

"BETWEEN-US"

VOL. 27 ISSUE 7

JULY 2019

Basket case

A former binge drinker contributes more to his group's Seventh Tradition collection, and doesn't hide it

I HAVE yet to be at a meeting that didn't pass the basket. It has come at different moments during the meetings but it has always come. In most meetings the first line of the Seventh Tradition is read as a brief explanation of the purpose of the expectation:

"Every AA group ought to be fully self-supporting. . . ." However, it does not say AA groups should be struggling for financial survival, as is happening currently to one of the largest and most influential groups in my area.

When I last joined AA, 21 years ago, everyone was dropping a dollar in the basket. No amount was mentioned or suggested; it just seemed that the most common rate was a buck. In the last decade or so some groups have taken to making a suggestion of \$1 and, more recently, \$2.

I recall that when one small group I regularly attended was going to adopt the suggestion of \$2, I'd argued against it. I had some idea that those who couldn't give that much

("Basket" Continued on page 8)



AA CUSTOMS VS TRADITIONS

AA meetings have often different customs such as having the whole group chant the Preamble or chant the Chapter five readings (*No peeking!*); some announce the readers names, but some simply say: "I have asked a friend to read" (*How distant!*); some *impolitely* mock the readings; Most rotate GSRs, Secretaries, Chairpersons, Treasurers, *but some do not*, etc. These rituals are

up to each group's conscience. They do not adversely affect other groups or "AA as a whole" so said customs do not stand in conflict with Tradition Four.

However, I believe it is important for me to recognize the difference between AA Customs and AA Traditions, e.g.: I recently attended a group where a non-AA member was chairing the meeting. This practice violates Tradition One (Divides group unity); Tradition Five (How can a non-alcoholic share their recovery from alcoholism if they do not have alcoholism); Tradition Ten (As an AA group we have no opinion on overeating, drug addiction, sex addiction, etc. or whatever addiction the non-alcoholic chairperson may have). I believe Tradition Four is violated when it conflicts

("Customs" Continued on page 11)

	Oct '18 - May 19	Oct '17 - May 18	\$ Change	% Change
Ordinary Income/Expense				
Income				
4000 · Literature Sales	80,624.49	64,906.00	15,718.49	24.22%
4050 · Between us	2,977.25	3,210.50	-233.25	-7.27%
4070 · Contributions	49,654.81	51,750.05	-2,095.24	-4.05%
4080 · Gratitude boxes	24,443.91	25,604.00	-1,160.09	-4.53%
4090 · Open Meeting / Dinner	8,350.00	5,025.00	3,325.00	66.17%
4100 · Memorials	2,340.00	50.00	2,290.00	4,580.0%
4130 · Personal Contr.	3,246.47	7,663.77	-4,417.30	-57.64%
4150 · Other Income	1,821.54	2,261.68	-440.14	-19.46%
4170 · Interest Income	1,751.60	2,185.12	-433.52	-19.84%
4190 · Discrepancies	0.00	-0.14	0.14	100.0%
4600 · Merchandise Sales	308.80	18,129.64	-17,820.84	-98.3%
4830 · Sales Discounts	79.99	80.00	-0.01	-0.01%
48900 · Shipping and Delivery	589.63	519.52	70.11	13.5%
Total Income	176,188.49	181,385.14	-5,196.65	-2.87%
Cost of Goods Sold				
5000 · Literature	49,562.92	37,751.68	11,811.24	31.29%
50000 · Cost of Goods Sold	300.25	10,603.93	-10,303.68	-97.17%
52900 · Purchases	49.86	109.65	-59.79	-54.53%
Total COGS	49,913.03	48,465.26	1,447.77	2.99%
Gross Profit	126,275.46	132,919.88	-6,644.42	-5.0%
Expense				
51100 · Freight and Shipping Costs	1,153.20	1,181.14	-27.94	-2.37%
59900 · POS Inventory Adjustments	584.33	228.36	355.97	155.88%
6000 · Advertising and Promotion	0.00	610.48	-610.48	-100.0%
6045 · Coffee/Soda/Candy Expens	533.65	973.32	-439.67	-45.17%
6050 · Credit card fees	1,688.74	1,130.62	558.12	49.36%
6170 · Computer and Internet Expe	1,825.00	1,329.89	495.11	37.23%
6200 · Conferences & conventions	84.94	20.00	64.94	324.7%
6240 · Depreciation Expense	0.00	2,125.58	-2,125.58	-100.0%
6262 · Postage	0.00	3.04	-3.04	-100.0%
6330 · Insurance Expense	0.00	408.00	-408.00	-100.0%
6345 · Open Meeting/Dinner	8,630.70	8,698.52	-67.82	-0.78%
6370 · License & permits	10.00	10.00	0.00	0.0%
6500 · Office	28,554.79	26,877.04	1,677.75	6.24%
6600 · Payroll	69,021.15	64,718.30	4,302.85	6.65%
66900 · Reconciliation Discrepanci	6.99	-6.72	13.71	204.02%
6700 · Professional Fees	1,000.00	1,145.00	-145.00	-12.66%
6800 · Printing	0.00	1,628.40	-1,628.40	-100.0%
69800 · Uncategorized Expenses	0.00	3,000.00	-3,000.00	-100.0%
Total Expense	113,093.49	114,080.97	-987.48	-0.87%
Net Ordinary Income	13,181.97	18,838.91	-5,656.94	-30.03%
Other Expense	0.00	8.00	-8.00	-100.0%
Net Other Income	0.00	-8.00	8.00	100.0%
Net Income	13,181.97	18,830.91	-5,648.94	-30.0%

Account Balances:

Checking: 2,908.43
Savings Account: 60,983.94
Prudent Reserve: 163,805.25

What is the Prudent Reserve?

The A.A. guideline document produced by A.A. World Services, Inc., suggests a prudent reserve for a central office or intergroup be fixed somewhere between one and twelve months' operating expenses. The prudent reserve is not available for everyday use. It is only meant for startup and twelve months of operating expenses, in an emergency situation.



Secretary Meeting, June 11, 2019

Groups represented 15, 48, 132 Women, Badger Gp, Big Book Readers, Butler Sunday Night, Common Solution, Conscious Contact Discussion, Gratitude Gp, Hartford Women's Big Book, How It Work Big Book Disc., Just Do It Gp, Keystone 12 Promises, Mayflower, Monday Night Women's Waukesha, Reality Gp, Saturday Morning Big Book, There Is A Solution/Pewaukee, Tuesday A.M. Big Book, Tuesday Night Grapevine, Wanderer's, Way of Life, Women's 164 Big Book Meeting. I'm sorry if I have missed anyone that was in attendance.

Nancy S. opened the meeting at 7:00 p.m. with a moment of silence followed by the Serenity Prayer.

THERE WILL BE NO SECRETARY MEETING IN JULY! NEXT SECRETARY MEETING WILL BE TUESDAY AUGUST 13, 2019. ENJOY THE SUMMER.

Bank Balances on page two.

New secretaries introduced themselves, and made announcements.

ALL MEETINGS listed in our meeting directories should routinely contribute to the AA Service Entities; Milwaukee Central Office 50%, GSO in New York 30% and Area 75 Committee 10% and to your Districts 10%.

Renew Between-Us subscriptions now. \$9 yr. for 3 copies/mo. or \$18 yr. for 6 copies/mo. All subscription run through December. **NEW subscriptions welcome.**

BIRTHDAY CLUB! We celebrate birthdays, and we'd like to help you celebrate yours! Send us a donation of \$1 for each year - or more if you'd like - and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that too! Just fill in the form

found on page 6 of this newsletter.

Volunteers are needed for the helpline, some overnight and some Saturdays (9-1 or 1-5), and **alternate Fridays from 10pm to 9am** (Sat.). Some in-office hours available now. You need to have at least 1 year of sobriety, a Home Group and Sponsor. Call Nancy or Dan.

Guest Speaker: Nancy H. Conference Chair 2019. She talked about the Conference October 18-20, 2019 at the Crown Plaza Airport. Pre-registration is \$20, Saturday night banquet is \$30 and the Sunday Breakfast buffet is \$18. This is a weekend of Area business, AA Speakers and lots of fellowship.

