#### Greater Milwaukee Central Office Welcoming Newcomers and Aiding AA Groups In Our Community.

#### VOL. 30 ISSUE 11

**Financial News:** Please remember our tradition of <u>self-support</u>. If you wish to contribute to the Central Office, you can now use <u>Venmo</u> from your smartphone. @MilwaukeeCentralOffice-AA

https://venmo.com/code?

user\_id=2976454346276864728 ...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)

Use QR Code To Contribute



If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.



November 2022

#### More than music

By: Robin S. | Menomonee Falls, Wis.

A journey across the world to hear a favorite artist gave this member a trip he'll never forget

NOVEMBER 2022

I believe that many of us in AA owe our lives to some special person who went out of their way to help us get sober. For me, that person was my older sister. After seeing my alcoholic father and brother both commit suicide the fast way, she said I was doing it the slow way and simply would not give up on me.

Unfortunately, my sister was battling brain cancer for a year. To help cheer her up, I threw a surprise 70th birthday party for her. Although I'm not a rich man by any means, I was able to rent a hall and have a respectable meal catered for about 40 people. On the guest list were some dear friends of hers from the Netherlands who were unable to attend.

After the party was done, I decided to offer to accompany her to Europe so that she could see her friends in Europe one more time. But I wasn't quite sure what I would do while she would be spending time alone with her friends.

That's when I learned that my favorite musician was having a birthday concert where we would be visiting. I had never seen him play in person but I had been listening to him for 36 years.

Let me note that I experienced a real change when I became a recovered alcoholic. I seemed to develop a new skill at listening. I now listened intently and sincerely cared about what other people had to say. This new listening skill also included my renewed passion for music. I was especially enthralled with listening to my favorite musician and was very excited about this opportunity to finally see him live.

When it came time to purchase airplane tickets, my sister decided not to go. I was not at all happy about this (it's all about me, right?), and by now I really wanted to see this concert. I had thought of this as a treat to myself for being sober for three years. I asked in the rooms and outside the rooms if anyone was interested in going with me, but I had no takers. I was not at all

(*Music* Continued on page 2)

#### 25¢

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#### (Music Continued from page 1)

comfortable with the idea of going on my own. I wanted someone there for moral support to help keep me on my path of sobriety. My sister suggested I go with her son. It was a fine alternative and I wanted this so badly that I offered to pay his way.

So off we went to Europe! The concert was absolutely wonderful. At the end, I leaned over to the woman who sat next to me and said, "It was a pleasure clapping with you. My nephew and I traveled all the way from Milwaukee, Wisconsin just for tonight's concert and it was worth every penny to me."

"Really?" she said, visibly excited. "Just to attend this concert? He has to hear this." Confused, I replied, "Who has to hear this?" She pointed to the stage and told me that she was the musician's manager in Europe and that she wanted to take me backstage to meet him so I could tell him myself.

So off we went backstage! I was able to shake his hand and have a picture of us taken by my nephew. It was truly a "God moment" for me. If the woman hadn't sat next to me, if I hadn't practiced listening to others and being more sociable, none of this would've happened. Wow, what a trip!

We were set to come back to the United States when our flight was canceled and rescheduled for two days later. With the extra time on my hands, I decided to go to an AA meeting. The only English-language AA meeting was clear across town, but I drew courage from my "God moment" at the concert. In the taxi ride over, I was giggling quite a bit over what had happened at the concert and could not believe my good fortune. I couldn't wait to tell the story to my home group back home.

The driver dropped me at the meeting and I went in where I practiced my newfound social skills and immediately felt at home, even though I was thousands of miles away from it. The meeting was about to start when a gentleman entered. He was bundled up to stay warm in the snow and cold. He wore a fedora and scarf. I watched as he took a seat in a far corner. As he shed his outer layers, I noticed that he looked strangely familiar. I knew I had seen him before, but where? That's when I made the stunning realization that I was looking at the man I had crossed the ocean to see and hear play at the concert!

After the meeting, he and I talked for a while and even shared a taxi. I told him I'd had no idea he was in the program and asked how he dealt with playing music around the world with other musicians without drinking. "I politely decline alcoholic beverages by stating that I never drink five days before I perform and that I perform every four days," he said. He kindly shared his email address, and we text each other from time to time. Now when I play one of his recordings, I don't just hear music, I hear the Promises and How It Works. I hear God talking to me and confirming his presence in my life.

I would like to remind the readers that all of this started with me trying to help someone else. Funny how that works, huh?

#### July 1964

#### Why I'm Glad I'm an Alcoholic

#### By: J. C. | Emporia, Kansas

How Dr. Karl Menninger's opinion about super-recovery applies to members of AA

DR. Karl Menninger has written in his recent book, "The Vital Balance," that patients who have suffered mental illness may sometimes not only get well, but actually achieve greater health than they would have attained if they had not suffered the illness. I was struck by how well his idea applied to alcoholics. "Often," he wrote, "the patient gets as well as he was, and then he continues to improve still further. He increases his productivity, he expands his life and its horizons. He develops new talents, new powers, new effectiveness. He becomes, one might say, 'weller than well.'"

Looking at any group of recovered alcoholics in AA, aren't we often impressed by this very sense of their being weller than well? This seems to show itself most clearly in an appreciation of things which might have been taken for granted if we had not experienced the tortures of alcoholism. How many of us, for example, would otherwise wake up in the morning with a deep sense of gratitude simply because we feel reasonably well and can remember what we did the night before? When an alcoholic begins to resume a normal way of life, he often finds a deep joy in things he probably never noticed before. I have heard men speak with deep awe of the beauties of nature, as if they were something new. They were, to these men.

Certainly through AA many alcoholics develop talents, powers and effectiveness that they never possessed before. Some of the most effective AA speakers are people who might otherwise never have talked before a group, but they are effective in speaking to AA groups because they have something to say which matters very deeply to them and to their listeners. Fears or misgivings vanish in the urgency of spreading the message. They achieve far more than they ever could have without the all-consuming desire to share with others something that has been decisive in their own lives.

This is also seen clearly in Twelfth Step work. When an AA member goes out to call on someone who needs help, regardless of any consideration of convenience, he has risen several steps above the person he might have been if he had never suffered from, and recovered from, alcoholism. He has found an interest in his fellow man that might otherwise never have come to him.

Most clearly of all, this greater growth and depth can be seen in the spiritual life of AA members. Many AAs who never gave their spiritual life much thought before their experience with alcoholism, have worked their way to a rich spiritual life which would be an asset to anyone. Spirituality to them does not mean merely the uttering of the proper words or the following of certain observances, it has a vitality that results from their knowledge that their contact with a Higher Power (Weller, Continued on page 3)

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#### (Weller, Continued from page 2)

is truly a life-or-death matter for them. They do not need to wonder about the existence of this Higher Power; they experience Him in their lives every day.

