Men's 12 & 12

Fri. 6:30 a. Topic
10:00 a. Step/12 & 12
5:30 p. Principles
8:00 p. Step

Sat. 6:30 a. Topic
8:30 a. Eye Opener
10:00 a. Big Book

8:00 p. Open Speaker Mtng.
(1st Saturday Only)

ALANO CLUB 1521 N. Prospect
Ave., Milwaukee, WI, (414)
278-9102
<http://www.alanofoundation.com>

A.A. MEETING SCHEDULE

Sun. 10:00 a. Gp 17 Step
4:30 p. Step Gp
7:30 p. Gp 19 Step
10:00 p. Topic Gp

Mon. 7:00 a. Early Morning
10:30 a. Gp 72 Topic
12:15 p. Big Book Meeting
6:30 p. Gp 40 Big Book
8:00 p. Gp 20 Topic
10:30 p. Step/Topic

Tue. 7:00 a. As Bill Sees It,
10:30 a. Gp 70 Step
12:15 p. Gp 76
7:00 p. Beginners, 1st Step
8:00 p. Gp 57 Topic
10:30 p. Step/Topic

Wed. 7:00 a. Men's Step
10:30 a. Gp 9, Step
12:10 p. Oasis Topic Gp
6:00 p. Gp 91 Women's
8:00 p. Gp 3, Step/Topic
10:30 p. Step/Topic Gp

Thr. 7:00 a. Big Book Meeting
10:30 a. Gp 97, Step
12:15 p. Here & Now Gp
7:00 p. Sober and Out
7:30 p. Gp 26 12x12
10:30 p. Step Meeting

Fri. 7:00 a. Daily Reflections
10:30 a. Gp 21, Step
12:15 p. Gp 65
6:30 p. Here & Now
8:30 p. Gp30 Tub Topic
12:15 a. Second Shifters

Sat. 11:00 a. Gp 87 Step
3:00 p. Spiritual Growth
7:30 p. Open Speaker
9:00 p. Here and Now

AL-ANON MEETING
Sunday 10:00 a. Al-Anon

GALANO CLUB

- LGBT & All in Recovery -
7210 W Greenfield Ave
Suite 1, Lower Level
Milwaukee, WI 53214
(414) 276-6936

[http://www.galanoclub.org/](http://www.galanoclub.org)
galanoclub@gmail.com

MEETING SCHEDULE

Sun. 10:30 a. Step Topic
Mon. 7:30 p. Came To Believe
Tue. 6:00 p. 40 + Topic
Wed. 7:00 p. 12 x 12
Thur. 6:00 p. Living Sober
Fri. 7:00 p. Step/Topic

AL-ANON MEETINGS

Sun. 10:30 a. Al-anon

Meeting Space Available
See website for Club Events.
www.galanoclub.org

H.O.W. TO CLUB
8930 W. National Ave,
West Allis, (414) 543-2448

<http://howtoclub.info/>
Sun. 8 a.-11 p., Mon - Thr. 9
a. -11 p. Fri - Sat. 9 a. - 1 a.

AA MEETING SCHEDULE

Sun. 8:00 a. Eye Opener AA Gp.
10:00 a. Grass Roots (Steps)
4:30 p. Drop the Rock 6/7 Step
6:00 p. AA Topic Group
8:00 p. Sun. Sober & Serene

Mon. 11:00 a. Winner's Circle
5:45 p. Gp 132, Women's Gp
7:00 p. Big Book Gp.
8:00 p. New Hope Gp.
11:15 p. Nighthawk Gp.

Tue. 11:00 a. Willingness Group
6:00 p. Tuesday Non-Smok
8:00 p. 12 & 12 AA Meeting

Wed. 10:00 a. Foundations Meeting
6:00 p. AA Beginners Gp.
7:00 p. Women's Freedom
8:00 p. Promises Group
11:15 p. After Hours Gp.