Nancy also runs a "Service Manual Study" group on the 2nd Thursday each month. This is held to the Milwaukee Central Office, 7429 W Greenfield Ave, at 6:00 p.m.

The meeting closed with the Lord's Prayer at 7:30 p.m.. Next meeting is Tuesday Aug. 13, 2019 at 6:30 p. The next Board of Director's meeting is Wednesday July 9th at 6:30 p.m.

Deaf Access Committee (DAC)

April 2019

Balance: \$6,381.86

Contributions: \$1,726.75

Interpreter : \$ 640.00

Awareness Event

Expenses: N/A

Donations: N/A

Annual Cost of interpreters

for 3 meetings a week @\$160

per meeting is \$24,960

Leslie P. with questions:

eclvr@wi.rr.com

ORIENTATION for GSR'S

Second Tuesday of each month, 6:30 p.m. prior to the secretary's meeting, at the Milwaukee Central Office. Call before you come 414-771-9119

DISTRICT MEETINGS

DISTRICT INFO ON THE WEB:

<https://www.area75.org/page/districtmeetings>

1. JACKSON, LaCROSSE, MONROE, VERNON, & TREMPLEAU; 2 & 18 GREEN LAKE & MARQUETTE CNTY'S & PART OF WAUSHARA; 8 & 30 ROCK ; 9. CRAWFORD, GRANT, IOWA and LAFAYETTE; 19 & 37. RICHLAND & SAUK; 20, 21 & 26 DANE; 31. COLUMBIA CNTY; 35. GREEN; 37. JUNEAU CNTY'S

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY 2nd Tue. 7:30 p. Feb. Apr. June. Aug. Oct. and Dec. only, Walworth Alano Club, 611 E. Walworth St., Delavan

7. KENOSHA CNTY 3rd Sun. of month, 4:00 p., Kenosha Alano Club, 630 56th St.

10. Spanish District. Contact: Salvador G. at 414-446-0158. Meets every 2nd & 4th Sunday 9 a.m. to 11 a.m. 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,

12. WASHINGTON CNTY 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037

13. WAUKESHA CNTY (1 of 3) 1st Sun. of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY (1 of 6) 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., P.O. Box 13011, Wauwatosa WI 53226

16. MILWAUKEE CNTY (1 of 6) 1st Wed. of month, 7:00 p, Milw. Central Office, 7429 W Greenfield Ave.

17. RACINE CNTY (1 of 2) 3rd Sun. of month, 1:00 p, Grove Club, 1037 Grove Ave., Racine

23. DODGE CNTY 1st Wed of month at 7:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY 3rd Tue. of month, 6:30 p., Peltz Center for Jewish Life, 2233 W Mequon Rd. Mequon

25. FOND du LAC CNTY 2nd Tue. of month, 6:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac

27. MILWAUKEE CNTY (1 of 6) 3rd Wednesday of month, 7:00 p.m. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee WI 53222

28. MILWAUKEE CNTY (1 of 6) 1st Mon. of month, 7:00 p, Bay View United Methodist 2772 S Kinnickinnic Ave. Bay View, WI 53207

29. MILWAUKEE CNTY (1 of 6) 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. WAUKESHA CNTY (1 of 3) 4th Tuesday of month, 6:30 p, Bethlehem Evangelical Lutheran Church, 470 Oak Crest Dr., Wales WI.

34. WAUKESHA CNTY (1 of 3) 1st Tue. of month, 6:30 p, Northwest Alano Club, N88W17658 Christman Rd., Menomonee Falls

36. RACINE/KENOSHA (1 of 2) 2nd Tues. month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington

38. MILWAUKEE CNTY (1 of 6) Last Sunday of month 4:30 p.m. All Saint Cathedral, 818 E Juneau Ave.

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214,

dan@aamilwaukee.com

2 Bucks In The Basket... Make it a Reality, not just a dream!



"Every AA group ought to be fully self-supporting, declining outside contributions."

Tradition Seven, Twelve Steps and Twelve Traditions,

Reprinted with permission AA World Services, Inc.



CORRECTIONAL INSTITUTIONS

TAYCHEEDAH CORRECTIONAL,
Meetings are held 1st, 2nd & 4th Tuesday and
on the 3rd Thursday at 5:45 -7:30 p.m., Glo-
ria K. (920) 921-2395

FEDERAL CORRECTIONAL INSTITUTION,
P.O. Box 1085 Oxford, No Meeting!

FEDERAL CORRECTIONAL Satellite
Camp, New Path Group, P. O. Box 1085
Oxford, WI. Meetings Wed. at 1:30 p.m.

OAK HILL AA GROUP, OAK HILL WCI
5212 Hwy M, P.O. Box 140 Oregon, WI
53575 Meetings Wednesday at 7:00 p.m.
and Sunday at 6:30 p.m. Contact: Rick B.
(608) 235-5154

THOMPSON FARM, RT. 2 DEERFIELD,
WI., Closed meeting Tuesday at 8:00
p.m. Contact: Tom Dickert, (608)764-5755

ROBERT ELLSWORTH CORRECTIONAL,
21425A Spring St., Union Grove, 53182 Call
for AA Meeting times: Contact Jennifer H.
262) 237-1294 or Cheryl P. (262) 914-3970.

KETTLE MORAIN CORR., Box 31,
W9071 Forrest Dr., Plymouth, AA Thr. at
6:00 p.m. Contact Mike L (920) 898-4782.

WAUPUN CORRECTIONAL INSTITUTION
AA Meeting Sat. , 8:00a.m.-9:30 a.m. Dale
C. 920-387-4229 after 5 p. clearance.

MILWAUKEE COUNTY HOUSE OF COR-
RECTION, 8885 S. 68th St. Franklin WI.

MILWAUKEE COUNTY JAIL 9th & State
Milwaukee WI.

MILWAUKEE SECURE DETENTION CEN-
TER, 1015 N. 10th St. Milwaukee

Milw Women's Correctional Ctr. 615 W
Keefe Ave. Milwaukee

FOX LAKE CORRECTIONAL, Box #147,
Fox Lake, WI 53933 Closed meetings Tue.
& Fri. from 6:00 -8:00 p.m.

JEFFERSON COUNTY JAIL 411 S. Center
St., Jefferson, WI, Mting. held on Mon. at 7:00
p.m., Contact: Scott N. 920-397-0170

RACINE CORRECTIONAL INSTITUTION
for MEN Mtngs: Sun. 8:30 AM, Dane Rx
Unit; Wed. 7:00 p. and two meetings on
Thursday at 7:00 p. English and Spanish.
Call Paul H. (262) 537-2884

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets at 6:30 p.m. on the 2nd Monday
every odd numbered month at All Saints Cathedral, 818 E. Juneau, Milwaukee, WI 53202.

Donations should be sent to: **MCCC, PO Box 270544, Milwaukee WI 53227-0544.** Call
coordinator: Kôtá at (262) 385-3443, email: mcccocoordinator@gmail.com w/

Corrections volunteers must go through the committee to get AA literature to take into the
various facilities. Milwaukee Central Office no longer handles the funds.

Area 75, Southern WI,
Calendar of Events 2019
Madison Senior Center
330 W. Mifflin St., Madison,
except where otherwise noted.
June 23, Summer Assembly and
Delegates Report.
Sept 8, Pre Conference Assem-
bly
Oct 18th - Sun Oct 20th Area 75
Conference & East Central Re-
gional Conference

- **Milwaukee Central Office:** 7429 W Greenfield Ave, West Allis, WI 53214
gmco@aamilwaukee.com
- **Area 75 Treasurer:** PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- **General Service Office:** G.S.O.
- P O Box 459, Grand Central Station, New York, N.Y. 10163
- **Area 75 Corrections, Bridging the Gap and Treatment write to:** PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- **Milwaukee Deaf Access Committee:**
www.milwdac.org; Email: MilwaukeeAreaDeafAccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours!
Send us a donation of **\$1 for each year of Sobriety-** or more if you
choose- and we'll print your birthday in the Between-Us Newsletter.
Include your Home Group, and we'll print that also!

All request must be by the 12th of the previous month.
Late arrivals will appear the following month.