I used to wonder what an AA member could possibly mean when he said, "I'm glad I'm an alcoholic." How could he possibly be glad to have experienced so much suffering and misery? But the important thing is that he has transcended that misery. Certainly not everyone in AA reaches the same level of effective living, but many do find a greater appreciation of the assets in their own lives than would otherwise have been possible. Many do find a greater concern for their fellowman than would otherwise have been theirs. Many do find a deeper and richer spiritual life because of their suffering and their deliverance from it. And of these, truly we can say that they are weller than well.

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#### March 1958

#### **Hidden From Myself**

#### By: L. M. | Fort Myers, Florida

I WAS THIRTY-TWO YEARS OLD, in November of 1948. New York City was chilly and awfully big, but all I saw of it was my one-room apartment on Second Avenue, the one block between there and the corner bar, and the bar itself. The day came when I saw only the one-room apartment, and what I saw there was not pleasant....

As a kid I had been shunted from here to there in my home and school life, and never had a sense of belonging anywhere. I developed the habit of day-dreaming as an escape from unpleasantness, and when I reached my teens, I discovered that alcohol was a great help in inducing attitudes that made life tolerable.

By the time I was twenty-one I was a steady drinker. I had only one consuming ambition, and that was to be a professional singer. I had received some encouragement from local musicians but all agreed that I needed experience. I became a hanger on at many small cafes and night clubs which seemed the best places to get experience. I read and listened to many tales of big-name entertainers who drank, and in my mind show business success and excessive drinking became associated. O woeful mistake!

For a few years I worked around my home town, at first for nothing, later for a few dollars per evening with dance bands and in the cafes--and I made more progress in drinking than with my career. Nevertheless I finally made the jump from part-time to full-time entertainer and left my home town for greener pastures.

In Boston, Pittsburgh, St. Louis, Chicago and New York I repeated the same dreary pattern. . .show up sober, full of ambition and to make a start . . .get my chance and open with a bang . . .the club owner or theatre manager would be impressed, the agency would be impressed, and I'd be filled with hope and resolve. ("This time it would be different.")

Then I would get, drunk. . . .

The result was always the same, since whatever talent I had was completely eradicated by alcohol, instead of being enhanced by it. I was always fired. Then came the accusations of bad faith, threats of breach of contract suits, to which I offered bitter but futile argument that it wasn't my fault; it was the band's, the waiters' or waitresses', the audience's. . .anybody's but mine. It was never any use. When I was through I was through most thoroughly.

I did not then realize what a nasty drunk I was. Sober periods of several days to several weeks helped keep hidden the fact that I was a drunk at all. Hidden from myself, that is. Others were more discerning.

"Boy, are you crazy when you're drunk!" . . . "How can you drink so *much?*" . . . "You're a regular Jekyll and Hyde." . . . "You should never take a drink, you just can't handle it." Strangely enough, I was more flattered and amused by such comments than insulted, for a time. Later I became defensively touchy on the subject of my drinking.

As the amount I was consuming increased I began to use subterfuge. If I was meeting someone in a bar for a few drinks, I would go to another bar first and get a good start. If I was in a bar where I was well acquainted I would try to have two or three conversations going in different locations and have drinks at each place, hoping no one noticed how many I was having. While I had money I acquired a reputation as a sport simply because I couldn't wait until the fumblers got around to buying a drink.

One night I invited a young lady to have dinner with me. I insisted on stopping at my favorite lounge for a drink first. I had switched to a particular brand of rum that was 151 proof, figuring that I was getting an alcoholic content of two for one over blended whiskey. The bartender opened a fresh bottle. It was a full quart. Several drinks later my young lady had become very impatient and insisted on leaving right now. I could not understand her attitude and gaily insisted on one more. The bartender simply held the bottle up and looked at me, without a word. The bottle was empty. I was shocked. I checked my watch. . .we had been there an hour and a half and I had drunk a whole quart of rum. What's more, I wasn't drunk, and I hadn't had enough to drink. Need I say that I never saw that young lady again?

Now I began to have a problem with alcohol. The problem was I couldn't get drunk any more. That is, I couldn't get *drunker*. No matter how much I drank I couldn't get that old glow--I couldn't reach that point from which I looked down on the world confident that whenever I got ready I could come down and clobber it. Daily I made that slow and painful walk between my one room on Second Avenue and the bar on the corner where no one knew me. I wanted to keep it that way. The most horrible hours I have ever known are the ones when I would wake up in the early hours and realize that the bars were closed. These were the times when I was forced to be alone with myself and to wonder what had happened to me.

#### (Hidden, Continued from page 3)

I knew I couldn't go on this way, and yet I didn't know of anything to do about it. Once in the early morning I was awakened by the tolling of a bell. The bell reminded me of church and church reminded me of God.

I lay there and repeated the word aloud--God...God.I managed to get up, shower and get dressed. For the first time in weeks I left the house and got past the corner bar. I took the subway to Times Square and asked a policeman where the nearest church of my denomination was. Soon I was telling it to the Chaplain. The good man did his best for me and gave me his blessing.

In less than fifteen minutes I was back on the street. Fifteen minutes isn't much time to remedy fifteen years of drinking, of course, but I really felt different after my talk with the cleric. I had finally *done something* about the way I was, and I was thinking of doing more--much more--but what?

I walked about the streets of Manhattan thinking and repeating a prayer the good man had given me. I felt strange but somehow better, and I kept thinking of what to do to make things better. . . Alcoholics Anonymous--I wonder what that really is and if it would help me? I was ready to try anything. . .

I was ready. I walked into my first meeting in Greenwich Village on a Tuesday evening two days before Thanksgiving in 1948. My first impression was disappointment at the plainness of the hall and the absence of anyone official to talk to about joining the organization. I accepted an invitation to sit down, largely because I couldn't stand very well.

The meeting was already in progress and a large man about sixty years of age was speaking to a group of perhaps fifty people. I imagined that he must be asking for funds for some worthy purpose or other--perhaps to improve the appearance of the meeting hall and put in some soft chairs, I hoped.

I kept my head down at first; later I stole a glance around now and then, expecting to find everybody looking at me--but nobody was paying even the slightest attention to me. They all seemed to be listening to the speaker with such rapt attention that I was compelled to do the same. He said something about being on a Caribbean cruise and I said to myself Oh-oh, a travel talk--the dullest kind!

But again the attention he was getting from these people made me listen. He described a career of compulsive drinking that took him from wealth to a place on the Bowery. Once during his recital he wept, and so did I. But the amazing thing about it was that this total stranger had so many experiences in common with me. When he sat down the audience applauded him enthusiastically and I joined in.

Another speaker was introduced and soon he had the hall roaring with laughter. He described how he as a sixty-dollar-a-week clerk on Wall Street tried to pass as a big-time operator in certain plush saloons. I had never heard such a candid recital of phoniness so well delivered and so well received. What's more this speaker too made me see myself in his remarks. After the meeting as everyone mingled, drank coffee, talked, and laughed, I realized that they were real, warmhearted human beings who had gone the full route with alcohol and who were sincerely interested in helping each other keep sober. And most important, they seemed interested in helping *me*.