Thr. 10:00 a. But For Grace Of God
6:00 p. 6 PM Here and Now
8:00 p. How To Get It Going

Fri. 11:00 a. Priority Group
6:00 p. Big Book Group
8:00 p. R.U.S. For Us
11:15 p. Candlelight Promises

Sat. 9:15 a. Men's Topic
11:00 a. Pioneers Group
6:00 p. 1st & 12 Topic
*8:00 p. HOW To Saturday
*(Open meeting on 3rd Saturday)
10:30 p. Candlelight Gratitude

12 STEP CLUB

4102 W Townsend St.
Milwaukee, WI 53216
(414) 871-0610

A.A. MEETING SCHEDULE

Tues. 6:45 p. Gp. 79
Wed. 11:00 a. Gp. 27
Fri. 11:00 a. Gp. 61
(12x12)
Sat. 10:00 a. Beginner's
7:00 p. Gp 6

CALL THE CLUB FOR INFORMATION ON OPEN A.A. MEETINGS, MEETINGS FOR OTHER FELLOWSHIPS and SPECIAL EVENTS.

MEETING ROOMS

FRIENDSHIP CLUB

2245 W. Fond du Lac
Milwaukee, WI
414. 931.7033

MEETING SCHEDULE

Sunday
10:00 a. Friendship
11:00 a. Third Sunday
Open Meeting

Monday
10:30 a. Step Gp

Tuesday
7:00 p. Gp 43 Big Book

Saturday
10:30 a. Gp 112
Step
Call for information on other types of meetings.

LIGHTHOUSE ON DEWEY
1220 Dewey Ave.
Wauwatosa WI
MEETING SCHEDULE

Sunday
7:30 p. Gp 78

Tuesday
6:00 p. 11th Step
7:00 p. Milw. Professionals in AA
7:30 p. Gp 77

Wednesday
7:30 p. Big Book
8:00 p. "RES-IPSA"

Thursday
7:30 p. Alumni No 12

Friday
7:15 p. Gp 74

Saturday
10:00 a. Gp 59

1907 CLUB

2908 N 21st ST.
Sheboygan, WI 53083
(920) 457-9633

AA MEETING SCHEDULE

Sun. 7:00 p. As Bill Sees It
Mon. 6:30 p. Old Timers
7:30 p. Women's
8:00 p. Beginners

Tue. 6:00 p. Big Book

Wed. 9:30 a. Back To Basics
8:00 p. WITTSS

Thr. 6:00 p. Topic Meeting

Fri. 8:00 p. Good Fight Gp

Sat. 9:30 a. Non-Smoking
6:30 p. Grapevine Gp

Open Meeting 1st & 3rd
Saturday of month at 7:30 p.

Al-Anon Meetings
Wednesday 9:30 a. Al-Anon
Saturday 9:30 a. Al-Anon
Saturday 9:30 a. Ala-teen

Milwaukee Group
933 E Center St.
(River West)
Milwaukee WI 53212

A.A. MEETINGS

Sun. 10:00 a Open (Disc.)
8:30 p. Big Book

Mon. 5:30 p. Big Book
7:00 p. Open (1st Step)
8:30 p. Topic

Tue. 7:00 p. Open (Topic)
8:30 p. Open (Big Book)

Wed. 7:00 p. Open (Big Book)
8:30 p. Topic

Thur. 6:30 p. Open (Topic)
8:30 p. Step

Fri. 7:00 p. Beginner's
8:30 p. Open (Big Book)
11:30 p. Topic

Sat. 8:30 p. Topic
11:30 p. Topic

Greater Milwaukee Central Office

7429 W Greenfield Ave.
West Allis WI 53214,
414-771-9119

(amilwaukee.com)