Just fill in the form below and mail, with your donation, to:

Payable to: "Greater Milwaukee Central Office"
Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



\$ _____ enclosed.

I will have ____ years on ____ / ____ / ____ .

Name _____

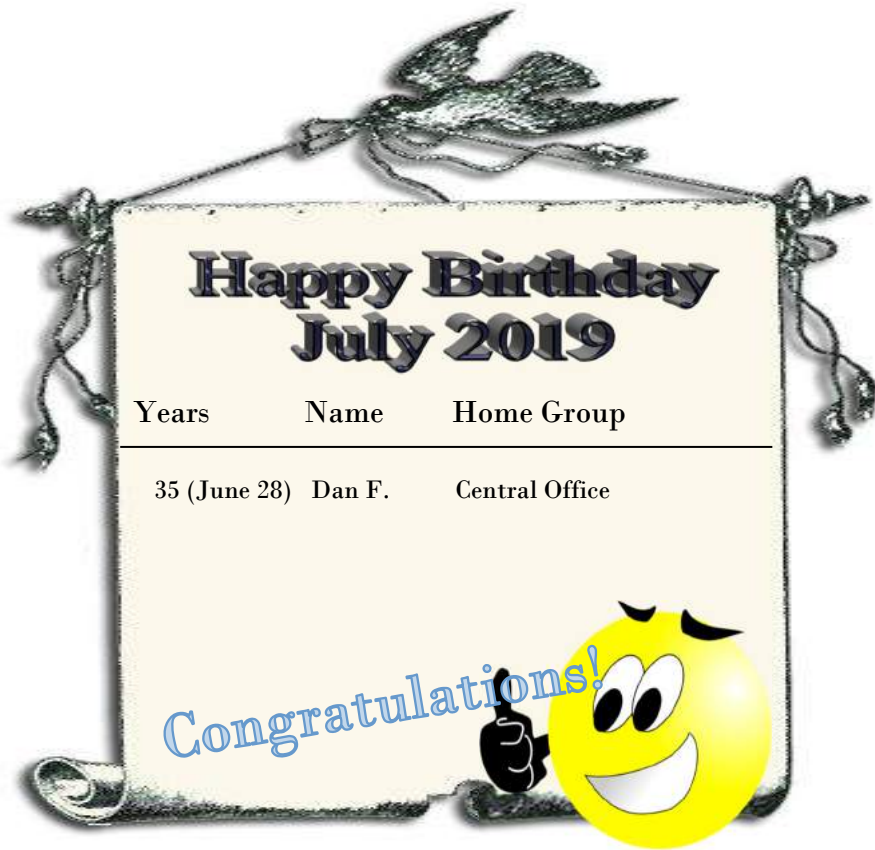
Address _____

City _____ State _____ Zip _____

Phone: () _____ - _____

Email: _____

Home Group: _____



Happy Birthday July 2019

Years	Name	Home Group
35 (June 28)	Dan F.	Central Office

Congratulations!

Buren St. Milwaukee 53202

AA Groups Need Your Support

- **Sundays at 6 p. Sense of Belonging Open AA**, 11th Step prayer and Meditation, 4040 N Calhoun Rd. Brookfield WI 53005
- **Mondays at 7 p.** Group 29, St Catherine Church, 5101 W Center St, Milwaukee WI 53210
- **Wednesday 11 a.m.** Gp10-17, St Veronica's 353 E Norwich, Milwaukee 53207
- **Wednesday 6 p.m.** Women's Big Book, Martin Luther Church, 9235 W Bluemound Rd. Milw. 53226
- **Wednesday 8 p.m.** Menomonee Falls, Gloria Dei Church, W180N7863 Town Hall Rd. 53051
- **Thursday at 12:15 p.m. and Wednesday 5:30 p.m.** St. John's Cathedral Complex, 831 N. Van Buren St. Milwaukee 53202
- **Thursday 8:30 p.m.** Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave, 53213
- **Friday at 7 p.m.**, NCIC Gp 24, NCIC Church 2328 W Capitol Dr, Milwaukee WI 53206
- **Friday at 7 p.m.** First Things First, St Margaret Mary, 3930 N 92nd St. Milw 53222
- **Friday 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw. 53226
- **Friday 8 p.m.** Candlelight, St Anskar Episcopal, N48W31340 Hill Rd Hartland WI (Hwy's 16 & 83)
- **Saturday 11 a.m.** Big Book, St. Pius X Church, 2506 Wauwatosa Ave. Wauwatosa WI 53213

("Basket" Continued from page 1)

would be embarrassed by such a suggestion. I now have more time, more experience, more security, more sobriety and perhaps a bit more wisdom, and now I feel foolish for the objection.

In the last couple of years, I have reconsidered my position on the basket and the amounts. I have realized that I had been stingy. Here's my newer thinking: If I had been drinking on any given day, I would have surely spent more on alcohol than a dollar or two. Even as the binge drinker that I was, I had a daily average that was several dollars higher than the current Seventh Tradition suggestions. so, I have been thinking that if I paid more than \$2 to poison myself, soul and body, why am I being so stingy with paying for my sobriety? Hmm.

Well, then, how much should I toss into the basket? I tipped the last waiter who served me \$9 to do little more than carry a piece of paper to the chef and a couple of plates to my table. That was more than the \$2 suggestion and far less important to my life. I've paid more for frivolous purchases than two dollars. Why have I been so tight with money for the basket? Don't know.

One week I started to give what my last restaurant tip was, but that seemed a bit high. Then I decided to put in the current price of one bar drink. Heck, that's not so much to pay for sobriety.

I've tossed in a five or a 10 or a 20 (that's been my maximum) and I had this wonderful sensation. I told myself that perhaps I had covered for those poorer souls who couldn't give a buck. I reminded myself that the rent on the clubroom had surely risen over the two decades of my sobriety. I reminded my wife that she would surely have left me had the same amounts been poured down my throat. I felt really pleased--perhaps a bit too pleased--with myself.

I began to wrestle with a couple of small ego issues. Just how good should I feel about this giving? Just how public should I be with it? Should I tell myself that I am so wonderful and generous that I should be honored? Sure disaster, that, for an alcoholic. Should I allow others to see that I am giving more than the suggested amounts? Would that be self-serving? Even this article has risks.

Well, this past fall I attended a gratitude dinner/fundraiser in my area and the person with the most sober time was the keynote speaker. Among all of the wise and humorous remarks she made, she touched on donations and brought up the same idea of giving what your last drink cost. I felt relieved that I wasn't the only one to arrive at this notion. I would only have added to her remarks that with 40-plus years, her last drink was a lot cheaper than one drunk by someone recently sober.

So, here's what I have concluded. We all might reconsider how long we've been giving the same dollar (or two) and how much the costs to AA groups have risen. Perhaps we all could consider giving at least the current cost of one of the drinks we would have drunk had we not joined Alcoholics Anonymous and taken up sober living. Not only will it benefit the groups' survival, thus helping other alcoholics find our path, but it will also provide an inner warmth without the drink. I suggest trying just once to give the cost of a drink and see what that does.

By the way, I have decided that I would not fold the higher bills but allow whomever might notice to do so. Perhaps it will serve as a model and attract others to donate the same, and I'll keep trying not to feel too good about it.

-- BRAD S.
Miami, Fla.

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AA Grapevine, Inc. July 2010

Brewing new ideas

When a group treasurer discovered a financial predicament, the members stepped up with a plan

A while back, our group's treasurer passed away and the status of our group's finances was unknown. The first order of business after his death was to audit our group's account.

The audit revealed that the Seventh Tradition basket contributions were not covering the group's expenses. Turns out, our former treasurer had been keeping our group afloat with his own out-of-pocket contributions. Without his contributions, our group's bank balance now began to rapidly decrease. Contributions to AA service entities were immediately stopped.

Our group's three-year lease on our meeting space was soon coming to an end. As the new treasurer, I wasn't willing to sign a three-year lease. Our bank balance was decreasing at a rate that would zero-out in about nine months. So I negotiated a six-month lease in the interim. We now have a month-to-month lease.

We found that the biggest drain to our expenses was coffee, coffee creamer and sugar. Also, meeting attendance was declining, mostly because of the disruption caused by those who were coming into our meetings looking only for a restroom or a free cup of coffee.