I had found a place where I belonged. My qualifications here were the very things that disqualified me everywhere else. . . .

No, I didn't go on to become a big star in show business; in fact I never went back to show business at all. I did find the beginning of a new life there in Greenwich Village in 1948, though. I haven't accomplished very much so far, but give me time--I'm only nine years old.

P. S. One touch of irony: I went looking for the church whose bell started the chain of events that led me to Alcoholics Anonymous, and discovered that it was no church at all. The bell was on a big electric sign clock which bore a famous whiskey slogan, "It's Time For..."

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#### June 1958

#### Around the World

By: John J. S.

THE WORLD IS A MEETING; News, comments and letters from and about AA's worldwide outposts and centers--gleaned from letters to the Grapevine and the General Service Office, and from the "AA Exchange Bulletin," published monthly by GSO.

**IT WAS A LONG SAD TRIP** from New Zealand to New England. My wife, weakened by three unsuccessful operations, was flying for her life, to a surgeon's skill at a Boston hospital. The surgeon's skill proved adequate. My wife is recuperating and we are now ready to head for home.

As for myself, AA proved again that it is adequate and ever present with its marvelous therapy.

I am a member of AA in New Zealand. I belong to the Pahiatua Group. Through the grace of God and our fellowship, I have had five years and eight months of sobriety.

After arriving in Boston and making sure that my wife was settled down at the hospital, I felt lonely, a stranger in a strange country and a strange city.

AA's good teachings and suggestions quickly straightened out my thinking. I took the enormous telephone directory, found AA listed, and made the phone call.

Margie answered the phone. I told her who I was and she immediately invited me over to the Central Service office, where I chatted with her and Wally, who was on call that night.

Marge and Wally drove me to the Twelfth Step House on Newbury Street. I was "at home with my own" immediately.

If any member of AA has to make a strange country in a hurry, there is no loneliness to fear as AA now is working everywhere.

It is Thanksgiving Day here in the United States, as I write this, and I paid thanks to God myself this morning by going to my church and thanking Him for my sobriety through AA, and the

#### (Trip, Continued from page 4)

remarkable recovery of my dear wife.

The air trip back to New Zealand, with stops at Los Angeles, Honolulu, Canton Island, the Fijis and then Pahiatua, will be but puddle-jumping, for AA has made this great big world of our a small place where friends can meet--and easily.

Thanks, AA--and special thanks, AA of Boston.

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#### November 1961

#### **Dressing for Dinner**

#### By: M. J. U. | Fort Collins, Colorado

IT was the night before Thanksgiving. The frost was on the pumpkin--and I had quite a load on myself. Inspired by Mother's beautiful fruitcake (glazed and loaded even as I), I decided to try an experience I'd heard about--soak the fruitcake in brandy and let it mellow until Christmas. There wasn't any brandy around just then (there never was) and I realized I'd have to make the twelve-mile trip to the nearest liquor store. The fact that the fifth was getting low didn't have a thing to do with it. Suppose my husband forgot to pick up the liquor for the Thanksgiving company? Somehow I always had to have a reason for trips to the liquor store.

I returned with a quart of brandy and a little extra refreshment. I brandy-soaked the fruitcake, wrapped it in a towel, crocked it (wasn't doing so bad myself) and double-sealed it against temptation. After a few nips out of the spare bottle, I went to work.

I made a big dishpan full of juicy dressing, laced with onions, celery, sage and gobs of melted butter. It was very, very moist. The more I stuffed, the more it took; the more it took, the more I made; and the more I made, the more I stuffed. The bird and I were getting stuffed and loaded at the same rate. Then the dressing and the company liquor ran out. Horrors--the clock showed midnight! The curse of all drinking alcoholics was upon me. Dry, and all the liquor stores were closed!

After long and thoughtful meditation (ten minutes) I figured there was nothing left to do but exhume the brandy-interred fruitcake. Thirst outweighs sentiment every time. I broke the seals on the crock, carefully unwrapped the fruitcake and squeezed the brandy through the towel into a bowl. I sopped out the crock and strained the cloth again and again. Then I drank it. I remember saying, "The quality of brandy is not strained," and giggling, thinking what a pity no one was around to appreciate my wit.

Came the dismal dawn. It was Thanksgiving. I was not thankful. I was sick--very sick. Then there came an astonished, inquiring voice from the kitchen, "What in the world went on out here last night?"

I staggered out of bed, fearfully crept to the kitchen door and raised my bleary eyes in the direction of the pointing finger. I beheld, there on the ceiling, a perfect bas-relief map--a reasonable facsimile of the Swiss Alps--made of dressing. I'd forgotten to truss the neck of the turkey before I stuffed it. Thanksgiving that year was strictly for the birds.

#### November 1969

#### **Carrying the Message**

By: J. | Surrey

Thrown out of the best joints

In the kinship of our common suffering, we are all united. 'Way back in the 1940's, the Catskills in New York State were my stamping ground. Barney Ross was the physical-training instructor in my hideout, a resort in Liberty, N.Y. AA was introduced to me in 1945, but I refused your help. With all due respect to Barney, I say simply that John Barleycorn gave me the greatest licking of my life.

I was deported from Ellis Island, N.Y., to England. Bristling with indignation, I caught the first ship back to the States. After my usual geographical tour, I was eventually deported again, via Terminal Island, San Pedro, Calif., to England, on Thanksgiving Day, 1952.

With the blessing of the Central Service Office in London, England, George and I are attempting to launch the Tooting Broadway Group. Our meeting place is donated by friends of AA, and we hope to widen the circle of goodwill that exists between Alcoholics Anonymous and our nonalcoholic friends, with the help of the new "Group Handbook."

Thanks to AA, I am now an international-exchange telephone operator. My job today is "World Hello," just like the name of the newsletter of the AA correspondence club.

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#### November 1955

#### Thanksgiving Time (1955)

THIS is a season for counting our blessings and for giving our thanks. Does any fellowship have a greater store of God's gifts than Alcoholics Anonymous?

With a single voice, we would surely make this reply: No, none are more fortunate. We were blind, yet we have been given a vision. We once sickened, yet we now regain our health. We once warred with ourselves and all about us, yet we find ourselves in more security, unity and peace than ever before. We had lost the meaning of tree love and service, yet we are rediscovering these very things. Onetime outcasts, we now belong with each other and are citizens of the world. We have been given a real purpose and, God willing, a great destiny.

Once the least deserving of people, why have we been entrusted with gifts such as these? No man may say; only God in His infinite wisdom can really know.

Therefore at this Thanksgiving time of 1955, we look to the Author of All with more wonder and more gratitude in our hearts than our lips can say.

In this greeting, Lois joins me with our affectionate best.

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Reprinted with permission AA Grapevine, Inc. November 1961

By: Bill W.