A.A. MEETINGS

Mon. 12:15 p
4:00 p

Tue. 12:15 p
4:00 p

Wed. 12:15 p
4:00 p

Thur. 12:15 p
4:00 p

Fri. 12:15 p
4:00 p

Sat. 9:15 a. Newcomer
10:30 a
3:00 p

Directory Changes

NEW MEETINGS

Monday 6:30 p. Salem Lutheran Church 2400 N Cramer St, Milwaukee 53211, 1st Things 1st, Beginners

Tuesdays 12 Noon, Mt Zion 12012 W North Ave Wauwatosa 53226

Tuesdays 6:00 p. Aurora Psych "Lighthouse", 1220 Dewey Ave Wauwatosa Ave (11th Step)

Tuesday 7pm, St Anthony's on the Lake, W280N3101 Prospect Ave, Pewaukee WI 53072

Wed. at 1:30 p.m. Bridges of Milw Rehab/Care Ctr. 6800 N 76 St, Mil-

The "Clubs" and "Rooms" listed here are not A.A. Clubs. A.A. DOES NOT HAVE CLUBS! A.A. neither endorses nor opposes such clubs. These are social clubs established by groups or individuals who are themselves recovering alcoholics. The A.A. group meeting at the club is available to any alcoholic - club member or not. The group is separate from the club and pays a fair rent for the use of the club facilities. Even though the group meets in a club that may be composed exclusively of A.A. members, and many members of the group may be club members, too, the relationship of the A.A. group itself to the club should be the same as it would be to a church, hospital, school, etc., in which it might rent space for its meetings.

waukee 53223

Wed. at 6:00 p.m. St Riverworks, 3372 N Holton St. Milwaukee WI 53212 Ring 111 to enter.

Women's Thursdays 12 Noon, Mt Zion 12012 W North Ave Wauwatosa 53226

DISBANDED GROUPS

Introductory Gp, met at 4pm on Tuesday at the VA Hospital. disbanded.

Spiritual Light, **Galano Club** 7210 W Greenfield Ave West Allis, met on **Saturday night at 7:30 p.**

OTHER CHANGES

New Beginnings Sunday at 7:30 formerly at 216 Main St Mukwonago. **NOW meets at St James Catholic Church 830 Cnty Rd NN E, Mukwonago WI 53149**

Brookfield Unity Mondays at 7:30 p. previously at Brookfield Presbyterian, **now meets at Christ King Lutheran 4600 N Pilgrim Rd, Brookfield 53005**

Women's AA Group, Monday's at Zion Episcopal Church in Oconomowoc, previously met at 7:30 **NOW meets at 6:30 P.**

United We Stand, Tuesdays at 8:00 p. formerly at Unity Church, 1717 N 73 St, **now meets at Wauwatosa Congregational 1511 Church St Wauwatosa**

Thursday Night St Anskar's, Hartland, met at 7:30, **NOW meets at 7:00 P.M.**

Gp 67 Elm Grove, meets on Thursday at 8 p. **moved to** Community United Methodist, **14700 Watertown Plank Rd Elm Grove.**

Happy Hour Oconomowoc, 1st Congregational Church on Concord Rd, met at 8 p.m. **NOW MEETS on Friday At 7 p.m.**

OPEN SPEAKER

Weekly & monthly open speaker meetings listed in June 2015 When & Where

aamilwaukee.com/directory.html

Sundays at 10 a. Milwaukee Gp. 933 E Center St, Milw 53212

Sundays at 6:30 p. VA Hospital 5000 W Nation-

al Ave 3rd Fl Unit 3A

Every Friday 7:00 p. Christ the King, 1600 N Genesee Rd Delafield

1st Monday at 1:30 p. Bethesda Seniors Community Center Open Meeting, 2845 W Fond du Lac Ave

Wednesdays at 7:00 p. Salem United Methodist Church, 541 Hwy. 59, Waukesha

March 7, Saturday 7:00 p. Pass It On Club, 6229 W Forest Home Ave. Milw.