At our monthly business meeting, the group decided to stop serving coffee. Shortly after that business meeting, the rumor spread around town, via social media, that our group had closed its doors. There is an old saying that goes: A lie can travel halfway around the world before the truth can put its socks on. This misinformation about our group lingers still today.

A few weeks later, our group decided to resume serving coffee, but also decided that we would no longer buy coffee,

sugar or coffee creamer. Group members were free to contribute these items on their own. The group would continue to buy coffee cups and other group supplies.

Fortunately, our group's financial situation began to turn around. Membership slowly increased. Coffee and coffee supplies continued to be available through voluntary contributions. The group was able to resume making monthly contributions to GSO, our area and district, and to our Central Office. We were also able to buy new books for our book studies. Other groups in town took notice. One group even put out a special can for coffee contributions, telling its members that the group's Seventh Tradition basket contributions would not be used for coffee expenses.

Other groups around town are beginning to realize that coffee expenses are keeping them from supporting GSO and other AA service entities. Many members now bring their own coffee or bottled water to meetings.

The Fourth Tradition cautions against doing things that would harm other

groups or AA as a whole. Wasteful use of Seventh Tradition funds could be considered harm to other groups or AA as a whole, if such waste means that local, area and world services are not financially supported.

It's been nearly two years since our group took what was considered drastic and unheard of action regarding coffee at our meetings. I am happy to report that our meeting attendance has increased and we've maintained a healthy checking account balance. It's our wish that our experience will inspire other groups to look at their overall expenses and decide if they can find new ways to support AA and help carry the message of AA to those who have yet to find their way to our doors.

-- Woody R.
Stockton, California

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AA Grapevine, Inc. July 2010

Binge thinker

Before I was powerless over alcohol and my life had become unmanageable, I was powerless over unhappiness and my life had become unmanageable. I turned to alcohol in my late 40s as the best self-help option I thought I could find. Often, my unhappiness seemed to melt as I drank. But drinking became an ever more elusive and flawed solution to my unhappiness. It began to create unhappiness of its own. My overall unhappiness was eventually much greater than what I had evaded and yet not solved at the beginning of my alcoholism. Now what?

Maybe the best way to feel was to be happy. How was that possible?

Long before I was a binge drinker, I was a binge thinker. I tended to think incessantly, as if this were an essential part of staying alive. My mind either had no "off" switch, or, if it did, I had no idea where it was. In this constant banter, I could find all sorts of resentments to chew on, grudges to hold, victimization to ponder and catastrophes to protest. Life was unfair, people were the harbingers of much injus-

tice and unkindness, and I was justifiably withholding my seal of approval by not accepting what already was.

I create thoughts. I can do so from default behaviors (what I have come to otherwise recognize as "character defects"), or I can create thoughts within the awareness of having choices. Awareness for me is realizing that I am not my thoughts. Rather, I observe my thoughts and their creation and content. If I need not be run by my conditioned default thinking, then have I discovered the choice of observing and creating constructive thinking?

Once I learned to meditate, as encouraged in step Eleven, I was able to find the "off" switch to my thinking when that thinking is neither needed nor useful to me. I can use thought, rather than have my thinking use me. "Awareness," I believe, is the most accessible doorway to what has been referred to as "spirituality" throughout my life and in AA.

-- KEN T.
Ames, Iowa

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AA Grapevine, Inc. July 2010

Words We Don't Want to Hear

Sponsor to newcomer: "There are only two kinds of meetings: those you like, and those you don't like. All you have to do is attend both."

Another newcomer was complaining about the way his life was going; he wasn't getting what he wanted. An old-timer counseled: "When I came in and was at my bottom, my sponsor told me, 'You don't always get what you want. You don't always get what you need. *You get what you get.* So stay sober and cope with it the best you can.'"

-- G. R.
Brooklyn, New York

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AA Grapevine, Inc. January 1985



(“Customs” Continued from page 1)

with any of the other of the Twelve Traditions.

What **not** to do: A two-year sober member—who seemed to be hanging on by the skin of his teeth—was shouted at publicly during the meeting for mentioning another member’s last name. This mild mannered of past retirement age didn’t come back the next week or month, but he did return some months later to take a new beginner’s token, but again disappeared. His body was found in a room surrounded by whisky bottles shortly thereafter.

I believe Tradition violations need be explained privately after the meet-

ing. A newcomer who was a celebrating his first year told as how he was looking forward for AA to change its name to Addictions Anonymous. I spoke to him softly after the meeting, albeit to deaf ears, but perhaps what I said may sink in later. Rather than explain what I think about the Twelve Traditions, I find it better to suggest reading about them in the **12x12** and in **AA Comes of Age**.

I believe it is important to stand up for our Traditions—not cowardly stop going to a meeting where they are being violated—but much tact is in order in so doing.

Bob S.

Reprinted with permission, Robert S.

MEETING ROOMS

NEW DAY CLUB
11936 N. Port Washington
Mequon, (262) 241-4673
<http://www.newdayclub.net>

A.A. MEETING SCHEDULE

Sun. 8:00 a. Topic
11:00 a. Topic
5:00 p. Young People
7:30 p. Topic

Mon. 12:30 p. Tenth Step Gp
5:30 p. More about Alcoholism
7:00 p.
8:15 p. Men's Gp

Tue. 10:00 a. Topic
5:30 p. Big Book
7:00 p. Beginners Gp
8:00 p. Big Book Gp

Wed. 10:00 a. Topic
2:00 p. Promises Meeting
5:30 p. Step Meeting
7:00 p. Women's Lifeline

Thr. 10:00 a. Topic Meeting
1:00 p. Women's AA Gp
5:30 p. Topic Meeting

Fri. 10:00 a. Topic Meeting
5:30 p. Step/Tradition
8:00 p.

Sat. 10:00 a. Step Meeting
5:00 p. Fellowship of Spirit
7:00 p. Feelings
10:00 p. Young People

8:00 p. Open Meeting (held on 3rd Saturday of month only)

AL-ANON MEETINGS
Monday 6:30 p. Al-Anon
Tuesday 1:00 p. Al-Anon/ACOA
Thursday 7:00 p. Al-Anon
Contact club for info on other fellowships.

PASS IT ON CLUB
6229 W. Forest Home Ave
Milwaukee WI (414) 541-6923
passitonclub.com

A.A. MEETING SCHEDULE

Sun. 8:00 a. Sun. Wake Up
9:30 a. Reliance Open Disc.
11:00 a. Today's choice
3:00 p. Gratitude Plus
7:00 p. Big Book Readers
7:30 a. Jump Start
10:30 a. First Step
4:00 p. Happy Hour Step Gp.
7:00 p. Open Introductory AA
7:30 a. Comin' Back Gp
10:30 a. Keep It Simple
4:00 p. Drop the Rock
7:30 p. Three Legacies
7:30 p. Double Trouble DD/O
7:30 a. Big Book Study

Wed. 10:30 a. Pass It On
4:00 p. Happy Hr Promises
5:30 p. Courage to Change
7:00 p. We, Us & Ours
7:30 a. Welcome Back Gp
10:30 a. Made Decision
5:15 p. As Bill Sees It
6:00 p. How It Works Disc.
7:00 p. Gateway Topic Gp
7:30 a. Honesty Gp.
10:30 a. Came To Believe
6:00 p. Women's Fri. Kickoff
6:30 p. Thoughts 4 Today
8:00 p. Broken Arrow

Sat. 8:30 a. Early Bird
10:30 a. Happy Joyous Free
3:00 p. Twelve Promises
3:00 p. How It Works Big

Book
8:00 p. Spanish Speaking
8:00 p. Back to Basics 12x12

AL-ANON MEETINGS

Sun. 11:00 a. (Alateen)
Wed. 7:00 p. Fri. 7:30 p.
Thr. 7:00 p. Sat. 10:30 a.