#### DISTRICT 34 OPEN SPEAKER MEETING

New Location: Unity Lutheran Church Cross of Life Campus 20700 W. North Ave. Brookfield, WI. 53045

*In-Person Only* Doors open at 6:30 Meeting at 7:00pm

#### Consider supporting the "District 34\* Open Meeting" in one of the following ways:

- Share your group message by sponsoring the Open Speaker Meeting
- Contact your group GSR to volunteer
- Attend the District 34 meeting (1<sup>st</sup> Tuesday of each month, 6:30pm, NW Alano Club)
- Get in touch with the Open Meeting Co-Chairs, Carrie D. (262-239-0228) or Tim R. (262-719-4389)

\*District 34 is the Northeast corner of Waukesha County

#### ...our primary purpose is to carry the message..."



**Hosting Group** /

**Sussex Friday Night Action** 

Speakers

October 8, 2022

John F. (AA)

TBD (Alanon)

November 12th, 2022 Inday Morning Big Book (Good Shepherd) John T. (AA)

December 10th, 2022 Staying Sober Through

> Maggie B. (AA) Tami R. (AA) TBD (AA)

the Holidays



#### Brown Deer Monday Night Group Holiday Gathering Open Speaker Meeting Monday, December 19<sup>th</sup>, 2022



6:30 PMDoors Open7:00 PMMeal provided by the Brown Deer Group

If you wish to, please bring a dish to pass

8:00 PIVI AA Speaker, Wayne M. – TGIF Group

St. Paul's Ev Lutheran Church 8080 North 47<sup>th</sup> Street, Brown Deer Northwest Door is Open Open Meeting: All Invited





Not just for professionals but for anyone seeking sobriety and a better way of life by working the 12 steps and living well. Come share in the fellowship with us and start enjoying life again.

We meet in person Tuesday nights at 7:30 at Holy Trinity Lutheran Church at 11709 W. Cleveland Ave. as well as on Zoom. Meeting ID = 98178765495, Password = 071150. Hope to see you there!!

#### 3 Bucks In The Basket... Make it a Reality, not just a dream!



"Every AA group ought to be fully self-supporting, declining outside

**contributions."** Tradition Seven, Twelve Steps and Twelve Traditions, Reprinted with permission AA World Services, Inc.

<u>Seventh Tradition Checklist</u>

Use <u>VENMO</u> on your smartphone to contribute.



<sup>¯</sup> Or Contribute using <u>**PayPal**</u> or your <u>Credit Card</u> from our website.

• E-mail us at:

dan@aamilwaukee.com Hours:

M - F 9 a.m. to 4:30 p.m. Sat. 9 a.m. - 12 p.m.

- Board of Directors Meeting, in-person. Wednesday following 2<sup>nd</sup> Tuesday (odd months) 6:30 p.
- A. A. Meetings, Sun. at 9 a., Mon.- Fri. at 12:15 p., Sat. 9:15 a., & 10:30 a.
- Dist. 14 monthly meeting, 4th Wed. at 7 p.m.
- Dist. 16, 1st Wed. at 6 p.m.

#### Spanish Speaking Meetings:

#### Meeting at English Speaking Clubs

- Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

#### SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

#### Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person. Service Material from the General Service Office

567-6900 Email:

**Redemptorist Retreat Center,** 

Oconomowoc, WI 53066, (262)

rrc@redemptoristretreat.org

Please call for information and

schedule of retreats for recov-

ering people. AA and Al-Anon,

\$250 three nights. We discuss

the 12 steps and related topics.

1800 N Timber Trail Lane.

All the groups listed in our meeting directory, should be contributing regularly to the support of your <u>Central Office</u>. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution? Use our <u>CONTRIBUTE</u> button on our website: <u>aamilwaukee.com</u> or use our your <u>VENMO</u> <u>app</u> from your smartphone.

2022 Weekend Retreats Jesuit Retreat House,

4800 Fahrnwald Rd.

Oshkosh, WI.

WI 54901. call 800-962-7330

jesuitretreathouse.org

Men and Women

in AA, Al-Anon

Total cost: 4 days \$390.00.

Send a \$75.00 deposit with

requests for specific dates to

Meeting Space Currently Available

•<u>West Allis Senior Center</u>, 7001 W National Ave, West Allis WI. Call Shanon at 414-302-8717.

•Luther Memorial Church, 2840 S 84th St. West Allis WI. Contact by email: <u>prviviane28@outlook.com</u>

•<u>St Peter's Episcopal Church</u>, 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: christumc1@sbcglobal.net

 <u>Anchor Covenant Church</u> 1229 Park Row, Lake Geneva WI 53147, contact Laura, <u>office@anchorcovenant.org</u>

The <u>Southern Wisconsin Deaf</u> <u>Access Committee</u> needs to rotate it's members. We are searching for two AA members to act as Co-Chairs, a treasure, and a liaison person to work with Members of AA Deaf community. They can email SWDAC at: <u>SouthernWIDeafAccess@gmail.com</u>

# Southern Wisconsin Deaf Access<br/>Committee (SWDAC) 2022Beginning Balance:\$Contributions:\$Interpreter:\$Misc. Expenses\$Ending Balance:\$The cost for an interpreter is \$50 for a zoom<br/>meeting and \$80 for an in-person meeting. Con-<br/>tact Kath W. with questions:<br/>brylerandme@gmail.comVENMO Contributions:www.venmo.com/SWDAC

·	retreat house or call for info.
Southern Wiscons	in AA Deaf Access Committee
P.O. Box 1982	
Waukesha, WI 53	186
District Number:	
Group Name:	

Donation: \_\_\_\_

Individuals may contribute as well. VENMO Contributions: <u>www.venmo.com/SWDAC</u>

### DISTRICT MEETINGS

#### COMPLETE DISTRICT INFORMATION ON THE WEB: https://www.area75.org/page/districtmeetings

1. JACKSON, LaCROSSE, MONROE, VERNON, & TREMPEALEAU; 2 & 18 GREEN LAKE & MARQUETTE CNTY'S & PART OF WAUSHARA; 7. KENOSHA, 17. RACINE CNTY ; 8 & 30 ROCK ; 9. CRAWFORD, GRANT, IOWA and LAFAYETTE; 19 & 37. RICHLAND & SAUK; 20, 21 & 26 DANE; 31. COLUMBIA CNTY; 35. GREEN; 37. JUNEAU CNTY'S .

(Check the web address above for meeting info.)

**3. MANITOWOC & SHEBOYGAN CNTY'S:** 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY: 2nd Tue. 7:30 p. even numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan

**10.Spanish District.** Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.

**11. JEFFERSON CNTY:** Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,

**12. WASHINGTON CNTY:** 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln,, Jackson, WI. 53037

**13. WAUKESHA CNTY:** 1st Sun. of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

**14. MILWAUKEE CNTY:** 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214

**16. MILWAUKEE CNTY:** 1st Wed. of month, 6:00 p, Milw. Central Office, 7429 W-Greenfield Ave. West Allis WI

23. DODGE CNTY: Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY: 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.