1st Saturday 8:00 p. 24 Hour Club Open Meeting, 153 Green Bay Rd, Thiensville,

2nd Saturday at 7:00 p. Dist 12, Living Word Lutheran Church, 2240 Living Word Ln., Jackson WI 53037

2nd Saturday at 7:00 p. Dist 34, St. Francis Episcopal Church, N84 W16525 Menomonee Ave, Menomonee Falls, WI

2nd Sunday at 11:00 a. Alano Club 318 W. Broadway, Waukesha,

3rd Sunday at 11:00 a. Friendship Club 2245 W. Fond du Lac Ave. Milwaukee , WI

3rd Saturday 8:00 p. HOW To Club 8930 W. National Ave, West Allis

3rd Saturday 8:00 p. New Day Club 11936 N. Port Washington Rd, Mequon,

5th Saturday 3:00 p. How To Club, 8930 W National Ave, West Allis

4th Friday 8:00 p. Pilgrim Church, 2327 N. 52nd St., Milwaukee 53210

Last Wednesday 8:00 p. 1st Lutheran Church, 7400 W Lapham St, West Allis

Saturdays 7:30 p. Alano Club 1521 N. Prospect, Milwaukee

Saturday October 17, 2015 at 7:00 p. Pass It On Club, 6229 W Forest Home Ave. Milwaukee. AA, Al-Anon and Alateen Speakers.

Contact the Central Office via email: dan@aamilwaukee.com, before the 12th of the month prior to your meeting so that it can be listed here under the special Open Meetings.

Looking for a **NO Nonsense STEP Meeting**, Look no further.

Come check out our **TUESDAY NIGHT STEP MEETING**

at **St Jude Day Care Center** in Wauwatosa

Tuesday Nights at 7:00 pm
822 Glenview Ave
Wauwatosa, WI 53213

Enter in **BACK** of Daycare Building. Meeting is **Upstairs**.

SERVICE MANUAL STUDY

Meets 2nd Thursday each month at 6:00 p.m.

Milwaukee Central Office
7429 W Greenfield Ave
West Allis WI

Find out more about the AA Service Manual. Study group is open to any AA member whether currently active in AA service work, or not.

Contact: Nancy H at 414-801-5184 with questions.

Spanish Speaking Meetings: Meeting at English Speaking Clubs

- GRUPO 5 CONCEPTOS, Pass It On Club, 6229 W. Forest Home Av, Milw, on Saturday at 8:00 p.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Wauwatosa, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

2015 Weekend Retreats
Jesuit Retreat House,
4800 Fahrwald Rd. Oshkosh,
WI 54901, call 800-962-7330
jesuitretreathouse.org

Men and Women members of AA, Al-Anon

Total cost: 4 days \$360.00. Send a \$50.00 deposit with requests for specific dates to retreat house or call for information.

Men: December 3-6, 2015

Women: Nov. 12-15 & Nov. 19-22, 2015

MILWAUKEE CENTRAL OFFICE

- **E-mail Director Dan F.** at: dan@aamilwaukee.com
- **Hours: M-F** 9 a.m. to 6 p.m. **Saturday** 9 a.m. to 5 p.m.
- **G.S.R. Orientation**, 2nd Tuesday 6:30 p.
- **Secretary Meeting**, 2nd Tuesday 7:00 p.
- **Board of Directors Meeting**, Wednesday following Secretaries Meeting, (odd numbered months) 6:30 p.
- **A. A. Meetings**, Mon - Fri at 12:15 p. and 4:00 p.
- **A. A. Meetings** Saturday 9:45 a., 10:30 a. and 3:00 p.
- www.aamilwaukee.com

Redemptorist Retreat Center, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org Please call 262-567-6900 for reservations.
November. 20 - 22, 2015 \$200.00

BI-ANNUAL OPEN HOUSE



WHEN

**Saturday, December 5,
2015, 10am – 2pm**

(Open Meeting: 10 to 10:30 am)