LAKE AREA CLUB
N60 W 35878 Lake Dr
Oconomowoc, WI
(262) 567-9912
www.lakeareaclub.com

A.A. MEETING SCHEDULE

Sun. 8:00 a. Early Bird
11:00 a. Friendship Gp
6:00 p. Big Book
8:00 p. Gopher Sunday

Mon. 9:00 a. Positive Attitude
6:30 p. Otter Gp
8:00 p. Step/Tradition Stdy

Tue. 1:00 p.
4:00 p.
7:00 p. Life House

Wed. 8:00 a.
10:00 a. Back To Basics
1:00 p. Women's Meeting
6:00 p.
8:00 p.

Thr. 10:00 a.
4:00 p.
6:00 p. Women's Group
8:00 p. Grapevine Mtng

Fri. 12:30 p.
4:00 p.
6:00 p. Non-smoking
8:00 p. Old School House

Sat. 8:30 a. 11th Step
10:00 a. Big Book
5:30 p. Perfect Time B/B

AL-ANON MEETINGS

Mon. 7:00 p. Al-Anon
Tue. 9:00 a. Al-Anon
Wed. 7:00 p. Al-Anon

OPEN SPEAKER MEETING
Sat. 7:00 p. 2nd & 4th Saturdays
(AA and/or Al-Anon Speakers)

WAUKESHA ALANO CLUB
318 W. Broadway
Waukesha, WI
(262) 549-6541

A.A. MEETING SCHEDULE

Sun. 9:30 a. Sun Morn Sunlite
11:00 a. Sun Go-To-Mtng
(Open speaker 2nd Sunday & Breakfast)
7:00 p. (Open Step Gp)

Mon. 12:00 Noon
6:00 p. Beginners AA
7:00 p. (12 & 12)

Tue. 12:00 Noon

Wed. 12:00 Noon
5:30 p. Topic Gp

Thr. 12:00 Noon

Fri. 12:00 Noon T.G.I.F. Gp
7:00 Topic Discussion

Sat. 10:00 a. Gp 124
7:00 p. Closed Meeting

OPEN MEETINGS, DANCES & EVENTS
Call for information.

GALANO CLUB
- LGBT & All in Recovery -
7210 W Greenfield Ave
Suite 1, Lower Level
Milwaukee, WI 53214
(414) 276-6936
<http://www.galanoclub.org/>
galanoclub@gmail.com

MEETING SCHEDULE

Sun. 10:30 a. Step Topic
Mon. 7:30 p. Came To Believe
Tue. 6:00 p. 40 + Topic
Wed. 7:00 p. 12 x 12
Thurs. 7:30 p. Living Sober - ODAT
Fri. 7:00 p. Step/Topic
Sat. 7:30 p. Big Book & More

AL-ANON MEETINGS

Sun. 10:30 a. Al-anon

Meeting Space Available
See website for Club Events.
www.galanoclub.org

NORTHWEST ALANO CLUB*
N88 W17658 Christman Rd
Menomonee Falls WI
53051 (No Phone)

A.A. MEETING SCHEDULE

Sun. 7:00 p.
Mon. 7:00 p. Just Do It Gp
8:00 p. Action Gp
Tue. 10:00 a. Step
8:00 p. Topic
Wed. 7:30 p. Step/Topic
Thr. 10:00 a. Step
6:00 p. Women's
Fri. 8:00 p. Step/Topic
Sat. 10:00 a. Step
7:00 p. Simply Sober Gp

AL-ANON MEETINGS

Wed. 7:00 p. Al-Anon
Fri. 7:30 p. Al-Anon

*This Club is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.

MEETING ROOMS

WALWORTH COUNTY ALANO CLUB
611 Walworth St.
(Hwy. 50 & 11)
Delavan, WI 53115,
(262) 740-1888

Sunday AA
10:00 a. Primitive Group
12:00 Noon Open Speakers
6:30 p. Delavan Discussion

Monday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Step Meeting
6:30 p. Former Miss Americas
(Women's Step Group)
6:30 p. Delavan Men's Meeting

Tuesday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Noon Gp.
6:30 p. Delavan 12 Step Topic

Wednesday AA
7:30 a. Sunny Side Up
12:00 Noon As Bill Sees It Gp.
6:30 p. Delavan IT Meeting

Thursday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Noon Gp.
5:30 p. Step Sisters Women
6:30 p. Delavan Big Book Gp.

Friday AA
7:30 a. Sunny Side Up
12:00 Noon Big Book Study
6:30 p. Delavan Discussion

Saturday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Noon Gp.
6:30 p. Delavan Beginners Gp.

ALANO CLUB 1521 N. Prospect Ave., Milwaukee, WI, 53202
(414) 278-9102
<http://www.alanofoundation.com>

A.A. MEETING SCHEDULE

Sun. 10:00 a. Gp 17 Step
1:00 p. Refuge Recovery
4:30 p. Life Savers

Mon. 7:00 a. Early Morning
10:30 a. Gp 72 Topic
12:15 p. Big Book Meeting
6:30 p. Gp 40 Big Book

Tue. 7:00 a. As Bill Sees It,
10:30 a. Gp 70 Step
12:15 p. Gp 76
7:00 p. Beginners, 1st Step

Wed. 7:00 a. AA
10:30 a. Gp 9, Step
12:15 p. Oasis Topic Gp
6:00 p. Chicks at Six Gp
7:30 p. Yoga AA

Thr. 6:00 a. AA
7:00 a. Big Book Meeting
10:30 a. Gp 97, Step
12:15 p. Here & Now Gp
7:00 p. Sober and Out

Fri. 7:00 a. Daily Reflections
10:30 a. Gp 21, Step
12:15 p. Gp 65
6:30 p. Here & Now
11:59 p. Second Shifters (Sat.)

Sat. 11:00 a. Gp 87 Step
3:00 p. Spiritual Growth
7:30 p. Open Speaker
9:00 p. Here and Now

AL-ANON MEETING
Sunday 10:00 a. Al-Anon

H.O.W. TO CLUB
8930 W. National Ave,
West Allis, (414) 543-2448
<http://howtoclub.info/>
M, W, F, Sat. 9 a. -11 p,
Tue Thr 9a. - 9p., Sun 8a to 9p.

Sun. 8:00 a. Eye Opener AA Gp.
10:00 a. Grass Roots (Steps)
4:30 p. Drop the Rock 6/7 Step
6:00 p. AA Topic Group
8:00 p. Sun. Sober & Serene

Mon. 11:00 a. Winner's Circle
5:45 p. Gp 132, Women's Gp
7:00 p. Big Book Gp.
8:00 p. New Hope Gp.
11:15 p. What's The Point

Tue. 11:00 a. Willingness Group
6:00 p. Tuesday Non-Smoke
7:00 p. Deaf/Hearing Impaired
8:00 p. 12 & 12 AA Meeting

Wed. 10:00 a. Foundations Meeting
6:00 p. AA Beginners Gp.
7:00 p. Women's Freedom
8:00 p. Promises Group
11:15 p. After Hours Gp.

Thr. 10:00 a. But For Grace Of God
6:00 p. 6 PM Here and Now
8:00 p. How To Get It Going

Fri. 11:00 a. Priority Group
6:00 p. Big Book Group
8:00 p. R.U.S. For Us
11:15 p. Candlelight Promises

Sat. 9:15 a. Men's Topic
11:00 a. Pioneers Group
6:00 p. 1st & 12 Topic
*8:00 p. HOW To Saturday
*(Open meeting on 3rd Saturday)

24 HOUR CLUB
153 Green Bay Rd.
Thiensville, WI

A.A. MEETING SCHEDULE

Sun. 8:00 a. Topic
10:00 a. Step/Topic
5:00 p. Step

Mon. 6:30 a. Topic
10:00 a. Topic
8:00 p. Men's

Tue. 6:30 a. Topic
10:00 a. Step/Topic
5:30 p. Big Book

Wed. 6:30 a. Topic
10:00 a. Big Book
5:15 p. Women's

Thr. 6:30 a. Topic
10:00 a. Topic
5:30 p. Step/Topic/Trad
8:00 p. Men's 12 & 12

Fri. 6:30 a. Topic
10:00 a. Step/12 & 12
5:30 p. Principles
8:00 p. Step

Sat. 6:30 a. Topic
8:30 a. Big Book/Steps
10:00 a. Big Book

8:00 p. Open Speaker Mtng.
(1st Saturday Only)

UNITY CLUB
1715 Creek Rd.
West Bend, (262) 338-3500
unityclub1715@att.net

AA MEETING SCHEDULE

Sun. 10:30 a.** Gratitude Gp.
8:00 p. Candlelight Gp.