**25. FOND du LAC CNTY:** 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.

**27. MILWAUKEE CNTY:** 3rd Wednesday of month, 7:00 P.M. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222

**28. MILWAUKEE CNTY:** 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.

**29. MILWAUKEE CNTY:** 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

**32. & 33 WAUKESHA CNTY:** 4th Tuesday of month, 6:30 p, Meeting ID: <u>881 8331 2739, Passcode: 071956</u>

**34. WAUKESHA CNTY:** 1st Tue. of month, 6:30 p, Northwest Alano Club, N88W17658 Christman Rd., Menomonee Falls. Join online at: <u>https://us02web.zoom.us/j/6870109941?</u> pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09

**36.** RACINE/KENOSHA: (1 of 2) 2nd Tues. month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington

**38. MILWAUKEE CNTY:** Last Sunday of month 4:0 0 p.m. All Saint Cathedral, 818 E Juneau Ave.

#### SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

#### Area 75, Southern WI, Calendar of Events 2022 and 2023

All meeting held virtually until further notice • Zoom Meeting Contact Area Chair: Veronica O. vodon-

- nell52@gmail.com
- Fri Nov 4 6 2022 Area 75 Conference
- Winter Assembly 1/29/23, Delegated Workshop 3/19/23, Spring Assembly 4/16/23, Summer Assembly 6/11/23, Pre Conference Assembly 9/10/23, and the Conference Assembly 10/21/23

## CORRECTIONAL INSTITUTIONS

In-person meetings have started back up in the Area corrections facilities. Contact Michelle, Area Corrections Chair by email; <u>corrections@area75.org</u> for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Emily J. by Email: <u>mccccoordinator@gmail.com</u>

- TAYCHEEDAH CORRECTIONAL, Fond du Lac, WI 54937
- OAK HILL CORRECTIONAL INSTITUTION: 5212 County Road M, Fitchburg, WI 53575
- WAUPUN CORRECTIONAL INSTITUTION, Waupun WI
- FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933
- JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI,
- RACINE CORRECTIONAL INSTITUTION for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- FEDERAL CORRECTIONAL Satellite Camp, Oxford, WI.
- THOMPSON FARM, RT. 2 DEERFIELD, WI.,
- ROBERT ELLSWORTH CORRECTIONAL, Union Grove, 53182
- KETTLE MORAINE CORRECTIONAL., Forrest Dr., Plymouth,
- MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI. Emily J. by Email: <u>mccccoordinator@gmail.com</u>
- MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI. Emily J. by Email: <u>mccccoordinator@gmail.com</u>
- MILWAUKEE SECURE DETENTION, 1015 N. 10th St. Emily J. by Email: <u>mccccoordinator@gmail.com</u>.
- MILWAUKEE WOMEN'S CORRECTIONAL CENTER, 615 W Keefe Ave. Emily J. by Email: <u>mccccoordinator@gmail.com</u>

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-

**PERSON** at 1:00 p.m. on the 3rd Sunday on odd numbered months, at Greater Milwaukee Central Office, 7429 W Greenfield Ave, West Allis WI 53214. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: <u>mccccoordinator@gmail.com</u> with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

#### ADDRESSES FOR YOUR INFORMATION

<u>Milwaukee Central Office:</u> 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

- <u>Area 75 Treasurer:</u> PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
- Area 75 <u>Corrections</u>, or <u>Bridging the Gap</u> or <u>Treatment</u> write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- <u>Southern Wisconsin Deaf Access Committee</u>: Email: <u>milwareadeafaccess@gmail.com</u>; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

Sunday AA

Monday AA

Tuesday AA

Wednesday AA

Thursday AA

Friday AA

11936 N. Port Washington Rd Mequon, (262) 241-4673 www.newdayclub.org A.A. MEETING SCHEDULE . 8:00 a. Topic 11:00 a. Topic Sun. 5:00 p. Young People 7:30 p. Topic Mon.12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 8:15 p. Men's Gp Tue. 10:00 a. Topic 5:30 p. Big Book 7:00 p. Beginners Gp 8:00 p. Big Book Gp Wed.10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline Thr. 10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting 10:00 a. Topic Meeting Fri. 5:30 p. Step/Tradition 8:00 p. 10:00 a. Step Meeting 5:00 p. Fellowship of Spirit Sat 7:00 p. Feelings 10:00 p. Young People 8:00 p. Open Meeting (held on 3rd Saturday of month only) AL-ANON MEETINGS Monday 6:30 p. Al-Anon Tuesday 1:00 p. Al-Anon/ACOA Wednesday 7:00 p. ACOA

NEW DAY CLUB

**NORTHWEST ALANO CLUB\*** N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone)

7:00 p. Al-Anon

Contact club for information on other

#### A.A. MEETING SCHEDULE

- (V)=Virtual, (IP)=In-person, (V & IP)=Both Sun. 10:00 a. Big Book Rm 204/205 7:00 p. Sun Night Gp Rm 205
- 7:00 p. Just Do It Gp Mon
- 10:00 a. Step Tue. 8:00 p. Topic

Thursday

fellowships

- Wed 7:00 p. Step/Topic
- 10:00 a. Step Thr. 6:00 p. Women's
- Fri. 8:00 p. Step/Topic (V & IP)
- 10:00 a. Sat Serenity Gp Sat. 11:15 a. Code 3 Mtng. 7:00 p. Simply Sober Gp

#### AL-ANON MEETINGS

- Wed. 7:00 p. Al-Anon 7:30 p. Al-Anon Fri.
- \*This Club is a Smoke-Free environment We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail
  - 6:30 p. Delavan Discussion Saturdav AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp 6:30 p. Delavan Beginners Gp.

#### PASS IT ON CLUB 6229 W. Forest Home Ave Milwaukee WI (414) 541-6923

Sun.	A.A. MEETING SCHEDULE 8:00 a. Sun. Wake Up 9:30 a. Reliance Meeting
	11:00 a. Today' choice
	3:00 p. Gratitude Plus
	7:00 p. Big Book Readers
Mon	7:30 a. Jump Start 10:30 a. First Step
	4:00 p. Happy Hour Step Gp.
	7:00 p. Open IntroductoryAA
Tue.	7:30 a. Comin'Back Gp
rue.	10:30 a. Keep It Simple
	4:00 p. Drop the Rock
	6:00 p. Key To Sobriety Women's
	7:30 p.Three Legacies
	7:30 p. Double Trouble DD/O
Wed.	7:30 a. Big Book Study
	10:30 a. Pass It On
	4:00 p. Happy Hr Promises
	6:15 p. Courage to Change
	7:00 p. We, Us & Ours
Thr.	7:30 a. Welcome Back Gp
	10:30 a. Made Decision
	5:15 p. As Bill Sees It
<b>F</b>	7:00 p. Gateway Topic Gp
Fri.	7:30 a. Honesty Gp. 10:30 a. Came To Believe
	6:00 p. Women's Fri. Kickoff
	6:30 p. Thoughts 4 Today
	8:00 p. Broken Arrow
Sat.	8:30 a. Early Bird
541.	10:30 a. Happy Joyous Free
	7:00 p. Viajeros Wisconsin lower level
	8:00 p. 5 Conceptos upstairs
	8:00 p. Back to Basics 12x12