WHERE

Milwaukee Central Office

7429 West Greenfield Avenue
West Allis, WI 53214

REFRESHMENTS • REFRESHMENTS • REFRESHMENTS

Welcoming Newcomers and Aiding AA Groups In Our Community

**COME TOUR
YOUR
MILWAUKEE
CENTRAL
OFFICE**

**MEET YOUR
BOARD OF
DIRECTORS**

**GREET YOUR
FRIENDLY
GENERAL
OFFICE
PERSONNEL**

**SHOP FOR
HOLIDAY
GIFTS**

**SUGGESTIONS
TO IMPROVE
AA IN THE
COMMUNITY
ARE
ENCOURAGED**

SERVICE WORK OPPORTUNITY!

**THE HOLIDAY ALKATHON
COMMITTEE NEEDS NEW
MEMBERS**

Attend monthly meetings from Sept.
through Jan. to help plan the 2015/16
Holiday Alkathon

Planning meetings are held at 7 p.m.
the third Monday of each month
at Bay View United Methodist Church
2772 S. Kinnickinnic Ave., Milwaukee

**AREA 75 ARCHIVES
10th Annual MOVIE DAY
Sunday - October 25, 2015**

Holy Assumption School
Between 71st & 72nd Orchard St.
West Allis, WI 53214
Enter at School Building

**Open at 11:30 to view
the Archives Room**

12:30 "House Full of Miracles"

1:30 "Days of Wine and Roses",
starring Jack Lemmon and Lee Remick
The 1962 film was one of the first to
show an alcoholic getting help
through A.A. and still is one of the
best films ever made on alcoholism.

4:00 Raffle Drawing
Raffle Tickets 50¢

Packers Do Not Play That Day

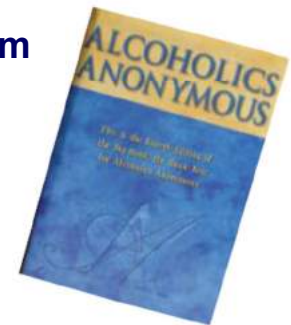
Written for Us Newcomer's Meeting *An Insight to 'How it Works'* **An Orientation for Newcomers!**

when:

Saturday's from **9:45 to 10:15am**

where:

Greater Milwaukee Central Office
7429 West Greenfield Avenue
West Allis, WI 53214
414.771.9119



Come JOIN US & learn more about Alcoholics Anonymous

Central Office Contributions

August 2015

Group Name	Group ID	\$ Amount
84 Meetings Contributed in August 2015		
#007 Gp	114287	75.00
#010 Sun Gp	121542	25.00
#027 Gp	114301	5.00
#048 Gp	114315	40.00
#051 Gp	114317	100.00
#056 Gp	114321	100.00
#074 Gp	159542	100.00
#079 Gp	133431	5.00
#10 17	166036	10.00
#125 Gp	145828	60.00
#140 Shorewood	138806	60.00
#164	707675	195.00
A New Awakening	659337	25.00
A New Day	660862	180.00
AREA 75		5.00
ARO Tue Night	667103	60.00
Back To Basics	149978	50.00
Back To Basics Big Book/Step	WAK-F9	100.00
Badger Gp	114429	780.17
Big Book Readers	617805	60.00
Brookfield Unity	114155	140.00
Came To Believe	617129	60.00
Cross Roads Gp	119518	25.00
Daily Reflections Gp (Wales)	665087	60.00
Delafield Mon Night Step Gp	607373	60.00
Delafield Tue PM Positive	163884	60.00
Each Day A New Beginning	147336	10.00
Early Bird Rogers	624742	19.80
Early Bird Sunday Lake Area	132470	164.38
Eye Opener	603117	30.00
First Step	635840	60.00
Franklin Tue Night	126720	60.00
Fri 12 & 12 Gp 5:30 PM	156179	31.63
Fri Noon 12 & 12	MIL-FB	100.05
Friday's Finest	656114	50.00
Gateway	631316	60.00
Get A Life	MIL-WM	22.13
Good Hope Sun Night	143910	25.00
Grapevine Topic Fri 4 PM	MIL-FM	32.26
Gump Group	677493	50.00
Hartford Women's Big Book	667036	50.00
Helping Hand	116923	101.25
Honesty Plus	638093	60.00
Impaired Professionals In AA	126056	90.00
Keep It Simple	611725	65.40
Keep Passing It On, Pass It On	630882	60.00
Key To Recovery Open Meeting	MIL-S3	30.00
Made a Decision	613456	60.00
Milwaukee Estates AA Gp	715909	5.00
Milwaukee Professionals In AA	140231	50.00
Mon Independence	MIL-MH	168.44
Mon Morning Step	MIL-ME	50.00