Mon. 10:00 a. Monday A.M.
7:00 p. Men's
7:00 p. Women's

Tue. 10:00 a. Tuesday A.M.
6:00 p. 1st 164 Big Book
7:30 p. Beginner's
8:00 p. Step Gp

Wed. 10:00 a. Promises
1:00 p. Steps/Promises
8:15 p. Step Gp

Thr. 10:00 a. Big Book
7:00 p. EZ Dozen12x12

Fri. 10:00 a. Step/Topic Gp
8:00 p. * Step Gp.

Sat. 10:00 a. Here & Now
7:00 p. Big Book

AL-ANON & ALATEEN MTNGS
Saturday 9:00 a. Al-Anon
Thursday 7:15 p. Al-Anon

* Open Mtng. Last Friday of month
** Open Mtng. 3rd Sunday of month
(10:30 a.m.)

FRIENDSHIP CLUB
2245 W. Fond du Lac
Milwaukee, WI
414. 931.7033
Email: friendshipinc@sbcglobal.net

MEETING SCHEDULE

Sunday
10:00 a. Friendship
11:00 a. Third Sunday
Open Meeting

Monday
10:30 a. Step Gp

Tuesday
7:00 p. Gp 43 Big Book

Saturday
10:30 a. Gp 112 Step

Call for information on other types of meetings.
Email: friendshipinc@sbcglobal.net

MEETING ROOMS

12 STEP CLUB

4102 W Townsend St.
Milwaukee, WI 53216
(414) 871-0610

A.A. MEETING SCHEDULE

Wed. 11:00 a. Gp. 27

Fri. 11:00 a. Gp. 61
(12X12)

Sat. 10:00 a. Beginner's
7:00 p. Gp 6

CALL THE CLUB FOR INFORMATION ON OPEN A.A. MEETINGS, MEETINGS FOR OTHER FELLOWSHIPS and SPECIAL EVENTS.

Milwaukee Group
933 E Center St,
(River West)
Milwaukee WI 53212

A.A. MEETINGS

Sun. 10:00 a. Open (Disc.)
8:30 p. Big Book

Mon. 5:30 p. Big Book
7:00 p. Open (1st Step)
8:30 p. Topic

Tue. 7:00 p. Open (Topic)
8:30 p. Open (Big Book)

Wed. 7:00 p. Open (Big Book)
8:30 p. Topic

Thur. 6:30 p. Open (Topic)
8:30 p. Step

Fri. 7:00 p. Beginner's
8:30 p. Open (Big Book)

Sat. 8:30 p. Topic

The "Clubs" and "Rooms" listed here are not A.A. Clubs. A.A. DOES NOT HAVE CLUBS! A.A. neither endorses nor opposes such clubs. These are social clubs established by groups or individuals who are themselves recovering alcoholics. The A.A. group meeting at the club is available to any alcoholic - club member or not. The group is separate from the club and pays a fair rent for the use of the club facilities. Even though the group meets in a club that may be composed exclusively of A.A. members, and many members of the group may be club members, too, the relationship of the A.A. group itself to the club should be the same as it would be to a church, hospital, school, etc., in which it might rent space for its meetings.

Greater Milwaukee Central Office

7429 W Greenfield
West Allis WI 53214,
414-771-9119
aamilwaukee.com

A.A. MEETINGS

Mon. 12:15 p
4:00 p

Tue. 2:15 p
4:00 p

Wed. 12:15 p
4:00 p

Thur. 12:15 p
4:00 p

Fri. 12:15 p
4:00 p

Sat. 9:15 a. - Newcomer
10:30 a

We do not meet on major holidays.

LIGHTHOUSE ON DEWEY

1220 Dewey Ave.
Wauwatosa WI
AA MEETINGS

Sunday
6:00 p. Jim's First Step
7:30 p. Gp 78

Tuesday
6:00 p. 11th Step
Meditation Practice
7:30 p. Professionals

Wednesday
7:30 p. Big Book
8:00 p. "RES-IPSA"

Thursday
7:30 p. Alumni No 12

Friday
7:15 p. Gp 74

Saturday
10:00 a. Gp 59
7:00 p. Big Book Top-ic

Directory Changes

NEW MEETINGS

Sunday at 9:30 a.m., Hitting the Books, Lake Area Club, N60W35878 Lake Dr. Oconomowoc.

Sunday 6 p.m. 11th Step Prayer/Meditation, Rooted In Mindfulness Center, 4040 N Calhoun Rd Brookfield WI

Mondays 7:30 p.m. First Unitarian Society, 1342 N Astor St. Milwaukee, "We Agnostics".

Mondays 6:30 p.m. Uhles Cigar Shop (LL) 114 W Wisconsin Ave, Milw 53203. Cigar smoking allowed. No wheelchair access.

Tuesdays at 7:00 p.m. Lake Park Lutheran, 2647 N Stowell Ave, Milwaukee 53211

Wednesday at 7:30 p.m. New Leaf Sober Living, 6401 W Oconto Place, West Allis WI 53219

Thursday 6:30 p.m., Aurora Hospital, 975 Port

Washington Rd., Grafton WI 53024

Friday at 7:00 p.m., Brentwood Church of Christ, 6425 N 60 St Milwaukee. WI 53223

Friday at 7:00 p.m. NCIC Church, 2328 W Capitol Dr, Milwaukee WI. (open speaker on 2nd Fridays)

Saturday 7:30 p.m. 7210 W Greenfield Ave, West Allis 53214

DISBANDED GROUPS

Home At Last, Tuesday 8:30 a.m, met at St Luke's Lutheran, 6705 Northway, Greendale

OTHER CHANGES

11th Step Candlelight, previously at "Hummingbird Center" **NOW meets at Lutheran Church of Great Spirit, 3127 S Howell Ave, Mondays at 6:30 p.**

Shorewood Gp at Kingo Church 8 pm Tuesdays **MOVED** to Christ Church, 5655 N Lake Dr Whitefish Bay still Tue at 8 pm.

Impaired Professionals Tuesday 7:30 p. formerly at Roger's West Allis, **NOW** meets at **Holy Trinity, 11709 W Cleveland Ave**, West Allis Tues. at 7:30 p.

Tues Meeting for Deaf and Hard of Hearing, moved to HOW To Club 8930 W National Ave, and now starts at 7:00 p.m.

Tues Night Hales Corners Step/Topic, 12300 W Janesville Rd, Hales Corners...previously at 7pm. **NOW starts at 6:30 pm.**

Tuesdays, Elizabeth Ann Seton, 12700 W Howard Ave, New Berlin, formerly at 8:00 p.m. **NOW starts at 7:00 p.m.**

Gp 23, used to meet at 8pm. NOW meets at 7:30 pm. Wednesday at 74th and Lapham. West Allis.

Badger Gp. used to meet at 8pm. **NOW meets at 7:30 p.m. Thursdays in Brookfield.**

OPEN SPEAKER

Weekly & monthly speaker meetings

listed in December 2018 When & Where

aamilwaukee.com/directory.html

Sundays at 10 a. Milwaukee Gp. 933 E Center St, Milwaukee WI, 53212

Sundays at 6:30 p. VA Hospital 5000 W National Ave 3rd Floor Unit 3A

Every Friday 7:00 p. Christ the King, 1600 N Genesee Rd Delafield

1st Tuesdays at 7:30 p. First Congregational Church, 1111 N Chicago Ave So. Milwaukee

Wednesdays at 7:00 p. Salem United Methodist Church, 541 Hwy. 59, Waukesha

1st Saturday 8:00 p. 24 Hour Club Open Meeting, 153 Green Bay Rd, Thiensville.