WALWORTH

COUNTY ALANO CLUB

611 Walworth St.

(Hwy. 50 & 11)

Delavan, WI 53115,

(262) 740-1888

10:00 a. Primitive Group

12:00 p. Open Speakers

7:30 a. Sunny Side Up

7:30 a. Sunny Side Up

7:30 a. Sunny Side Up

12:00 p. As Bill Sees It Gp

7:30 a. Sunny Side Up

7:30 a. Sunny Side Up

12:00 p. Big Book Study

12:00 p. Delavan Noon Gp

6:30 p. Delavan Big Book Gp.

6:30 p. Delavan IT Meeting

6:30 p. Delavan Meeting

12:00 p. Delavan Noon Gp.

6:30 p. Delavan Discussion

12:00 p. Delavan Step Meeting

6:30 p. Delavan 12 Step Topic

	N60 W 35878 Lake Dr
	Oconomowoc, WI
	(262) 567-9912
	www.lakeareaclub.com
	A.A. MEETING SCHEDULE
Sun.	8:00 a. Early Bird
	9:30 a. Literature Meeting
	11:00 a. Friendship Gp
	6:00 p. Big Book
	8:00 p. Gopher Sunday
Mon.	9:00 a. Positive Attitude
	6:30 p. Otter Gp
	8.00 n Sten/Tradition Stur

n Study 1:00 p Tue 4:00 p. 7:00 p. Life House Beginners

LAKE AREA CLUB

- 8:00 a Wed. 10:00 a. Back To Basics 2:00 p. Women's Meeting
- 6:00 p. 8:00 p. Thr. 10.00 a 4:00 p. 5:00 p. Woman's Way 12 Steps
- 8:00 p. Grapevine Mtng Fri. 12:30 p
- 4:00 p 8:00 p. Old School House 8:30 a. 11th Step
- Sat. 10:00 a. Big Book
- OPEN AA/AI-Anon SPEAKER MEETING
- Sat. 7:00 p. 2<sup>nd</sup> & 4<sup>th</sup> Saturdays (AA and/or Al-Anon Speakers)

#### AL-ANON MEETINGS

- Mon. 7:00 p. Al-Anon 9:00 a. Al-Anon Tue Wed.
- 7:00 p. Al-Anon & Alateen

#### ALANO CLUB 1521 N. Prospect Ave. Milwaukee, WI, 53202 (414) 278-9102 http://www.mkealanoclub.org/

#### A.A. MEETING SCHEDULE Sun. 7:00 a. AA Meeting 10:00 a. Gp 17 Step

- Mon. 7:00 a. Early Morning 10:30 a. Gp 72 Topic
- 12:15 p. Big Book Meeting 6:30 p. Gp 40 Big Book
- 7:30 p. We Agnostics 7:00 a. As Bill Sees It,
- 10:30 a. Gp 70 Step 12:15 p. Gp 76 7:00 p. Beginner's Meeting
- Wed. 7:00 a. AA 10:30 a. Gp 9. Step
- 12:15 p. Oasis Topic Gp 6:00 p. Chicks at Six Gp, women, Child Care available 7:30 p. We Agnostics
- Thr. 7:00 a. Big Book Meeting 10:30 a. Gp 97. Step
- 12:15 p. Here & Now Gp
- 7:00 p. AA (LGBT) All Welcome 7:00 a. Daily Reflections 10:30 a. Gp 21, Step
- 12:15 p. Gp 65 6:30 p. Here & Now
- 12:15 am. Second Shifters (Sat.) Sat. 7:00 a. AA Meeting 11:00 a. Gp 87 Step

#### 7:30 p. Open AA Speaker Mtng

AL-ANON MEETING Sunday 10:00 a. Al-Anon

#### WAUKESHA ALANO CLUB 318 W. Broadw Waukesha, WI, 262-549-6541 A.A. MEETINGS,

#### (V)=Virtual, (IP)=In-person, (V & IP)=Both 9:30 a. Sun Morn Sunlight (IP) Sun.

- 11:00 a. Sun Go-To-Mtng (V & IP)
- Zoom: 868 6375 8565, PW: 135314 07:00 p. Big Book Study (IP)
- Mon. 12:00 p. (IP)
- 6:00 p. Beginners AA (V & IP) Zoom: 818 7287 8662, PW: 740572 7:00 p. (12 & 12) (IP)
- Tue. 6:00 a. Open Your Eyes... (IP)
- 12:00 p. Wauk Wed Nooners (IP) Wed. 5:30 p. Topic Gp (V & IP) Zoom: 818 9650 5286, PW: 677391
- 12:00 p. Nooners (IP) Thr
- Fri. 12:00 p. T.G.I.F. Gp (V & IP)
- Zoom: 839 0454 9230, PW: 830354 Sat. 06:00 a. Early Morning (IP)
- 10.00 a Gn 124 (V & IP) Zoom: Contact Sher at 630-432-3585 for
- access **OPEN MEETINGS, DANCES & EVENTS** 
  - Call for information
    - GALANO CLUB

- LGBT & All in Recovery - 7210 W Greenfield Ave, Suite 1, Lower Level

#### H.O.W. TO CLUB 8930 W. National Ave West Allis, (414) 543-2448 http://howtoclub.info/

M, W, F, Sat. 9 a. -11 p, Tue Thr 9a. - 9p., Sun 8a to 9p.