2015 East Central Regional Forum REGISTRATION FORM

Name _____

Street Address _____

City _____ State _____ Zip Code _____

Phone _____

Do you need a Spanish Language Interpreter?

Have you ever attended a Regional Forum?

Information collected is "Confidential" and will only be used for this Regional Forum.

For ASL Interpretation please contact G.S.O.: regionalforums@aa.org

Mail to G.S.O to Arrive by: **October 14, 2015**

General Service Office, P.O. Box 459,
Grand Central Station, NY, NY 10163
Att: Regional Forums

HOTEL RESERVATION INFORMATION
2015 East Central Regional Forum

November 13 - 15, 2015

CROWNE PLAZA Milwaukee Airport Hotel
6401 South 13th Street
Milwaukee, WI 53221
Phone: (877) 227-6963 or (414) 764-5300
Rate cutoff date: October 14, 2015



Hotel Reservations at the Crowne Plaza Milwaukee Airport Hotel can be made by one of the following methods:

- By phone: (877) 227-6963 no later than October 14, 2015
- * ONLINE: www.aa.org (Click on "For A.A. Members")

Room rates: Single/Double: \$109 (plus taxes)
* Additional person: \$20.00

For special room rate use Group Code: ECR

2015 EAST CENTRAL REGIONAL FORUM

CROWNE PLAZA Milwaukee Airport Hotel
16401 South 13th Street
Milwaukee, WI 53221
(414) 764-5300
Group Code: ECR

November 13 - 15, 2015

Friday: 7pm - 10pm Saturday: 9am - 9:45pm Sunday: 9am - 12pm

HOTEL can be made by:
RESERVATIONS PHONE (877) 227-6963 or (414) 764-5300
before 5:00pm Eastern Daylight Time ONLINE: www.aa.org (Click on: "For A.A. Members")
Rate cutoff date: October 14, 2015 FOR SPECIAL ROOM RATE: Use GROUP CODE: ECR

Tentative SCHEDULE of Events

FRIDAY	SATURDAY (Continued)
2:00 - close	2:30-3:15 pm
6:45-7:00 pm	Registration
7:00-8:30 pm	First Timer Orientation
8:30-8:45 pm	Welcome Remarks
8:45-9:15 pm	Break
9:15-10:00 pm	Video
	General Sharing
9:00am - close	Registration
9:00-10:00 am	AA Grapevine
10:00-10:15 am	Break
10:15-11:00 am	General Sharing
11:00-12:00 pm	Delegate Presentation
12:00-1:30 pm	Lunch
1:30-2:30 pm	Presentations
	SUNDAY
	9:00-10:00 am
	10:00-10:30 am
	10:30-10:45 am
	10:45-11:30 am
	11:30-noon
	Registration
	AA Grapevine
	Break
	General Sharing
	First Timer Sharing
	Break
	Past Trustees Sharing
	Closing Remarks

REGISTRATION Information

Registration is FREE! You can register online at: www.aa.org - go to INFORMATION ABOUT A.A. CLICK ON "For A.A. Members" select Regional and Local Forums. You do not have to register to attend but please register early to help us in our planning. All registration information is "Confidential" and will only be used for this Forum. All who register will receive a Final Report. You are on your own for meals.