1st Saturday at 7:00 p. Dist.12, Living Word Lutheran Church, 2240 Living Word Ln., Jackson WI 53037

2nd Saturday at 7:00 p. Dist. 34, St. Francis Episcopal Church, N84 W16525 Menomonee Ave, Menomonee Falls, WI

2nd Sunday at 11:00 a. Alano Club 318 W. Broadway, Waukesha,

3rd Sunday at 11:00 a. Friendship Club 2245 W. Fond du Lac Ave. Milwaukee , WI

3rd Saturday 8:00 p. HOW To Club 8930 W. National Ave, West Allis

3rd Saturday 8:00 p. New Day Club 11936 N. Port Washington Rd, Mequon,

5th Saturday 3:00 p. How To Club, 8930 W National Ave, West Allis

4th Friday 8:00 p. Imago Dei Church, 2327 N. 52nd St., Milwaukee 53210

Last Wednesday 7:30 p. Gp 23 First Lutheran Church, 7400 W Lapham St, West Allis

Saturdays 7:30 p. Alano Club 1521 N. Prospect, Milwaukee.

Contact the Central Office via email: gmco@aamilwaukee.com, with changes.

ASL Interpreter Available: Meeting for Deaf and Hard of Hearing, Tuesdays 7:00 P.M., H.O.W To Club, 8930 W National Ave. West Allis WI 53227

SERVICE MANUAL STUDY

Meets 2nd Thursday each month at 6:00 p.m.

**Milwaukee Central Office
7429 W Greenfield Ave
West Allis WI**

Find out more about the AA Service Manual. Study group is open to any AA member whether currently active in AA service work, or not.

**Contact: Nancy H at
414-801-5184 with questions.**

Spanish Speaking Meetings: Meeting at English Speaking Clubs

- GRUPO 5 CONCEPTOS, Pass It On Club, 6229 W. Forest Home Av, Milw, on Saturday at 8:00 p.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Wauertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

**2019 Weekend Retreats
Jesuit Retreat House,
4800 Fahrwald Rd. Oshkosh,
WI 54901, call 800-962-7330
jesuitretreathouse.org**

Men and Women members of
AA, Al-Anon

Total cost: 4 days \$390.00. Send a \$50.00 deposit with requests for specific dates to retreat house or call for info.

Men: Dec. 5-8, 2019

Women: Aug. 22-25, Nov. 14-17, Nov. 21-24, 2019

Redemptorist Retreat Center,
1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900
Email: rrc@redemptoristretreat.org
Please call for reservations. AA and Al-Anon, \$250 three nights. We discuss the 12 steps and related topics.

MILW. CENTRAL OFFICE

- **E-mail us at:**
gmco@aamilwaukee.com
- **Hours: M, W, Th, Fr** 9 a.m. to 5 p.m. **Tuesday** 9 a.m. to 6 p.m., (until 7:30 p. on 2nd Tues. each month) **Sat.** 9 a.m. - 1p.m.
- **G.S.R. Orientation, 2nd** Tuesday 6:30 p., call first.
- **Secretary Meeting, 2nd** Tuesday 7:00 p.
- **Board of Directors Meeting,** Wed. following Secretaries Meeting, (odd numbered months) 6:30 p.
- **A. A. Meetings,** Mon - Fri at 12:15 p. & 4:00 p., Sat. 9:15 a., & 10:30 a.
- **Service Manual Study:** 2nd Thurs. of month at 6 p.m.
- **Dist. 14,** 4th Wed. at 7 p.m.
- **Dist. 16,** 1st Wed. at 7 p.m.
- www.aamilwaukee.com

Butler Sunday Night
is celebrating their **55th Birthday!**

When: Sunday, July 28th



Where: St Agnes Church
12801 W. Fairmount St., Butler, WI
(enter back door on playground lot)

Opening Meeting Time: 7pm
Speaker: Clete F., Greenfield

Fun, Food and AA Fellowship

Come Help Us Blow Out the Candles!

**Monthly Central Office/
Intergroup Meeting!**

Milwaukee Central Office
7429 W Greenfield Ave
West Allis, WI 53214

**Second Tuesday of Every
month, at 7:00 P.M. ALL
group Secretaries are en-
couraged to attend.**

There is a **New GSR orien-
tation, at 6:30 P.M.**, call
to give us a “heads up” if
you are a new GSR, and
want to attend the orienta-
tion. 414-771-9119.



SPONSORSHIP WORKSHOP

Come hear speakers share their
sponsorship experiences.

Saturday

August 3rd, 2019

10:30 a.m. to 12:30 p.m.

At: Central Office

7429 W. Greenfield Ave.

West Allis, Wisconsin

Coffee and donuts will be served.

Hosted by the Saturday morning “Written for Us” group.

into

ACTION 2019

Area 75 & East Central Regional Conference

of ALCOHOLICS ANONYMOUS

October 18-20

Crowne Plaza Milwaukee Airport

Hosted by Area 75

ECR Area Officers Sharing	AA Speakers	ALKATHONS	Ice Cream Social	Al-Anon Speaker
	Area 75 Assembly	AA & Al-Anon Panels	SATURDAY BANQUET	Entertainment

registration form — one person per form. PLEASE PRINT

Must register to attend conference

Select: AA Al-Anon Alateen

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

Email _____

Accessibility accommodation needs (MUST be requested by September 18)

please check desired — & mail BEFORE October 11

<input type="radio"/> Pre-Registration (until Sept 25th)	\$20.00
<input type="radio"/> Registration (Sept 26th forward)	\$25.00
<input type="radio"/> Saturday Night Banquet <input type="radio"/> CHICKEN <input type="radio"/> BEEF <input type="radio"/> VEGETARIAN	\$30.00
<input type="radio"/> Sunday Breakfast Buffet	\$18.00
<input type="radio"/> Donation	\$
<input type="radio"/> TOTAL ENCLOSED	\$

make checks payable to:	Area 75 Conference PO Box 70438 Milwaukee, WI 53207
or register online:	www.eventbrite.com Enter: 2019-area75-and-ecr-conference. eventbrite.com

Group Name	Group #	Amount
#010 Sun Gp	121542	30.00
#015 TAL Gp	137297	50.00
#051 Stecker Than Most	114317	50.00
#059 Gp	117184	60.00
#074 Gp	159542	100.00
#122 St Marks	114180	60.00
#164 and More	707675	276.00
11th Step Meditation Practice	715482	90.00
11th Step Open AA Meeting	WAK-A8	60.00
About 10	149809	50.00
Alpha Tue	114430	50.00
Attitude of Gratitude	141628	16.00
Badger Gp	114429	500.00
Beginner's Meeting	MIL-TA	60.00
Beyond Human Aid (Tue/Thu)	713960	50.00
Brown Deer Man AA	140227	50.00
Budler Sun Night	114272	60.00
Courage To Change	MIL-WD	60.00
Cross Roads Gp	119518	20.00
District 14		90.00
Early Bird Rogers Memorial	624742	29.57
Early Bird Sun , Lake Area Club	132470	204.50
Eye Opener	603117	45.00
First Step	635840	60.00
Franklin Tue Night	126720	60.00
Friendship Gp, Lake Area Club	MIL-FB	79.00
Get A Life	128753	60.00
Good Hope Sun Night	MIL-WM	33.52
Grapevine Topic Fri 4:00 p.m.	143910	25.00
Harford Women's Big Book	MIL-FM	9.00
Hot Potato Gp	667036	50.00
Jims Sun Night 1st Step	181562	60.00
Juneau Pioneers Men's	719983	60.00
Keep It Simple Men's	628213	60.00
Keep Passing It On	610707	82.00
Kaala Group, St Johns, Lutheran	630882	60.00
Love and Tolerance Big Book Study	143751	150.00
Matt Talbot Bell Krings Gp	643730	60.00
Mayfair Ladies Mon & Fri	617538	188.00
	1145396	150.00