- 8:00 a. Eye Opener AA Gp 10:00 a. Grass Roots (Steps) 4:30 p. Drop the Rock 6/7 Step
- 6:00 p. Restore Us To Sanity 8:00 p. Sun. Sober & Serene
- Mon. 11:00 a. Winner's Circle
  - 5:45 p. Gp 132, Women's Gp 7:00 p. Big Book Gp.
  - 8:00 p. New Hope Gp
- Tue. 11:00 a. Willingness Group 6:00 p. Tue Topic 6pm Gp
- 8:00 p. New Hope Meeting Wed, 10:00 a. Foundations Meeting 6:00 p. AA Beginners Gp.
- 7:00 p. Women's Freedom 8:00 p. Promises Group Thr. 10:00 a. But For Grace Of God
- 6:00 p. Here and Now 8:00 p. How To Get It Going
- 11:00 a. Priority Group Fri. 6:00 p. Big Book Friday 8:00 p. R.U.S. For Us
- 11:00 p. Candlelight Promises Sat 9:15 a. Men's Topic 11:00 a. Pioneers Group 3:00 p. Spiritual Growth 6:00 p. 1st & 12 Topic
  - 8:00 p. Open Speaker 3rd Sat 8:00 p. HOW To Saturday

1916 Wauwatosa Ave, 53213

Bluemound Rd. Milw. 53226

N 92nd St. Milw 53222

53216

9

Milwaukee, WI 53214,414-276-6936 lub.org/ galanociub@gmail.com (V)=Virtual, (IP)=In-person, (V & IP)=Both

In Person and Phone Meetings Phone/ Video AA Meetings, Call (978) 990-5195 Meeting Id: galano7210 Code: 1919178#

#### Sunday: (V & IP) 10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video) 10:30 a.m. - Al-Anon -Papillion Group. (In-person)

Monday: (V & IP) 7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/phone/video)

Tuesday: (V & IP) 6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)

Thursday: (V & IP) 7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video

Friday: (V & IP) 10:30 a.m. AA Step & Topic

Saturday: (V & IP) 7:30 p.m. - AA - Big Book & More. (Inperson/Phone/video) The Galano Club is open one half hour before the scheduled meetings

> 24 HOUR CLUB 153 Green Bay Rd. Thiensville, WI Web and Facebook Info

#### A.A. MEETING SCHEDULE

- Sun. 6:30 a. Upon Awakening 8:00 a. 8:00 a. Topic 10:00 a. Step/Topic
- 5:00 p. Step 6:30 a. Topic Mon.
- 8:00 p. Men's 6:30 a. Topic Tue.

5:30 p. Big Book

- 6:30 a. Topic Wed. 10:00 a. Big Bo
- 6:30 a. Topic Thr 10:00 a Tonic 5:30 p. Step/Topic/Trad 8:00 p. Men's 12 & 12
- 6:30 a. Topic Fri. 10:00 c 8:00 p. Step
- 6:30 a. Topic Sat. 8.20 a Pi 10:00 a. Big Book 8:00 p. Open Speaker Mtng. (1<sup>st</sup> Saturday Only)
- dral Complex, 831 N Van Buren, Milwaukee WI 53202

Thurs. 8:30 p.m. Gp 22, Underwood Memorial Baptist,

Fri. at 7 p.m. First Things First, St Margaret Mary, 3930

Fri. 9:30 p.m. Big Book, Martin Luther Church 9235 W

Sat. 8 p.m. Gp 18, St Luke's, 3200 S Herman, Bay View

Sat. 7 p.m. 12 Step Club 4102 W Townsend St. Milw. WI

Thurs. 8:00 p.m. Grateful Gp. St Mark's Episcopal

Church, 2618 N Hackett Ave. Milwaukee 53211

- In Person AA Groups Need Your Support
- Sun. 7 p.m. Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- Mon. 7 p.m. Unity Gp, 4600 Pilgrim Rd, Brookfield
- Tues. 7 p.m. Gp 43, Friendship Club, 2245 W Fond du • Lac Ave Milwaukee WI.
- Wed. 11am. Gp 10-17, St Veronica's 353 E Norwich, Milw. 53207
- Wed. 8:00 p.m. Helping Hand (No Masks Required), Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI 53213
- Thur. 12:15 p.m. Jeanette Burnett Gp, St John's Cathe-



Email:

Sunday

Monday

Tuesday

Saturday

meetings.

Email:

UNITY CLUB 1715 Creek Rd West Bend, (262) 338-3500 unityclub1715@att.net www.facebook.com AA MEETING SCHEDULE

Sun. 10:30 a.\* Gratitude Gp. 8:00 p. Candlelight Gp.

- Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's
- Tue. 10:00 a. Tuesday A.M. 7:30 p. Beginner's 8:00 p. Step Gp
- Wed. 10:00 a. Promises 1:00 p. Steps/Promises 5:00 p. Happy Hour Gp In-
- person & Zoom: 332602852, pw: 123456
- 8:15 p. Step Gp Thr. 10:00 a. Big Book
- 7:00 p. EZ Dozen12x12
- Fri. 10:00 a. Step/Topic Gp 6:00 p. Big Book
- Sat. 10:00 a. Here & Now 6:00 p. Big Book Connection

AL-ANON & ALATEEN MTNGS Saturday 9:00 a. Al-Anon Thursday 7:15 p. Al-Anon

Open Mtng. 3rd Sunday of month

#### friendshipinc@sbcglobal.net

10:00 a. Friendship

**Open Meeting** 

10:30 a. Step Gp

11:00 a. Third Sunday

7:00 p. Gp 43 Big Book

10:30 a. Gp 112 Step

friendshipinc@sbcglobal.net

Call for information

on other types of

AA MEETING SCHEDULE Wednesday:

7:00 p. More About Alcoholism, Big Book Study

**12 STEP CLUB** 

4102 W Townsend St.

Milwaukee, WI 53216

(414) 871-0610

A.A. MEETING SCHEDULE

Thursday: 10:30 a. Group 56

Friday: 11:00 a. Gp. 61(12x12)

Saturday: 10:00 a. Beginner's

7:00 p. 12 Steps Gp

Call the club for information on Open Speaker AA meetings, meetings for other fellowships and for special events.

933 E Cent	AUKEE GROUP er St, Milw WI 53212. A. MEETINGS
Sun.	10:00 a In-person 8:30 p. In-Person
Mon.	5:30 p. In-Person 7:00 p. In-Person 8:30 p. In-Person
Tue.	7:00 p. In-Person 8:30 p. In-Person
Wed. https://zoom	5:30 p. Zoom n.us/j/8974697046 pw:0 7:00 p. In-Person 8:30 p. In-Person
Thur.	7:00 p. In-Person 8:30 p. In-Person
Fri.	7:00 p. In-Person 8:30 p. In-Person
Sat.	8:30 p. In-Person

**Milwaukee Central Office** 7429 W Greenfield West Allis WI 414-771-9119 A.A. MEETINGS Sun. 9:00 a. Gp 10 Sunday Mon. 12:15 p. 12:15 p. Tue. Wed. 12:15 p. Thur. 12:15 p. Fri. 12:15 p. 9:15 a. 1st Step Sat. 10:30 a. We do not meet on major holidays.

LIGHTHOUSE ON DEWEY 1220 Dewey Ave. Wauwatosa WI AA MEETINGS

Sunday 6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room Monday 7:30 p. Laughs/Leisure Tuesday 6:00 p. 11th Step Meditation 7:30 p. Professionals Wednesday 7:30 p. Presidents Hall 8:00 p. "RES-IPSA" Thursday 7:00 p. Women's AA 7:30 p. Alumni No 12 Friday 7:15 p. Gp 74 Saturday 10:00 a. Gp 59 7:00 p. Great Room

#### All Saint's Cathedral 818 E Juneau Ave. Milw 53202

 Sun:
 7:00 p.m. Bench Meeting

 Mon:
 7:30 p.m. #08 Sane & Sober

 Tue:
 10:30 a.m. Men's Gp.