Group Name	Group ID	\$ Amount
84 Meetings Contributed in August 2015		
New Berlin Fri Night	114122	50.00
North Prairie Gp of AA	WAK-S2	23.00
Oak Creek Friday	114112	120.00
Old School House Group 309	163906	72.00
Sacred Heart Franklin	135002	65.00
Sat 3 PM Big Book Study	178043	85.00
Sat Morning Gp 10 AM	138045	70.00
Sat Morning Women's Freedom	695465	100.00
Seeds of Recovery/Steps	MIL-MM	81.00
Serenity in the Woods	682880	91.05
Service Manual Study		7.00
Step Into Promises	600006	25.00
Stepping Into Promises Women's	697077	24.00
Stop For a Quick One/Step	MIL-R3	146.40
Sun Morning Big Book	130926	60.00
Sun Morning Hartford Gp	164282	50.00
TGIF /Menomonee Falls	131860	50.00
There Is a Solution/Pewaukee	605313	136.03
Thr Success Step	MIL-RB	69.41
Today's Choices Gp	614204	50.00
Traditions 101	MIL-TM	28.07
Tue Non Smoking, How To Club	676017	60.00
Tue Reflections	MIL-TH	99.50
Twelve and Twelve Sat Night	602236	60.00
Twelve Promises Discussion Thr	MIL-RM	17.32
Waukesha Sun Night	164804	70.74
Wed Night Men's Meeting	663905	120.00
Wed Noon Lunch Bunch	690831	62.70
Welcome Back	667042	60.00
Wis EACYFAA Bid Committee 2015		88.54
Women's Recovery Group	162884	12.00
Written For Us	MIL-A5	40.00
Total		\$6,039.27

All the groups listed in your When and Where should be contributing regularly to the support of your Central Office. We want to be here when you need us. A big thank you to everyone for all you do.

Taking Stock Honestly

Bob S., Richmond, IN

During the mid-1930s, two anonymous ladies from England sought spiritual guidance by praying to God, then recording on paper as they "listened" to what God had revealed. This process came to be referred to as *Automatic Writing*.

These "written answers" came into the possession of and Oxford Group author, A.J. Russell, who published them in a daily-message book, destined to become a best seller titled, *GOD CALLING*. As a matter of fact, these daily messages became the near-verbatim middle-page paragraph of a later book called *24 HOURS A DAY*." Certainly, Bill Wilson would have been aware to this *Automatic Writing* process when he asked God for help writing Chapter Five in December of 1938 (*PASS IT ON*, p. 198). Amazingly, Bill completed the first draft in about a half hour—this, of course, included changing six steps into twelve!



The Big Book, when discussing Step Four (p. 64), tells us to "*take stock honestly*," but no further instructions are given. I have found this process of *Automatic Writing* to be a very useful tool at this point. I like to dwell on the four main defects discussed in Step Four: selfishness, dishonesty, resentment and fear. I simply put them in columns and ask God to do the writing from my deepest spiritual level. I repeated this mantra over and over: "*God help me, I am doing my inventory*," until the answers erupted from my deepest level (not my mind!). Resultantly, more honesty exuded in ten short minutes than hours of writing out of my head—I then had truly honest information for continuing with the Fourth Step process.

Carrying the Message, One dozen roses

Before me are one dozen roses which I sent myself. Each marks a year of unbroken sobriety and is highly symbolic. Not without thorns, but beautiful nonetheless.

At my first meeting, someone said, "Hang on until your fingers bleed, then still keep hanging on." This I have done.

Since there are no graduates in AA I am still listening and learning how to stay away from one drink one day at a time. I liken myself to the scholarly "dud" who never participates in classroom activities. However, the only "slipping" I've done is in and out of meetings, "floating" from group to group. Most certainly I don't advocate this method to the newcomer.