Group Name	Group #	Amount
Mon 5:30 p.m. Sandy Gp	142070	40.00
Mon Independence	MIL-WH	98.00
New Beginners	136347	60.00
New Beginnings Oconomowoc	617659	84.41
Oak Creek Fri	114112	119.40
Oak Creek Mon 12 & 12	130190	102.00
Our Group Lake Mills	620892	50.00
Random Lake Step Topic: St John	718300	45.00
Real Needs Real Help	715054	25.00
Sat a.m. Here & Now	640450	60.00
Sat Night Big Book Unity	WAK-A2	67.00
Sauville Big Book Meeting	156503	50.00
Seeds of Recovery/Steps	MIL-MM	9.00
Serenity at the Vineyard	655426	120.00
Service Manual Study		18.00
Siber Living Big Book Study	WAK-A7	60.00
Step Into Promises	MIL-W4	25.00
Stepping Into Promises Women's Gp	630006	22.00
Suggestive Only	697077	30.00
Sun Gp-To-Meeting	647950	150.00
Sun Night Men's Waukesha	129406	120.00
The Success Step	128659	100.00
Traditions 101	MIL-RB	130.97
Trust Through Fellowship	MIL-TM	10.00
Tue Morning Gp 10:00 a.m.	719337	45.80
Tue Night Hales Corners	138630	30.00
Tue Non Smoking West Allis	690183	100.00
Tue Reflections	676017	60.00
Turning Point: Sun Night	MIL-TH	103.00
Twelve Promises Discussion	638637	68.00
Wanderer's Gp	140790	30.62
Wed AM Gp 10 AM	MIL-RM	25.00
Wed AM Gp 10 AM	140790	30.00
Wed Night: Wisdom	143468	360.00
Welcome Back	145180	350.00
Women's Fri Night Kick Off	690631	150.00
Women's Big Book-Step	667042	60.00
Womens Fri Night	173510	61.10
Womens Fri Night	139896	10.00
Womens Fri Night	615200	65.00
Womens Fri Night	717556	80.00
TOTAL	\$61,977.69	

All the groups listed in your When and Where should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.



Alcathon

We are currently seeking volunteers from groups to host a time slot at the 2019 Area 75 & East Central Regional Conference (ECR). The event is Friday October 18th through Sunday October 20th at the Crown Plaza Milwaukee Airport, 6401 South 13th St. Milwaukee, WI 53221. The Alcathon is held both Friday & Saturday nights, starting at 10PM and closing at 6AM, each night.

Important:
All volunteers who wish to host a time slot at the Alcathon **must** be registered with the Conference. (You can register online @ www.eventbrite.com - Enter: 2019-area75-and-ecr-conference)

- To Participate:**
Volunteers who wish to participate must submit the following important information:
- The Group's name
 - A contact person's name, phone number and e-mail address
 - Name of Topic, Step or Tradition
 - Optional: Preferred time slot

Submit all information to:

LeRoy J. Matt R.
leroyjohn95@yahoo.com or m_c_rajala@yahoo.com
 Ph.# (414) 335-7493 Ph.# (414) 704-3213
 Alcathon Chair Alcathon Co-Chair

Deadline to register for hosting a time slot is September 22, 2019.

Time slots will be assigned by random drawing on September 29, 2019 at the Pass It On Club, located at 6229 W. Forest Home Ave. Milwaukee, WI 53220, in District 29. The drawing will be held at 1:30PM. Length of time slots are dependent on the number of volunteer groups.

Spirituality and Money

"While the work of the group treasurer often involves many details, it is important to remember that the money the treasurer oversees serves a spiritual purpose: it enables each group to fulfill its primary purpose of carrying the A.A. message to the alcoholic who still suffers. This is the fundamental work of A.A. and to continue it the group must keep its doors open. The group treasurer is an important part of this Twelfth Step work."

39th Green Lake Round-Up 39th

August 16, 17, & 18 – 2019

Green Lake Conference Center – www.glcc.org
 W2511 State Road 23 Green Lake, WI 54941

Open A.A. Meetings

Friday 8PM Katie P. Austin, TX
 Saturday 8PM Charlie P. Austin, TX
 Sunday 10AM Ardith F. Watertown, WI

Closed A.A. Meetings

ALKATHONS
 (Pillsbury Robley Room: Fri 10PM – Sat 9AM, Sat 10PM – Sun 9AM)
 10AM Saturday, the famous "Meeting in The Field"
 (in the field, between Tennis Courts and Park play area)

Open Al-Anon Meeting

Saturday 6:30PM TBA

Closed Al-Anon Meeting

Saturday 10AM at "The Tea House"

Bring the whole family! There's something for everyone!!
 (Camping, Biking, Swimming, Boating, Hiking, Golf, Volleyball, Fishing, Fellowship...)

Saturday Special Activities

"Amy S. 5K Fun Run/Walk" Saturday 7:45AM Register Pillsbury Hall Race Starts 8AM	"Volleyball Games" Saturday – All Day At the Sand Courts Show up and ask to play!	"Campfire" Friday/Saturday After Open Meeting By the volleyball court
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- Event Registration: \$10.00 per person -

All proceeds are split according to the 7th tradition to carry our A.A. message (less conference expenses).
 Accommodations are separate from the event registration.

Pre-Registration: Make checks payable to: "Green Lake Round Up" Mail payment and registration form to: Green Lake Round Up P.O. Box 684 Menomonee Falls, WI 53051	Event Contacts Gretchen B. (414) 975-9579 Ed K. (262) 719-5908 Email: GreenLakeRoundupWI@gmail.com Event sponsored by "Monday Night Action Group" Good Shepherd Church N88 W17658 Christman Road, Menomonee Falls, WI Mondays - 8pm Beginner's - 7pm
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"On-site" Registration:	Friday	3PM to 5PM	Country Store
	Friday & Saturday	6PM to 8PM	Pillsbury Hall

*Note: We will not send confirmations, prior to the Round-Up Event.
 Pre-Registrations can be picked up at "On-site registration" locations.*

Pre-Registration helps up-front expenditures we incur. Mail it in NOW!

-----Detach along the and mail in bottom portion-----

One Person per Form Please! Green Lake Round-Up registration form

Name: _____ Phone: _____

Address: _____

City, State, Zip _____

(Registration is \$10.00 per person) Total Enclosed \$ _____

Willing to be of service? Alkathons Set-up Clean up Misc.

Contact #: _____ Greeting Registration

Print Name with City, State
 as you'd like it to appear on your
 Registration Name Tag!

Name: _____

City, State: _____

"BETWEEN-US"

To share, to strengthen, to deepen the Fellowship experience

published monthly by Greater Milwaukee Central Office, Inc., 7429 W. Greenfield Avenue, West Allis, WI 53214 (414)771-9119

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 Add \$9.00 for each additional 3 copies.

A subscription to the Between-Us would make a nice gift for someone who cannot afford an individual subscription. Or if your group does not have funds available an individual could subscribe in the group name (help carry the message).

Reading the Between-Us is a nice way to keep in touch with activities in the local community. Don't be left out. Subscribe Now.!

This form or facsimile should accompany your payment. Mail or return to:
 Milwaukee Central Office, 7429 W. Greenfield Ave., West Allis, WI 53214

GREATER MILWAUKEE CENTRAL OFFICE
 INVITES YOU TO OUR



FALL FLING

DINNER AND AA SPEAKER EVENT



SATURDAY, SEPTEMBER 21, 2019

HOSPITALITY: 5:30 PM, DINNER: 6 PM

Seating is limited:
 Get tickets early.

SPEAKER: T.B.A. AT 7:30 PM

Proceeds support
 Central Office.

MEYER'S RESTAURANT

4260 S 76TH ST, GREENFIELD, WI 53220

\$25 PER PERSON (SEPTEMBER 10TH, LAST DAY FOR TICKETS)

MENU: SERVED FAMILY STYLE

**BROASTED CHICKEN, POLISH SAUSAGE, ASSORTED POTATOES, VEGGIES,
 SALADS, DESERT, COFFEE**

(VEGETARIAN OPTION AVAILABLE, ASK YOUR SERVER)

Tickets by mail, \$25.00 each. Include a self addressed stamped envelope.

Greater Milwaukee Central Office

7429 W. Greenfield Ave., West Allis, WI 53214, 414-771-9119

Call or email for more information: gmco@aamilwaukee.com

Pay by check or credit card, Visa/MasterCard/Discover, include all necessary information.

Card Number _____ Expiration Date ____ / ____

Name _____ Phone _____ CID# _____

Address _____ Zip Code _____

E-mail Address: _____

Number of tickets ____ X \$25.00 = \$ _____

Tax deductible donation to
Greater Milwaukee Central Office + \$ _____

Check or Credit Card Total = \$ _____

Seating is assigned by table. If you
 want to sit with your friends, please
 buy your tickets together.

• Tables of 8 available.