 Wed:
 7:30 p.m. Men's Gp.

 Fri:
 7:30 p.m. Big Book Gp.

 Sat:
 10:30 a.m. Men's Gp.

#### JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Memo: Birthday 7429 W Greenfie West Allis WI 53	ld Ave 214		
	nt/Contribution: vebsite, using <u>C</u>		
	enclosed.		V
l will have Name	rears on/	<i>I</i> .	T
Address			
City	State	Zip	
Phone: ( )	-		
Email:			
Home Group:			





**Friday Night Couples in Recovery** 

We are Back - EVERY Friday!

We welcome couples and singles interested in applying the 12 steps to both self and relationships!

We meet <u>each Friday of the month</u> beginning April 1st and would like couples or singles working any 12 step program to join us At 7:30 pm







St. Pius Church 2520 N. Wauwatosa Ave. (76<sup>th</sup> St. ) Just north of North Ave. (Enter the building on Wauwatosa Ave. Turn Left & up the Stairs)

#### ANNUAL CANDLELIGHT GRATITUDE MEETING

Sponsored by the Hartford Sunday Night AA Big Book Study Group



#### Sunday, November 27, 2022 6:00 pm

An <u>open</u> meeting for AA and Al-Anon members, their friends, and their families. All are welcome to share our many blessings.

Bring a snack or hors d'oeuvre to share.

Landmark Credit Union 1400 Schauer Drive Hartford, WI 53027 (Just south of Kwik-Trip on County Rd. K, off Hwy 60)



## Gratitude

## "We are self-supporting through our own contributions"



2022 Gratitude Campaign in the Months of November and December. Contributions are used solely to operate Your Milwau-

kee Central Office.



Use Venmo app from your smartphone to send donations to: @MilwaukeeCentralOffice-AA Use QR Code To Contribute Using VENMO



#### A New Meditation Book Dedicated to Service Members and Veterans

Service members and veterans who are in recovery share their words of healing and hope in daily meditations. These people are in a class of their own—they know what they experienced, they know how their recovery has been affected by their service, they know how to help themselves and they know how to help each other.



\$18.95

• JANUARY 4 •

#### Behind Me

Weed. Booze. Beer. All of that. I used all of it. Then I came home and they gave me legal drugs. I don't feel at all. Or I feel high. Anything to not think. I don't want to think. Anything to stop my ears from ringing. To relax. To not have to talk to my family. To not have to talk to my buddy's gone. I can't look at her.

I don't think I've got PTSD, I think I was just having a tough time. A rough patch. A *really* rough patch.

I was there. Behind. I had been left. I left myself.

I have to want to not be back there. Every day, I have to not want to leave myself behind. I have to suit up and show up. I have to catch up and stay caught up. I have to ask for help. I have to help others. I have to show them how it's done. Because, if I don't, I'll leave myself behind again. It's on me. It's all up to me.

And I'll do it. Because I'm a warrior.

Today, I'll suit up and show up for everything in front of me. I'm not going to leave myself behind again.

Josh O., U.S. Army, 2012-2018



It Happened to Joe, Page 23

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#### **SOUTHERN STATES**

Jacksonville, FL 32202 Group Code: G-SWCG

904-588-1234



ASL Interpreter Provided

JANUARY 27-29, 2023 JACKSONVILLE, FL

SPEAKERS:	
Steps 1:	Hilary R. (Dallas, TX)
Steps 2 & 3:	Tina H. (Waukesha, WI)
Steps 4 & 5:	Carla R. (Tujunga, CA)
Alanon:	Sonia L. (Nashville, TN)
Steps 6 & 7:	Dolly A. (Cleveland, OH)
Steps 8 & 9:	Vivian Q. (Bluffton, SC)
Step 10:	Nancy B. (Denton, TX)
Steps 11 & 12:	Kelley B. (St. Petersburg, FL)

Email Program: AA Al-Anon Alateen olunteer at the conference: stration, payable to Southern States Women's Conference
Program: AAAI-AnonAlateen olunteer at the conference:
olunteer at the conference:
ease let us know if you need assistance with accessibility earing, vision, and/or physical disability)

**AA WORKS** Come and get it!

Area 75

Annual Conference of Alcoholics Anonymous

November 4-6, 2022 Chula Vista Resort Wisconsin Dells

Hosted by District 20



Serenity Group "The Barn"

Thursdays 7:00-8:00pm

St. Alban 's Church W239 N6440 Maple Ave Sussex, WI. 53089

Come join us...

New location, same great format and fellowship

\*\*February 3rd - new meeting start date\*\*

Let's begin District 14 GSR meeting with a moment of silence.



DISTRICT 14 MONTHLY GSR MEETING! The regularly scheduled monthly GSR has resumed in-person. Meetings are held at the Greater Milwaukee Central Office at 7429 W Greenfield Ave in West Allis. Meetings start at 7 P.M. on the 4th Wednesday each month. Next meeting September 22<sup>nd</sup>. Please try to attend.



Living Word Lutheran Church

2240 LIVING WORD LANE JACKSON, WI 53037







#### Fox Point Group 86: Reaching Out, Join Us on Zoom Monday Evenings.

We are doing a group inventory, looking at ways in which we can be more accessible.

Current members with a wide range of sobriety, join our weekly meetings to discuss topics that impact all people in recovery thus providing a healthy balance for all.

We warmly welcome all genders, sexual preferences, ethnicities, and ages.

We meet on-line with ZOOM Monday Nights at 8:00 and will do so until we resume our "live" meetings at the North Shore Congregational Church in Fox Point.

Stop on by! We open up around 7:45 and begin at 8:00. If you are shy about "Zooming," just come on in and listen. It's Alcoholics *Anonymous*.

You will find a warm welcome to a lively and amiable group living one day at a time.

https://zoom.us/j/8700953588

Meeting ID 8700 953 588 no password but waiting



## WHEN: **Saturday, December 10,** 2022, 10:30 A.M. – 12:30 P.M.

Followed by the Annual Group Secretaries meeting at 12:30

#### WHERE: Milwaukee Central Office 7429 West Greenfield Ave.

7429 West Greenfield Ave West Allis, WI 53214

Shop and Enjoy 10% off all Non-AA Conference approved books and gifts, on Dec. 10<sup>th</sup> when you join us for our Open House.

> REFRESHMENTS \* REFRESHMENTS \* More REFRESHMENTS

Welcoming Newcomers and Aiding AA Groups In Our Community



COME AND EXPLORE THE MILWAUKEE CENTRAL

MEET YOUR BOARD OF DIRECTORS

**OFFICE** 

GREET YOUR FRIENDLY OFFICE STAFF

ENJOY THE FEL-LOWSHIP & EAT THE FREE FOOD

SUGGESTIONS TO IMPROVE AA IN THE COMMUNITY ENCOURAGED