Maybe I'll still "kick" that "character defect" which keeps me,

A LONER, Lindenhurst, Long Island, New York

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April 1967, Vol. 23, No. 11

**Fr. Joe Hunt 36th Annual
Retreat for Recovering
Alcoholics**

This is not a silent retreat or a socializing weekend. The program consists of discussion meetings covering the twelve steps. Nothing is mandatory to attend. There is plenty of time to enjoy the grounds and the fellowship of other recovering people.

The fee is \$200 per person, which includes a private guest room with shower, linens and meals. Coffee is available 24 hours, as is the Chapel and Library. There is an additional fee of \$50 if arriving on Thursday.



The scholarship fund will honor Tom Winslow who passed away on August 24, 2012. Your donation to the Tom Winslow Memorial Scholarship Fund will assist others in financial need that might not otherwise be able to attend the retreat.

*For questions or information, contact
Michael Pinter: 414-254-6697
E-mail: pinterm@sbcglobal.net or
the Retreat Center : 262-567-6900.*

DAILY SCHEDULE

*Optional arrival Thursday, November 19th.
Meal is not provided for Thursday evening.
Additional overnight cost: \$50.00*

Friday, November 20, 2015

- 3 p.m. - 6 p.m. Registration
- 6:00 p.m. Evening meal
- 7:30 p.m. Welcome and 1st Step

Saturday, November 21, 2015

- 7:30 a.m. Morning Meditation (in Chapel)
- 8:00 a.m. Breakfast—Dining Room
- 9:00 a.m. Step 2 Meeting
- 10:30 a.m. Step 3 Meeting
- 12:00 p.m. Noon Meal—Dining Room
- 1:00 p.m. Steps 4 & 5 Meeting
- 3:45 p.m. Steps 6 & 7 Meeting
- 5:00 p.m. Mass—Chapel (Optional)
- 6:00 p.m. Evening Meal—Dining Room
- 7:00 p.m. Steps 8, 9 & 10 Meeting

Sunday, November 22, 2015

- 7:30 a.m. Morning Meditation and Healing Service (Optional) - in Chapel
- 8:00 a.m. Continental Breakfast
- 9:00 a.m. Step 11 Meeting
- 11:00 a.m. Brunch
- 12:00 p.m. Step 12 Meeting

*Fr. Joe Hunt 36th Annual Retreat
For Recovering Alcoholics
Registration Form—Nov. 20-22, 2015*

Name _____
Address _____
City, State, Zip _____
Phone (day) _____
(evening) _____
E-mail _____

- I will arrive on Thursday
- I have special dietary requirements
- I will share a room if necessary
- I am including a donation to the Tom Winslow Memorial Scholarship Fund Amount \$ _____
- I am willing to be a speaker

Fee: \$200 per person (2 nights, 6 meals)
\$250 per person (3 nights, 8 meals)

Pay by check: *Redemptorist Retreat Center*
1800 N. Timber Trail Lane
Oconomowoc, WI 53066-2897

Credit card: Discover _____ MasterCard _____ Visa _____

Card numbers _____

3 digit security code _____

Exp: (m/y) _____ Amt \$ _____

Signature below, as printed on card:

Contact person: Michael A. Pinter
(C) 414-254-6697 **** (H) 262-567-1319E-mail:
pinterm@sbcglobal.net

Pass It On Club 20th Anniversary Dinner

Pass It On Club

6229 W Forest Home
Milwaukee, WI 53220

414-541-6923



Turkey Dinner
with all the fixings.

November 14th

Dinner 5:30-6:30

Advance \$10.00
At The Door \$15.00

Open Speaker Meeting @ 7:00pm

Sponsored by the
Sunday Morning Al-Anon Group

A.A. Speaker Jim B. - Florida
Al-Anon Speaker-Andy K. Milwaukee

